

ENGLISH

TRAVEL GUIDE 2009

Kystriksveien

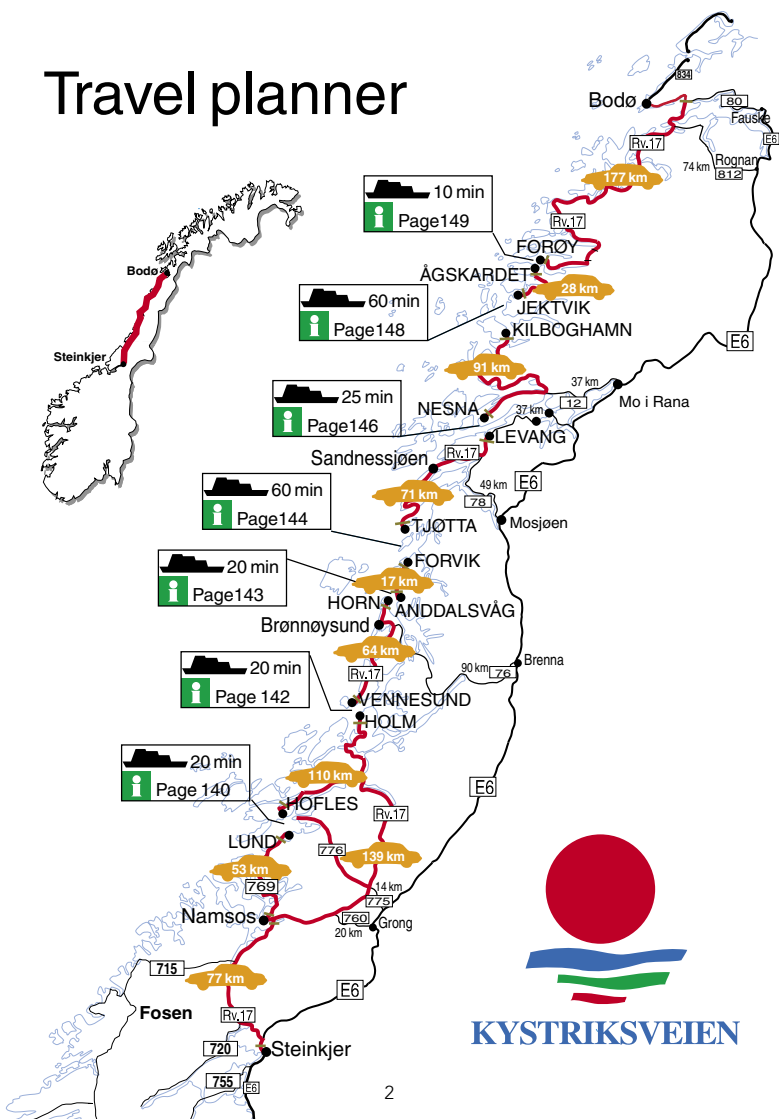
RV. 17: Steinkjer - Bodø



- Ferry timetables
- Maps
- Cycling
- Accommodations
- Sights

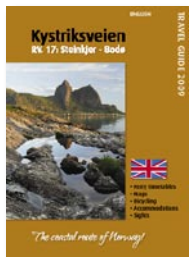
The coastal route of Norway!

Travel planner



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www.rv17.no

Kystriksveien Reiseliv as, P.O.Box 91, N-7701 Steinkjer. Tel. +47 74 40 17 17 • post@rv17.no • www.rv17.no

Kystriksveien

Welcome to Kystriksveien (The Coastal Route) – one of the world's most beautiful tourist routes. The journey begins in Steinkjer, in the heart of Trøndelag, and ends in Bodø. Nordland calls itself the world's most beautiful coastline. If you drive along Kystriksveien you will understand why.



The 650 km stretch contains some of the loveliest scenery on the Norwegian coastline. Some places and attractions may already be known to you, such as Svartisen glacier, Saltstraumen, the Seven Sisters mountain range and Torghatten mountain. Why not visit the Petter Dass museum outside Sandnessjøen. You should also visit the coastal cultural centre Norveg in Rørvik. Both are modern museums with beautiful and exciting architecture.

FERRY TRIPS

All of 6 ferries bind Rv17 together. Tips about ferry trips and the actual ferry routes can be found from page 138. Please note that some routes may be changed after printing and

up until the summer. If you travel on a tight schedule it would be wise to check the routes on www.rv17.no before you leave.



PHOTO: KYSTRIKSVEIEN REISELIV AS

THE KYSTRIKSVEIEN BY BICYCLE!

The Kystriksveien is well suited to cycling. On pages 134 to 137 you can find more information about this.



TRAVEL TIPS

- Allow good time for your journey.
- The norm is a minimum of 3-4 days.
- Plan your trip.



PHOTO: ERLEND HARBBERG

- Please use The Coastal Road, a travel guide to Kystriksveien, in addition to this travel guide.
- Visit the local tourist offices. Here you will plenty of assistance and good tips from those who know the local area well. If you start your trip in the

south, you are well advised to visit the Kystriksveien Info-Centre in Steinkjer. Spend your time experiencing things and not just searching for accommodation. Try and book your accommodation in advance via www.rv17.no.

MAKE A DETOUR TO AN ISLAND

There are many to choose from and many are easily accessible by ferry. Olav Duun's kingdom at Jøa, Leka with its very special geology, world heritage sites at Vega. Dønna and Herøy with connecting bridge make a round trip possible from Sandnessjøen. Lovund with the puffins. Træna, Rødøy, Sørarnøy and many others. All have their own characteristics and special history.

momentous experience.

Whether you're behind the wheel, having a rest or walking the hills, the discoveries you make along Kystriksveien will impress you. Birds you have only seen on TV, weather you could never have imagined and a landscape that changes dramatically. The salty experience of fishing on the open sea, the tranquillity of kayaking in the archipelago, the rewards of a patient wait on an eagle safari on steep mountainsides. Whatever your choice, each experience will make you feel alive. Kystriksveien is a great starting point for memorable natural discoveries. Along the way you will find many organised events for both adventures and recreation.



PHOTO: ERLEND HAARBERG

kayaking.



PHOTO: ERLEND HAARBERG

sea fishing.

The world's most beautiful Journey



PHOTO: TERJE RAKKE / NORDIC LIFE

hiking.



PHOTO: OLAV BREEN

biking.

imagination highway.

Is that really a hole in the mountain? Is the Svartisen (Black Ice) glacier really black? When did you last see a sea parrot? A lion – far out at sea? These are just some of the curious and funny questions you are likely to get from the backseat of the car on a family holiday on Kystriksveien. Strange landscapes and mountain formations are associated with mythology, fairytales and exotic animals and the descriptions are fitting. Kystriksveien takes you along beaches, over (and through) mountains, under glaciers and across bridges from Steinkjer in the south to Bodø in the north. No wonder it inspires the imagination...



The world's most
beautiful
Journey



PHOTO: OLAV BREEN

the hole in Torghatten.



PHOTO: OLAV BREEN

glacier climbing at Svartisen.



PHOTO: OLAV BREEN

white tailed sea eagle at Leka.



PHOTO: OLAV BREEN

Hestmannen - 'the horse man'.

open roads can open minds.

Has it ever occurred to you that your innermost thoughts, your most fundamental beliefs and opinions were formed during a journey? The natural beauty of the Coastal Highway has opened many a mind to reflection and enjoyment. The road was built to connect small coastal communities and ease settlement, but its achievements have far exceeded the original purpose. The big picture and the small details bear witness to centuries of human willpower and long traditions. This, and the hard-working and friendly people who live here, will make your visit an enriching experience. Welcome to an inspiring journey along one of the world's most beautiful tourist routes – Kystriksveien!



rest stop.



architecture.

PHOTO: KYSTRIKSVEIEN REISEBY AS

PHOTO: ASLE LINDMAN

The world's most beautiful Journey



PHOTO: KYSTRIKSVEIEN REISELIV AS

sculpture landscape.



PHOTO: KYSTRIKSVEIEN REISELIV AS

reflection.

wonderland voyage.

For as long as people have lived along the Coastal Highway – Kystriksveien – boats have kept the different communities connected. In modern times, bridges have replaced boats but there are still seven major crossings that are being serviced by ferries. Nothing compares with relaxing on deck on a clear day, feeling the sun's warmth on your face and smelling the salty sea while you admire the magnificent landscape. A ferry is a great way of meeting people travelling on Kystriksveien – from all over the world. Ask the crew for information about details in the landscape – they are the local experts!



The world's most
beautiful
Journey



PHOTO: KYSTRIKSVEIEN REISELIV AS

horizon.



PHOTO: KYSTRIKSVEIEN REISELIV AS

port of call.



PHOTO: KYSTRIKSVEIEN REISELIV AS

a voyager.

The world's most beautiful Journey

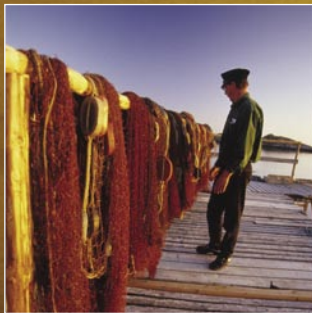


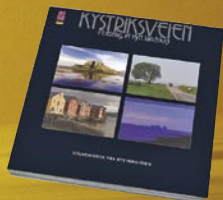
PHOTO: OLAV BRENN



PHOTO: KYSTRIKSVEIEN REISELIV AS

Suddenly, a new landscape!

Kystriksveien has been described as the world's most beautiful car journey. The 650-kilometre stretch of road between Bodø and Steinkjer is an unmissable experience. The book 'Suddenly – a new landscape!' presents the most beautiful aspects of the Coastal Highway in pictures. A wonderful memory for visitors who have made the journey and want to share their experience.



ISBN 978-82-997811-0-7



PHOTO: OLAV BREEN

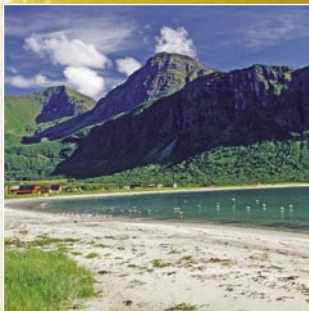


PHOTO: OLAV BREEN

Nord-Trøndelag





20 624

1564km²

Steinkjer

Public service, agriculture and industry

Steinkjer



Steinkjer is the southernmost municipality along Kystriksveien. Steinkjer is situated along E6 and travel time to Trondheim is two hours by train or bus. To reach highway Rv17, turn off highway E6 towards Namsos just 6 km north of Steinkjer. Steinkjer is the administrative centre and main town in the county of Nord-Trøndelag

STEINKJER CHURCH

Steinkjer got a new church in 1965. The decorative style is untraditional. Particularly notable are the wall decorations and stained-glass paintings by the artist Jacob Weidemann, born in Steinkjer. The originals are exhibited in the town hall.

EGGE MUSEUM

EGGE was a centre of power in the Viking era, and the local chiefs were strong opponents of St. Olav's christening of Norway and the centralisation of power that took place around the year 1000. Today Egge is a unique ancient memorial site and has an active folk museum that enables you to combine cultural and natural adventures.

BØLAREINEN AND BARDAL ROCK CARVINGS

The Steinkjer area has some of the world's most famous rock carvings. Bølareinen is a 6000-year old, full-size carving of a reindeer, located 30 km north of Steinkjer town centre,

on road Rv763. More rock carvings, from two different eras, are found in Bardal on road Fv285 direction Sør-Beitstad. In the vicinity of downtown lies the Helge Field including large burial mounds and ancient memorial monuments.

NATURAL AND CULTURAL ADVENTURES

For the physically active we recommend canoeing and cave exploration. Visit Øver-Bjerkem to see



PHOTO: OLAV BREEN

Steinkjer church, 1965

Steinkjer

a traditional Trøndelag farm and admire the traditional Norwegian costumes at the exhibition in "Bunadburet". Anglers can fish for free in 60 lakes. Dampsaga Bad, a large and modern leisure pool, is located near E6 in the town centre. For outdoor bathing, visit Paradisbukta, Høøya and Kalvøy on road Fv285.

SPECIAL EVENTS

The Viking Festival will be held at Egge from 9 - 12 July 2009. Experience the Viking spirit with festive events for the whole family.

The Steinkjer Festival on 25 – 27 June is a major festival with many big names. Don't miss the Saint Olav Festival at Stiklestad - only 30 km from Steinkjer. It's being held between 23 and 29 July 2009.



PHOTO: KYSTRIKSVEIEN REISELIV AS

Memorial monument at Helge.

Innherred Tourist Information / Kystriksveien Info-Center

Open all year!
Box 91, NO-7701 Steinkjer
Tel. +47 74 40 17 16
Fax: +47 74 40 17 10
www.visitinnherred.com
post@visitinnherred.com
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g-book@online.no - www.rv17.no/guldbergaunet

EGGE MUSEUM

- a living history

We are in the town street and open all museum with an interesting country house with cultural relics and heritage sites of abundance.

Open 14. June to 16. August

11-16 hrs. or by appointment

Viking festival

9-12 July with family history banquet, Viking market, speeches and exhibitions



Steinkjer 74 13 44 90 www.eggemuseum.no



6



Bjerkem

Øver-Bjerkem, N-7718 Steinkjer
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Email: berit@bjerkem.com
www.bjerkem.com



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post@follingstua.no
www.follingstua.no N: 64.06.581. E: 11.34.678



Open all year.

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 NOK 130-180

 NOK 40



 NOK 180

 NOK 420-490



8

STEINKJER FESTIVALLEN

2009

The Steinkjer festival is an annual total festival in the middle of Norway.
Top acts from both the norwegian and international music scene performing at
Guldbergaunet Stadium and various scenes downtown.

Check the program on our web site!

www.steinkjerfestivalen.no



Opening hours:
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Sat-Sun: 11-17

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STEINKJER

Sjøfartsgata 10B (10)
7725 Steinkjer

GPS coordinates

N64° 00.554 Ø11° 29.716



NAMSOS

Navarv. 11 (28)
7820 Spillum

GPS coordinates

N64° 27.580 Ø11° 32.582

Namdalseid



Namdalseid is the gateway to the Namdalen Valley. We are located midway between Steinkjer and Namsos on highway Rv17. The nature is varied and exciting, spanning fjords and mountains. Commercial activities consist principally of modern agriculture.

GLASS WORKS

Aasnæs Glasværk was in operation from 1813 to 1883. In the main building (1840), you will find an exhibition of glass works by Anne Alltin. The glass production and its history are continuing through her glass art production today.

FLY-FISHING

Small salmon is found in some of the best rivers (Årgårds River, Øyenså River, Ferga River and more), and fly-fishing is very popular. Fly-fishing is considered an exclusive activity, and some practice is necessary in order to master the art. The local population was taught fishing by English anglers in the 1830s. Fishing licenses can be purchased at establishments offering accommodation or at the Tourist Information Office.

SEA FISHING

Namdalseid has a coastline with excellent opportunities for fishing. Nord-Statland has a resort with modern accommodation in traditional fisherman's huts, where you can also hire boats.

WILDERNESS HOLIDAY

You will find large areas suitable for hunting, fishing and outdoor life.



PHOTO: OLAV BREEN


Glass works.

Tourist Information

at Sentrum Auto (gas station),
N-7750 Namdalseid,
Tel: +47 74 27 82 50 • Fax: +47 74 27 84 56

Fosslia hytter og laksefiske

Anne-Britt og Arnstein Berg
Fosslia N-7750 Namdalseid
Tel. +47 74 27 83 09 mob: 958 05 084 - 482 87 392
www.fosslia-hytter.no



 NOK 250 - 600 per night
"take rv 17 to Osen along fv.715"

Cabins for hire - all year! Salmon fishing in the lower part of the river Årgårdsvassdraget. Nice area for hiking, rich on berries and mushrooms. Trout fishing and hunting.



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Idyllically located by Årgårdselven River with access to Salmon and Trout fishing at highway Rv17, 2 km out in the fjord. We have all-year cabins for hire with showers and toilets. God base for outdoor activities. Kayak hire.



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NEW DVD FROM KYSTRIKSVEIEN

English language with
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on www.tv17.no

Release in the spring of 2009

Kystriksveien according to

Chris Sandford

An Englishman arrives in Steinkjer on his old
motorbike with a sidcar. He finds himself
exploring Kystriksveien on an adventurous
tour to the north. As he travels he
visits many of the famous sights
and attractions along the way.

DVD

Flatanger



Flatanger is the southernmost coastal municipality on Kystriksveien. Turn off Rv17 at Sjøåsen and follow Rv766 to Flatanger. Utvorda features a very nice restaurant, Sjøbua Spiseri, whose specialty is seafood.



PHOTO: OLAV BREEN

WHITE-TAILED EAGLE AND OCEAN FISHING

There are around 1,000 islands in the Flatanger archipelago. We recommend a trip with a hired fishing boat to the rich ocean fishing grounds. These voyages also provide a chance to see the majestic white-tailed eagle, of which there is a large population in Flatanger. We also recommend nature-safari. Contact the tourist office for more information or visit www.flatanger.net. There are many types of activities available. Activities include: Lake or sea-fishing, guided nature walks, archipelago cruises, diving, sea rafting, etc.

SIGHTSEEING

We recommend a visit to the lighthouse Villa Fyr or the Utvorda fortress. Villa, from 1839, was the last lighthouse with a coal fired flame to be built in Norway. Utvorda fortress was built during World War II and was the largest fortress on the Norwegian coast. We recommend you hire a guide for the visit or take a walking tour along the marked trails on your own.

Tourist information

Flatanger municipality
N-7770 Flatanger,
Tel. +47 74 22 11 10 • Fax +47 74 22 11 80
www.flatanger.kommune.no



16

Einrika Overnatting og Havfiske

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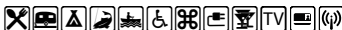
 NOK from 595 - 1275



Sjøbua Spiseri A/S

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Utvorda havn, N-7777 Nord-Statland
Tel. +47 74 28 88 54 / Fax. +47 74 28 88 55
eigrand@frisurf.no

- Dinner from NOK 110-190
- House for rent - sleeps 15 people.
- Seafishing.
- Next to a coastal fortress from World War II.



17

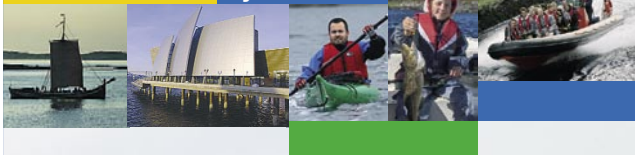
Norway Nature

Host: Ole Martin Dahle
N-7770 Flatanger
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om-dahle@online.no
www.norway-nature.com



18

Norway Nature offer guiding in the kingdom of the white tailed eagle. Here you can see and shoot pictures of this amazing bird in an unique costal landscape. A must to experience!!



THE NAMDAL COAST

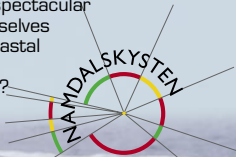
- Wild, active and challenging

■ ■ ■ ■ This adventure coastline – with the wild and beautiful stretch of water known Folla – is the Kingdom of the Thousand Isles! This is a world of contrasts – the wild ocean with a multitude of islands, surrounded by white sandy beaches and enveloped in the special light that so many come here to experience. Not much separates the sea from the sky out here on the coast, just small and strangely fertile strips of granite. The exception is the saga isle of Leka, a characteristic reddish yellow serpentine rock rising from the sea – a geological marvel with parallels to Cyprus and New Zealand.

This island landscape offers a range of maritime activities: Ocean paddling among the many islets, sailing and ocean rafting. There are plenty of opportunities for fishing – the area is particularly well-known for its rich stocks of spawning cod. However, you can also enjoy the open ocean towards Folla from land, for instance while cycling or rambling.

The contrasting landscape of the countryside is richly spiced with historical sites and exciting attractions. Visit Northern Europe's first known cave paintings on the island of Leka, historic fishing villages such as Sør-Gjæslingan and Nordøyen that welcome visitors, to say nothing of Norway in the coastal town of Rørvik, the Millenium Site in Nord-Trøndelag and coastal Norway's most spectacular construction! Should "urban" needs make themselves felt, then these can be satisfied in full in the coastal town of Rørvik, in Namsos or in "Norway's smallest town" of Kolvereid! Need we say more?

Welcome to the Coast of Namdalen



Namsos



Namsos is the major town of commerce in Namdalen, and serves as the traffic hub connecting Rv17 and Rv769. There is a connection to Trondheim via ExpressBus, bus service to Steinkjer and Levanger with train connections to Trondheim. Regional airport serviced by SAS Widerøe. Express boat service to Jøa, Abelvær, Rørvik and Leka.

SIGHTS AND SHOPPING

Namsos has a candle factory, Namsos Lysstøperi, in the delightful old roundhouse; you can see candles of all different shapes and sizes. In the culture centre, there is a major gallery with a museum shop with local artists. Oasen is an attractive swimming pool inside a mountain.

MUSEUMS

In Namsos you can visit Norway's only museum for steam-operated sawmills, Spillum Dampsag og Høvleri, which has been operating in the same way for 40 years. You should also visit Namdalsmuseum, the district museum for the whole Namdal area, where the exhibitions include Norway's only historical collection of hospital equipment.

ISLAND HOPPING

With the coastal express "Namdalingen" you can bring your cycle, hop on board and explore the Namdal archipelago. You can go ashore at



PHOTO: WACLAW KUSNIERCZYK

The wharfs of Namsos.

Jøa, Leka and the islands Sør- Gjøeslingan or continue to Rørvik, and visit the national coastal culture centre Norveg.

OTTERØYA

Otterøya is the main part of the Namsos coastline. Here you will find the world's northernmost deer population with over 600 deer. Otterøya is also an attractive area

Namsos

for fishing in the fjord, either from a boat or from the shore.

SALMON

The queen of rivers, Namsen, is well known for its good salmon fishing, but there are also several other smaller rivers. At Otterøya you can experience traditional salmon fishing at sea. Please contact the tourist information for information on fishing licenses.

WALKS AND SCENIC VIEWS

Only a 20 minutes walk away from down town, is the mountain top Klompen. You can also drive all the way to the top. At the foot of the mountain Klompen you will find the park Fredriksbergparken with bunkers inside the mountain in addition to other traces of military activities. The fittest walkers can walk the trail from the park to the mountain top



PHOTO: OLAV BREEN

View from the mountain 'Klompen'.

SPECIAL EVENTS

12 – 16 August: Namsos Market Days

Tourist Information

Namsos, Fosnes and Overhalla

Box 478, Sentrum N-7801 Namsos

Tel. +47 74 22 66 04 - Fax: +47 74 22 66 01





www.namsosinfo.no

www.namdalskysten.no

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Boat exhibition from Namdalen



Norway's only hospital museum



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Nord-Trøndelag Fylkesgalleri - Namsos Kulturhus

26

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fylkesgalleriet@ntfk.no

www.fylkesgalleriet.no

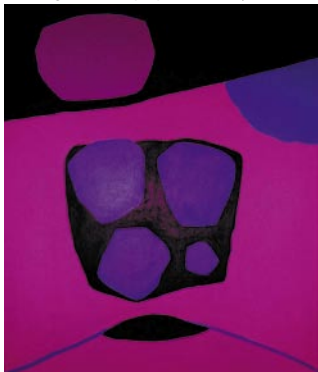
"Blått og svart mot purpur helios", by Johs. Rian

Sales exhibition of works by Norwegian and international artists. You will also find an artshop and exhibitions from the gallerie's own collection emphasizing local art and crats.

Opening hours:

Mon - Fri: 11-16

Sat: 11-14



Low cost propan gas!

28

Autogas - cylindergas - Accessories

Please see page 22.

Oasen Namsos Miljø og Svømmesenter

Jarle hildrumsv. 6, N-7800 Namsos

Tel. +47 74 21 90 40 / Fax. +47 74 21 90 45

www.oasen-namsos.no

Open: Mon-Fri 09 - 20

Sat-Sun 10 - 16

- 50m pool (28C) • Diving section • Water slide
- Children's pool/practice pool (34C) • Whirlpool
- Gym (open mon,tue, wed, thu 08-22) • Cafè



27



Lysstoperiet

29

Lokstallen, Finn Christiansens v.14,
N-7800 Namsos

Tel: 74 21 29 00 www.lysstoperiet.no

E-mail: post@lysstoperiet.no



You can also see our candles being made.

Mon - Fri: 10 - 18 Sat: 11 - 16

Norsk Sagbruksmuseum

30

Spillum Dampsag & Høvleri

(Spillum Steam Sawmill and Planingmill)

The museum is located beautifully by the fjord Namsenfjorden, where Norway's first sawmill was located. At the museum, established in a sawmill from 1884, you can experience the mill as it was before 1947. The production is still run by old machinery.



Opening hours: 15/6 - 16/8: Mon-Fri 9-17, Sun 12-16.

Guiding available in groups at: 12-14-16. Rest of the year: Mon-Fri 9-15.

N-7820 Spillum Tlf. 74 27 13 00 Fax: 74 27 60 59
www.museumsnett.no/sdh e-post: sdh@museumsnett.no



31

Welcome

- to a taste of summer all year!

www.amfi.no

Tel. +47 74 28 79 88

22 shops - 300 p-places - Pharmacy

Open: 10-20 (08-23) Rema 1000



Where every-
one enjoys
to be



AMFI - Norway's largest shopping centre chain

52 shops - 650 p-places - liquer shop - Open 10-20 (18)

32

Summer in the heart of the city



NAMSOS STORSENTER

i byens

Explore Namdalskysten from an express boat!

33

"MS Namdalingen" takes you to Namdalen's fjord and skerries. The regular routes take you between Leka, Rørvik, Abelvær, Jøa and Namsos. Roundtrips all year from Namsos to Rørvik and during the summer you can enjoy roundtrips from Namsos, Jøa and Rørvik to the island Sør-Gjæslingen.



Fosennamsos Sjø

Expressboat Namsos - Leka

Monday - Friday
(all year)

From Gutvik	0655
From Leka	0705
From Eidshaug	0730
From Rørvik	0800
From Abelvær	0820
From Jøa	0840
To Namsos	0915
From Namsos	1145
From Jøa	1215
From Abelvær	1235
To Rørvik	1300
From Rørvik	1400
From Abelvær	1420
From Jøa	1440
To Namsos	1515
From Namsos	1600
From Jøa	1630
From Abelvær	1650
From Rørvik	1715
From Eidshaug	x
From Leka	1815
To Gutvik	1825

Day-trip to Sør-Gjæslingen:

Saturday from 30.5.-22.8.*	Sunday from 31.5.-23.8.*
From Namsos 09.30	From Rørvik 12.00
To Jøa 10.00	To Sør-Gjæslingen 12.35
To Sør-Gjæslingen 10.50	From Sør-Gjæslingen 14.20
From Sør-Gjæslingen 13.15	To Rørvik 14.55
To Jøa 14.00	
To Namsos 14.30	

*) Reservation 74 21 63 00

*) Children under 16 years accompanied by adult: free.

Sør-Gjæslingen with overnight stay

In the periode (29.05-23.08) you can travel to Sør-Gjæslingen on Saturday, Wednesday or Friday. Return on Saturday or Sunday. Stay overnight in fisherman's cabin. Booking: 74 36 07 70. www.fosennamsos.no for schedule.



Island hopping by bike on Namdalskysten

Take an express boat to Jøa, Abelvær, Vikna og Leka. A biking map is available at the tourist information or onboard. No charge for the bike.

www.fosennamsos.no

Tel. +47. 74 21 63 00

Fosnes

Highway Rv 769 out of Namsos takes you to Fosnes municipality and Salsnes on the mainland. Follow Rv 777 to Ølhammeren. You arrive on the island of Jøa following a 5-min. ferry ride. Express boat service from Jøa to Namsos, Abelvær, Rørvik and Leka.

Jøa is known as the land of the Norwegian author Olav Duun. "Siglurd", a traditional Norwegian sailing vessel represents a further development of the old Viking ships. Siglurd and MS "Straumingen", a restored wooden fishing vessel have their home port at Brakstad Harbour, which also has its own pub. Other attractions: Fosnes Rural Museum, The Peat House Museum at Skjærvikskorsen, guiding at the Stone Age farm at Tranås, and historical monuments at Hovssjøen and Fosnes.

JØA

The island of Jøa has minimal road traffic, which makes it extra well suited to cycling. The terrain is varied and offers numerous alternative routes with ocean views and marsh covered countryside. Easy to navigate thanks to cycling map and clearly marked signs. Free Wednesday sailing outings aboard "Siglurd" out of Brakstad Harbour. Rental of sea kayaks and row-/sailboats.

Wheelchair-friendly facilities: fishing area, view point and rest area at Rakkavika. The Olav Duun festival takes place from 31 July – 2 August 2009



PHOTO: OLAV BRENN

SALSNES

On the mainland we find Salsnes. Salsvatnet is Norway's second-deepest lake with a depth of 464 m. The Salsnes area offers a wide choice of wilderness activities, e.g., canoeing on Vassleia.

Tourist Information

www.fosnesinfo.no

www.namdalskysten.no

Tourist Information (See page 30)

Brakstad Hamn

Brakstad Hamn

N-7856 Jøa

Tel. +47 74 28 61 90 / Fax: 74 28 61 91

siglurd@folla.no www.folla.no



Fembøringen Siglurd

Free sailing trips every Wednesday in summerseason at 20:00 (As long as Siglurd's not busy at sea - and the weather conditions are OK)

Adventure tours and rental by request.

The "Åfjordfembøringen" Siglurd is an open fishing /cargo boat that is built using an uncommon building technique and is a further adaptation of the Viking skips and their square and topsail.

Pøbben - "the Pub"

Pub in an old boat house with a fantastic view over the sea. **Open** every Wednesday, Friday and Saturday in the summer season (and when the weather is good!). Occasionally "shrimp-nights".

Seglloftet - "The Sail Loft"

Handicrafts for sale. Opens on request.

Accommodation: Small apartment for 2 persons.

One room incl. kitchen. Double sleep sofa.

Bathroom incl. shower and toilet in the corridor.

🏠 NOK 500 pr night. ☎ 74286200 / 90521919

(NOK 100 pr person 41517236
for bedlinen/towles)



Jøa Hyttetun

7856 Jøa

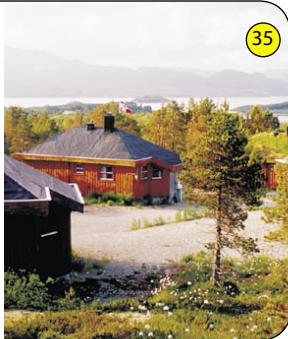
Tel. +47 41 39 58 20

www.fosnesinfo.no

🏠 NOK 800,-

6 large quality cabins 5 km from ferry post.
TV, shower,wc, kitchen, 2 separate bedrooms in each cabin. The cabins are equipped for 6 people.

Bedclothes for rent.



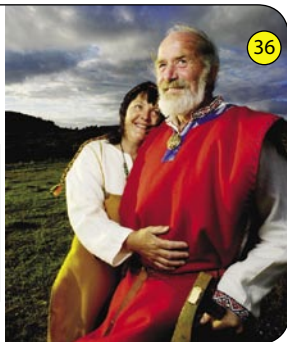
The Iron-Age farm at Tranås

Tranås, 7856 Jøa
Tel. +47 91 84 36 03 - 74286114
jarv-tra@online.no - www.rv17.no/tranaas

A long-house is being built at Storvika on Tranås farm. Guiding at the site is possible as well as you can help build the house. Please contact us.

Be updated on www.rv17.no/tranaas

At Tranås you will find traces after a 50 meter long pole-house and several burial mounds. You can see signs of human activity since the birth of Christ.



Fosnes Bygdemuseum

Dun, 7856 Jøa
Tel. +47 74 28 67 41 - 74 28 64 70

A local museum with several historic buildings situated around a green court yard.

Open 20. June - 17. August:

Friday: 10.00 - 14.00

Saturday/Sunday: 12.00 - 16.00

Or open on request. Please call.

Entrance: NOK 10,- incl. guiding. Child. u/7 yrs. free.



Welcome to Rakkavika fishing and rest area.

This beautiful site is situated in a nature area around Rakkavika, a bay located south west of the island Jøa. There are some nice fishing spots, rest area, viewing point and a 1250 m long hiking trail. Everything is suitable for wheelchairs and trollies.

Enjoy the view to the author Olav Duuns "Kjelvika" and the ship lane in the west, the open ocean and the islands Sør-Gjæslingan. Experience the nature close up!

For information: Tore Tranås Tel. +47 97 14 05 56 toretra@c2i.net



Overhalla



Overhalla is situated at the junction of highways Rv17 and Rv760. Bus service to Grong and Namsos. Short distance to regional airport in Namsos.

ATTRACTIONS

At Bertnem farm by the Namsen River, on Rv760 towards Grong, there are three monumental hills dating from the Iron Age (550-800 AD). Bertnem was considered a king's estate or chieftain's seat for large parts of the Namdalen Valley during the Merovingian period. The lovely Ranem church is more than 800 years old. It is constructed in Romanesque style from rocks with a marble base. Open in July 10:00-15:00. About 2 km from Overhalla you find Haugen Keramikk, with a pottery workshop and sales exhibition. Salmon-fishing exhibition in "Mølla" at Ranemsletta during the summer season.

FISHING IN THE NAMSEN RIVER

Namsen is one of Norway's best salmon rivers. It divides the municipality of Overhalla in two parts.

Salmon fishing in the Namsen and Bjøra Rivers is a great attraction. You can fish from land; try fly fishing or fish from a boat at very reasonable prices. Fishing licenses are available at the local sports dealer. The tourist information in Namsos will help you find available salmon fishing.

ACTIVITIES

Suggested routes and maps for round-trip excursions by foot or bicycle in Vesterå are available at the Tourist Information Office and from some overnight accommodation providers. Excellent tour options departing from Skistad (Øysletta) on the south side of the Namsen river, and from Reinbjør (Skage) and Solum (Skogmo) on the north side.



PHOTO: OLAV BREEN

The Salmon river Namsen

Tourist Information

The tourist office for Overhalla is located in the centre of Namsos.
www.overhallainfo.no



The hosts wish you welcome.





Overhalla hotel lies centrally along the Kystriksveien (Rv17). Our restaurant focus on home cooking and local foods. We have salmon, elk and grouse (bird) on the meny.



230 km from Trondheim. 105 km to Steinkjer.
23 km from Namsos. 116 km from Brønnøysund.

Large rooms of good quality.

 NOK 900

 NOK 1050

Extra bed: NOK 150
Children in extra bed
or separate rooms 1/2 price

Fjordpass



The salmon river Namsen is right next door and if you would like to try salmon fishing we can offer equipment and guides. We also tell you where to drive to spot elk. Golf course 2 km away.



Overhalla Hotel

N-7863 Overhalla
Tel. +47 74 28 15 00
oddvar@overhalla-hotel.no
www.overhalla-hotel.no

Haugen Keramikk

Liv Aursand, N-7863 Overhalla
Tel. + 47 74 28 11 52 / Mob. +47 975 95 385
Email: livaur@online.no
www.haugenkeramikk.no

- Artistic handcrafts, work shop and sales
- 2 km from Overhalla centre, towards Øyensletta.



Opening hours:
From 9. juni to 31. juli
Tue - Fri: 11-16
or please call for appointment.




Bjøra Camping

N-7863 Overhalla
Tel. +47 478 40 121
j-blen@online.no
www.bjora.no

We sell fishing licences for the river Bjøra

 NOK 300-500  NOK 150

 NOK 80 Apartments: NOK 850 (5pers)

 NOK 30 Large lavo with beer and wine licence.



SOUVENIR BOOK

Suddenly – A New Landscape!

In the book "Suddenly – A New Landscape" we present some of the best motives from Kystriksveien. This is a souvenir book for anyone who has driven this road or perhaps to someone you would like to share the experience with. Order your copy at www.rv17.no - today!



NOK
99



The municipality centre Kolvereid is Norway's smallest town

NÆRØYA CHURCH

During its thousand-year history Nærøya (Njord's island) has been a religious, administrative and financial centre in Namdalen. On the island we can find ruins from one of Norway's oldest stone churches, St. Maura, which dates back to the 11th century. To get to the island please contact the local tourist office at the town's library for information about boat services.

SCENIC ROADS

Landnåmsvegen between Rørvik and Abelvær has lots to offer. Here you will find galleries, and much more. Hundhammerfjellet is an excellent place to visit for a good view and to see the largest series-produced windmill in the world. This adventures road has lots to offer. Skrøyvadsveien (776) between Høylandet and Geisnes has a great variety of nature. One of the sights is the waterfall Skrøyvstadfossen (60 meter), which is a memorable and damp experience.

Experience salmon fishing in the river Opløelva at Salsbruket, and the potholes near Galtneset. The small town Abelvær has a very nice beach and you can play golf at Ottersøy.

OTHER ATTRACTIONS

Remmastrauman old waterways connects several fjords in Nærøy and can be explored by boat or by foot. The historic trail at Smines close to Lund is also recommended.



PHOTO: OLAV BREEN

Kolvereid, Norway's smallest town.

Tourist Information

Nærøy Library Tel: +47 74 38 26 90
or Nærøy municipality
at the Service office Tel: +47 74 38 26 00
N-7970 Kolvereid
postmottak@naroy.kommune.no
www.naroy.kommune.no
www.namdalskysten.no

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Kvisterø Kystcamping

N-7970 Kolvereid

Tel. +47 74 39 67 37 Fax. +47 74 39 68 40

j-steenb@online.no

www.kvisteroe.com

15/5 - 31/8 1/9 - 14/5 🏠 NOK 260-800

🏠 NOK 300-860

🚗 NOK 150 🚐 NOK 150

⚠️ NOK 100-150 Marina for your boat:

🚤 NOK 40 NOK 35 small / NOK 60 large



44

Innfarten as

N-7970 Kolvereid

Tel. +47 74 39 55 40 Fax. +47 74 39 55 10

mail@kraftbetong.no

Welcome to our new station, one of the largest gas stations in Norway.

Mon-Fri :06-23

Saturday :08-23

Sunday :10-23

Carwash, self service car wash, big kiosk, warm food, baguettes, souvenirs etc.



45

Stein & Gavetunet

Storbjørkåsen Grustak

N-7970 Kolvereid

Tel. +47 74 39 59 00 Fax. +47 74 39 67 77

mail@kraftbetong.no / www.kraftbetong.no

Opening Hours:

Mon - Fri: 10-26

Saturday: 10-13

Souvenirs, garden decoration, gifts, minerals and rock products, candle factory outlet, wrought iron products, soaps etc...



NÆRØYSUND
KRAFT
BETONG as
 7970 Kolvereid
 www.kraftbetong.no

Kolvereid Fjordhotel

Bjørkåsvegen 1, N-7970 Kolvereid
Tel. +47 743 82 550 Fax. +47 743 82 551
booking@kolvereid-fjordhotel.no
www.kolvereid-fjordhotel.no

Welcome to a nice stay and enjoy our good food and service.

A nice place for fishing and other outdoor activities.

15/6-3/8: NOK 780 15/6-3/8: NOK 650
4/8-14/6: NOK 1090 4/8-14/6: NOK 980
(per night) Weekend: NOK 780 (per night) Weekend: NOK 650



46

Strandval Pottemakeri

Strand
N-7970 Kolvereid
Tel. +47 74 39 42 40 Mob. +47 918 12 074
pasorli@online.no
www.strandvalpottemakeri.no

Sales exhibition:

Works in stoneware and porcelain by Bente Høydahl and Per Arne Sørli.

Open all year:

Monday - Saturday 10 - 18 hrs.

20.Juni - 20.Aug. Also Sunday 12 - 16 hrs.



47



Kystriksveien Travel Guide

This Travel Guide by Olav Breen, published by Cappelen, gives both useful travel tips, and also makes you eager to travel. Richly illustrated with wonderful pictures!

Price NOK 99



Vikna



Norveg, Coastal Norway's most spectacular landmark lies "moored" at Rørvik. Become familiar with Coastal Norway's development in the course of 10,000 years through exciting accounts; learn about living in coastal communities, as well as the challenges of tomorrow!

COASTAL CULTURE

Experience local history first hand and join a guided excursion through the Coastal Museum in Nord-Trøndelag, featuring Woxeng's Collections and numerous historical buildings in Rørvik's city centre. At the Norveg regional museum and cultural centre, 10,000 years of history are presented through a fascinating exhibition. Make the trip to the municipality's two protected fishing villages; Sør-Gjæslingan and Nordøyen.

Stay in old fishermen's huts, in the home of the station's owner, or take a guided day tour. Join us on a historical walk. From building to build-

ing until we end our tour at the old Berggården Trading Post. Rørvik's new "highlight" – Norveg – towers majestically over the harbour area. This is also where the north- and southbound Coastal Express ships meet every evening.

ISLAND HOPPING

Vikna's unique archipelago features 6,000 islands, and offers visitors various activities including ocean fishing, canoeing, kayaking, rafting, diving, hunting, cycling and tour walking.



Old wharfs in Rørvik.

PHOTO: TERJE RAKKE / NORDIC LIFE

Norveg – centre for Coastal Culture and Industries

Tourist information - N-7900 Rørvik
Tel: +47 74 36 07 70 / +47 74 36 16 70
Fax: 47 74 36 07 71
kontakt@norveg.org
www.namdalskysten.no
www.vikna.kommune.no
www.viknannett.no

NORVEG

49

WWW.NORVEG.ORG

Kystmuseet i Nord-Trøndelag - Woxengs Samlinger

Norveg, Coastal Norway's most spectacular landmark lies "moored" at Rørvik. Become familiar with coastal Norway's development in the course of 10 000 years through exciting accounts, learn about living coastal communities, as well as the challenges of tomorrow.



THE OLD TRADING POST BERGGÅRDEN
Daily strolling theatre in July.
"Blant herskap og tjenestefolk"
(among masters and servants). Join us on a historic stroll through old Rørvik, ending up at Berggården.

THE FISHING STATION SØR-GJÆSLINGAN
Stay in old fishermen's shacks in the home of the station's owner, or take a guided day tour.



Norveg - N-7900 Rørvik Tel. +47 74 36 07 70 Fax +47 74 36 07 71
kontakt@norveg.org www.norveg.org



KYSTHOTELLET

RØRVIK A/S

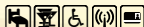
50



1/7 - 10/8 from 1090 kr
11/8 - 30/6 from 1250 Kr
Weekend: from 1090 Kr



1/7 - 10/8 from 850 Kr
11/8 - 30/6 from 1150 kr
Weekend: from 850 kr



Booking

74 36 66 00

Storgt. 20 N-7900 Rørvik
post@kysthotellet.no
www.kysthotellet.no



Rørvik Rorbuer as

51

High standard fisherman's cabins in Rørvik centre! ★★★★★



Open all year!

Nyveien 12 - Pb. 327 - N-7900 Rørvik Booking: +47 478 02 240 - Tlf: +47 74 39 12 00


Fax: +47 74 39 13 20 - post@rorvikrorbuer.com - www.rorvikrorbuer.com

Kleiva Camping

Evenstad, N-7900 Rørvik
Tel. +47 901 90 516
Fax. +47 74 39 19 08
kleiva.camping@ntebb.no
www.kleivacamping.no

 NOK 540-864

 NOK 184 incl. elect.

 NOK 130 per tent incl. shower.

Washing machine and dryer available.



53

Hansvik Sport

Kjøpmansgt. 11
N-7900 Rørvik
Tel. +47 74 39 08 76
post@hansvik.g-sport.no
www.hansviksport.no



Sports shop in the centre of Rørvik.



Fishing equipment and fishing licenses. **Hire of Kayaks**. Hire of clothing. Cycle workshop and **cycle hire**. Outdoor equipment. Hire of outdoor-equipment. Hunting equipment. Sale of **hunt-locations and hunting licences**. Visit our website.



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Skjærgårdscamping AS

Austafjord - 7900 Rørvik
Tel. +47 74 39 25 20 / Mob. +47 91 18 42 06
Fax. +47 74 39 00 22 / bpette5@online.no
www.fishcamp.no

 FROM NOK 600  FROM NOK 350

Apartment with 3 bedrooms and 6 beds. Cabins with 4 - 6 beds. High standard accommodation. Fishing - Boatrental.



54

Trua og saltet

55

An historic play in Garstadvågen by Garstad church in Vikna, with professional and local actors. This is the story of those who were expelled from the church, Hans Nilsen Hauge and the people who lived on Viknaøyene islands at the beginning of the 1800s. Premiere 10th July. Performed during the period 10th - 13th July.

Author Torvald Sund
Composer: Kyrre Havdal
Director: Arnulf Haga

Tickets: Tel. +47 74 39 24 70. www.truaogsaltet.info

www.truaogsaltet.info

Tickets can be bought locally from: Erling Ulsund, Candy Kolvereid and Rørvik

NEW DVD FROM KYSTRIKSVEIEN

English language with
Norwegian subtitles

Order your Kystriksveien DVD
on www.rv17.no

Release in the spring of 2009

Kystriksveien according to

Chris Sandford

An Englishman arrives in Steinskjer on his old motorbike with a sidecar. He finds himself exploring Kystriksveien on an adventurous tour to the north. As he travels he visits many of the famous sights and attractions along the way.

DVD

589



107 km²



Leknes

Agriculture, seafarming
and public and private services.

Leka



The coastal municipality of Leka consists of Gutvik on the Austura peninsula and the island of Leka. Leka is accessible via ferry from Gutvik (20 min. driving via Rv 17) or express boat from Namsos.

There is a daily express boat service and a nice guest harbor for visiting boats.

SITES OF INTEREST

Solsemhula, a cave with wall paintings from the Stone Age, is only accessible with a guide. Guided tours on Saturdays at 14:00 between 6 June and 29 August 2009. Meeting place: Solsem. Beyond opening hours, for guiding in German or larger groups, contact Tel: +47 917 75 104.

The Leka Local Museum has a large boat collection (open July) and Leka Steinsenter (minerals and rock centre) provides some amazing insight into Leka's geology. The red, serpentine mountains make the island one of Norway's most unique and most beautiful to behold. On Leka you can experience preserved marshes, amazing geology with a specially designed geology path, salt and fresh-water fishing, the Herlaug ship graveyard and a wide variety of historical monuments.

There are numerous marked walking paths on Leka and in Gutvik. Tour maps showing all of the walking paths may be purchased in local stores.

The Herlaugsdagene Festival is held in the 29th week of each year. Activities include outdoor walks, shooting contests, family fairs, cabaret, village fair at the museum, football matches, fishing contests and lots more.



PHOTO: OLAV BREEN

Colourful mountains the island Leka's west side.

Tourist Information

Husby Handel (grocery shop),
N-7994 LEKA, Tel +47 74 39 97 70
www.namdalskysten.no

Leka Motell og Camping

N-7994 Leka
Tel. +47 74 39 98 23
post@leka-camp.no
www.leka-camp.no



Stone cabins and caravan sites with panorama view. Spacious rental boats with windshields and roofs (15-230 HP 4-stroke motors). Stone centre open Tue., Thu. and Sat. 12-14. Otherwise Sat. 12-14.

NOK 390-875 NOK 150 NOK 35

NOK 650-925 NOK 150-180



Nausthaugen Hytter

N-7994 Leka
Tel. +47 74 39 98 96
kowalk@online.no
www.nausthaugen.no

6 persons Boat for hire

NOK 820 per night NOK 4900 per week

We offer well equipped cabins of high standard. Very nice view to the ocean.

We are located 10 min away from the ferry port.



Husby Handel

N-7994 Leka
Tel. +47 74 39 97 70
Fax. +47 74 39 97 52
joker.husby@ngbutikk.net

Open:

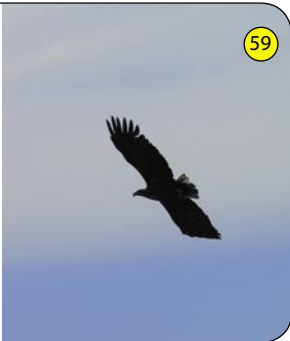
Mon - Fri: 09 - 20

Saturday: 09 - 18

Sunday : 15 - 18



Medicine sale. Tourist information



Vertshuset Herlaug

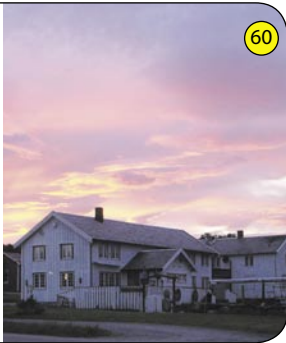
N-7994 Leka
Tel. +47 74 39 98 09 Fax. +47 74 39 98 10
vida-fu@online.no
www.vertshusetherlaug.com

Summerhouse NOK 800 (10 beds).
Apartment NOK 600-700

The guesthouse is situated next to the sight Herlaugshaugen, Leka museum, guest harbour and the ferry dock. The event "Skei dagan" 2009, 11 - 15 July with music and dance.



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Leka Opplevelser BA

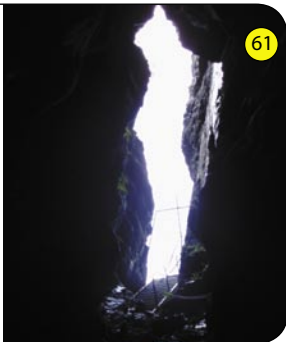
N-7994 Leka
Tel. +47 917 75 104
krifloa@online.no

We provide guided tours to various places on the island of Leka. Explore the viking grave Herlaugshaugen or the mt. Lekamøya and much more. Guided tours in Solsemhula (photo) on Saturdays at 14 from June-August. Extended program in July.

Contact us for prices and booking.



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Kystriksveien Travel Guide

This Travel Guide by Olav Breen, published by Cappelen, gives both useful travel tips, and also makes you eager to travel. Richly illustrated with wonderful pictures!

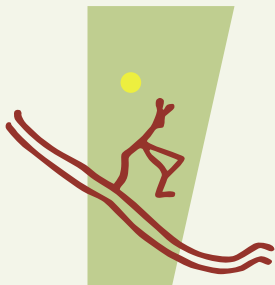
Price NOK 99



Helgeland

PHOTO: ORSOLVA HAARBERG





HELGELAND
museum



Foto Jøran Johansen

Museums along the road

- 1 Bindal Bygdetun, Vassås
- 2 Sømna Bygdetun, Vik
- 3 Velfjord Bygdemuseum, Strøm
- 4 Vega Bygdemuseum, Gladstad
E-Huset at Nes, Eider duck museum
- 5 Vevelstad Bygdetun
- 6 Petter Dass-museet, Alstahaug
- 7 Herøy Bygdesamling
- 8 Nesna Bygdemuseum
- 9 Leirfjord Bygdesamlinger
- 10 Grønsvik Kystfort, Stokkvågen



Helgeland Museum - Tel. 75 11 01 00
www.helgelandmuseum.no



Bindal



1 631 1 262 km² Terråk
Agriculture, industry
and services.

THE NORDLAND BOAT REGATTA

Every year during the last weekend of June, Terråk is host to a regatta of traditional Nordland boats. It is Norway's largest muster of Nordland boats.

Bindal, the southernmost local authority in the county of Nordland, has just under 1,700 inhabitants and borders on the county of Nord-Trøndelag in the south.

Bindal has a varying and beautiful nature. The area has agriculture, fishing and industry. The old tradition of building the four-oared boat Bindalsfæringen is kept alive. There are plenty of lodgings in Bindal, including a camp site, cabins, houses and hotels, many with fishing opportunities and boats. The Bindalsfjord has a great variety of fish and is popular with both visiting and local fishing enthusiasts. There are also numerous fishing rivers and lakes that offer great opportunities for a peaceful and relaxing nature experience in beautiful surroundings. From the peak of Heilhornet, 1,058 metres above sea level, you can see far across the ocean, mountains and towns on a clear day.



PHOTO: ORSOLVA HAABERG





Traditional Sailing boat.

Tourist Information of Sør-Helgeland Destination Helgeland as:

Tel: +47 75 01 80 00 - Fax: +47 75 01 80 01
Bindal
Tel: +47 75 03 25 00 - Fax: +47 75 03 25 09
postmottak@bindal.kommune.no
www.visithelgeland.com
www.bindal.kommune.no

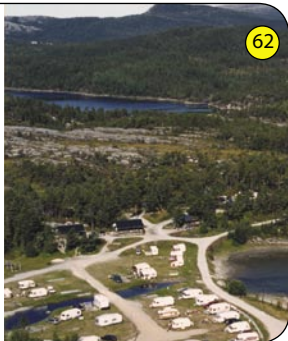
Svaberget Camping

N-7982 Bindalseidet
Tel. +47 75 03 17 23 / Mob. +47 91 31 57 70
Fax. +47 75 03 16 67

-  NOK 450 - 650
-  NOK 180 incl. elect.
-  NOK 180 incl. elect.
-  NOK 300 per day








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Terråk Gjestegård

Peder Knophsv. 1
N-7980 Terråk
Tel. +47 75 03 41 39 Fax. +47 75 03 42 08
post@terraak.no www.terraak.no

-  NOK 790
-  NOK 890 incl. breakfast
-  NOK 800
-  NOK 200 incl. elect.
-  NOK 300 per day

Hot tub. Laundry.
Located in Terråk centre, by the sea.





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Bogen Feriehus

Bogen, N-7982 Bindalseidet
Tel. +47 75 03 17 00 Fax. +47 75 03 24 50
Mob. +47 480 66 394 post@bogen-feriehus.no
www.bogen-feriehus.no

We offer large apartments with five beds.
NOK 650 - 700 per night. TV in all apartments.

-  NOK 750 per night
-  NOK 300 per night

Large boat with skipper: NOK 750 per hour.
Max 10 persons.



64



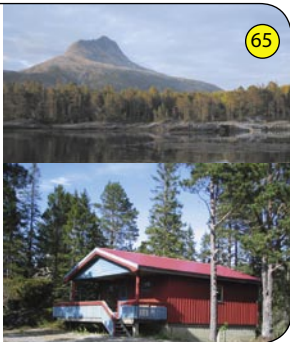
Kjelleidet Camping

N-7982 Bindalseidet
Tel. +47 47 04 15 33 - 91 32 90 09
www.kjelleidet.no stuhanse@c2i.net

 NOK 350 - 700  NOK 250 - 400 ex.fuel.

 NOK 150 incl. elect.  NOK 80 - 110

Located next to RV17 at Kjelleidet, 19 km south of Holm ferry port. The cabins are situated by the sea. Short distance to the Mt. Heilhornet (1063).



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Holm Camping

Holm
N-7982 Bindalseidet
Tel. +47 75 03 12 42
estheld@hotmail.com

 NOK 250  NOK 500
 NOK 130  NOK 80-100
 NOK 40 Sea fishing is available.



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Kystriksveien Travel Guide

This Travel Guide by Olav Breen, published by Cappelen, gives both useful travel tips, and also makes you eager to travel. Richly illustrated with wonderful pictures!

Price NOK 99



Norway's geographical centre is in Sømna, 7.3 km south of Torghatten.

The Kystriksveien runs through the municipality and Vennesund – the gateway to the Helgeland coast from the south. Here you will find Sømna's contribution to "The Northbound Trail" project, comprising an exhibition on coastal culture, a sculpture, Olavskilden (healing natural spring), a restored house with a cafeteria on the wharf; collection of local boats; and a stone pile from the Bronze Age. Boats are also for rent for fishing and sightseeing, or you can enjoy a meal in the cafeteria on the wharf.

SØMNA FARM MUSEUM

In the municipal centre of Vik we find the Sømna Farm Museum which presents the activities of the farming fisherman. Close to the Farm Museum you can also buy local arts and handicrafts. Vik has an inn and guesthouse with lodgings. The Berg area features numerous fishing areas along with two excellent outdoor recreation facilities at Sørstraumen and Nordstraumen.

The area along Nordstraumen towards Dala and the Rømarkvassdraget water system is also well suited to pole fishing for trout. It's a canoe dock at Sundshopen and a floating dock at Berg. Sømna offers prepared trails to beautiful nature experiences.



PHOTO: ORSOVA HAARBERG

Tourist Information for Sør-Helgeland, Destination Helgeland as
Tel: +47 75 01 80 00 - Fax: +47 75 01 80 01
Sømna Tourist Information
Tel: +47 75 02 83 96 - Fax: +47 75 01 50 01
www.visithelgeland.com
www.somna.kommune.no

Vennesund Brygge & Camping

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- Camping with cabins, fisherman's huts and rooms.
- Suitable for fishing. We have boats for rent as well as an indoor gutting facilities.
- Located on the ferryport at Vennesund, 50 km south of Brønnøysund and 300 km from Trondheim, 400 km from Østersund.
- Diving compressor - Boats - Fuel - Gass



Fisherman's huts/cabins/rooms:

16/8-30/3 NOK 350-700

1/4-15/8 NOK 490-880

NOK 160

NOK 30

NOK 100-150

from NOK 350 night

NOK 75

N-8920 Sømna - Tel. 75 02 73 75 Mobil: 906 05 426 Fax: 75 02 73 36
www.venesund.no Email: info@venesund.no

Vennesund Brygge

68

8920 Sømna
Tel. +47 75 02 92 55 Fax: +47 75 02 94 95
info@venesundbrygge.no
www.venesundbrygge.no

- Restaurant and Café with extra focus on good food and service. Top quality local ingredients.

This traditional wharf house with roots that can be traced back to 1922 is set in fantastic coastal scenery and is a short walk away from St Olav's well. Legend tells us that St Olav visited the well and since this

time the water from this well has had healing properties



KYSTRIKSVEIEN REISELIV AS

rv17.no

INFO-CENTER • TOURIST INFO

Kvaløy Brygge

Sør-Kvaløy N-8920 Sømna
Tel. +47 996 15 266 - 413 38 582
Fax. +47 75 02 85 82
info@kvaloybrygge.no
www.kvaloybrygge.no

Apartment with 2 bedrooms (6-8 beds) NOK 750.
Apartment with 1 bedroom (5-7 beds) NOK 650.
Laundry machines in both apartments.
Located only 900 m from Vennesund ferry port.
Very good for fishing - gutting facilities - boat rental.



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Bjørnvika Natursenter

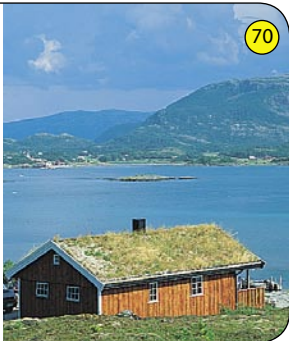
N-8920 Sømna
Tel. +47 75 02 94 50 Mob. 970 20 202
Fax. +47 75 02 91 90
willyt@online.no
www.bjornvika.com

NOK 390 - 900 NOK 100
 NOK 190 - 300 NOK 60 - 90 NOK 25

High standard cabins with ocean view.



70



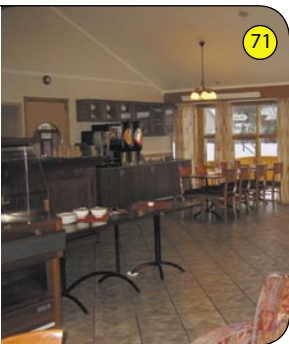
Sømna Kro og Gjestegård

Vik i Sømna
N-8920 Sømna
Tel. +47 75 02 94 60
Fax. +47 75 02 94 70
post@somnakro.no
www.somnakro.no

NOK 750 NOK 990
Extra bed NOK 180 Trippel room NOK 1170



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Sømna kommune



Havnegata at Berg

Sømna municipality is situated in the middle of Norway and is Northern Norway's grain chamber. It is a municipality who aims to develop local businesses and create a good environment for both visitor and its inhabitants. Explore our fantastic nature and why not go on an elk safari early in the morning or spend the evening in our skerries fishing. Sømna offers excellent bike trails as well as very nice walking trails. We have some amazing white beaches where you can go swimming. Or you can go dining at one of our nice restaurants. You may visit one of our fairs or enjoy our rich cultural life. If you would like to move to Sømna we can offer slots for building houses or cabins at friendly prices. You may contact us for more information. Welcome to a municipality for "good living".



For more information please contact:
www.somna.kommune.no
Mayor: Edmund Dahle, 75 01 50 11/90 84 10 15
Consult of commerce Tor-Arne Bakke: 75 01 50 13/97 50 85 99

A milk ramp at Dalbotn. View to Ursfjorden. The wharf at Innermarka. The statue of Paul Knutsen

Brønnøy

Brønnøysund



Brønnøysund is Sør-Helgeland's regional centre with all amenities. The Coastal Express calls at Brønnøysund every afternoon, and always creates a "special feeling of excitement" on the dock. The city's local airport enjoys several daily departures to the north and south, along with numerous daily bus connections to Sandnessjøen, Mosjøen and Namsos. Brønnøy features a variety of business activities, and agriculture is still a key industry in this municipality. Brønnøy's other industries range from marble operations and aquaculture to a well-established offering of services. The Brønnøysund Register Centre is one of Norway's largest employers with more than 450 employees.

TORGHATTEN

Tradition has it that the hole in Torghatten was made by an arrow from Hestmannen – the "Horseman". The Saga also narrates how the many mountains along our coast came to be. The hole in Torghatten is 166 meters long, 75 meters high and up to 28 meters wide. Torghatten is situated about 15 km from Brønnøysund. There is a groomed trail up to the hole (about a 20 min. walk). Proceed at your own risk.



PHOTO: ERLIND HAARBERG

The harbour of Brønnøysund.

HILDURS URTERARIUM

Just north of Brønnøysund, near Tilrem, we find Hildur's Urterarium, a food, wine and herb farm. Sales of light lunch meals prepared in the baker's oven in the garden.

TOSENVEIEN ROAD

We recommend a trip to Velfjord. Take the "Tosenveien" - Rv76. At Nevernes you can visit Nevernes Harbour and one of Northern Norway's oldest wooden churches (1674), located 2 km west of Hommelstø. We also recommend a visit to Velfjord museum, 4 km southeast of Hommelstø. There is also an

Brønnøy

Brønnøysund



PHOTO: OLAV BRENN

Torghatten

interesting pottery shop in the area. The Tosen Fjord takes you through some untamed and beautiful nature on the way to Tosbotn.

TRÆLNES

In this village about 30 km south of Brønnøysund, you can visit Monica's pottery. Also visit nearby Ellen's Boutique with a sales exhibit in Trappen Gallery featuring hand-crafted textiles, knitting wools, hobbies and crafts, home-made cakes and freshly ground coffee.

MINI CRUISE WITH THE COASTAL EXPRESS FERRY HURTIGRUTA

Departure every day at 17.00 from Brønnøysund to Rørvik, where the north- and southbound coastal express ferries meet. Return to Brønnøysund at 00.30. Tickets should be bought from the tourist information office, which also has information about other boat and fishing trips.

LOMSDAL

The Lomsdal River is unique in Western Europe, and there are plans to make the area a national park to protect its unspoiled wilderness.

NORSK HAVBRUKSSENTER

Norsk Havbrukscenter is an exhibition centre for modern aquaculture, where you can study fish farming close up, watch the feeding and processing of the fish and sample fresh salmon. Norsk Havbrukscenter is located en route to Torghatten, around 6 km from Brønnøysund.

Tourist Information for Sør-Helgeland

Open all year.

Destination Helgeland as:

Tel: +47 75 01 80 00 - Fax: +47 75 01 80 01

www.visithelgeland.com

post@visithelgeland.co

Nevernes Havn "a cultural experience"

75

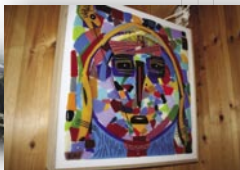
N-8960 Hommelstø. Tel. +47 75 02 19 10, Fax. +47 75 02 19 11,
post@neverneshavn.no, www.neverneshavn.no



Nevernes Harbour: Visit our exhibitions. Special exhibitions, gallery and Leif Torp's Wartime collection.

Open: 15.06 - 16.08.
Tues-Thur, Sat-Sun 1300-1600 hrs

Read more at: www.neverneshavn.no



Vassenget Accommodation: New apartments and cabins. Top standard. 3 km from Nevernes Harbour. Rooms NOK 550 (single room) - 810 (double) Breakfast on order. Cabins from NOK 1500 per day, NOK 5500 per week.



Persplassen Café - Hommelstø Tel. 75 02 26 00
Fully licensed. post@neverneshavn.no



THON

Hotel Brønnøysund



1/6 - 31/8: From NOK 790 1/6 - 31/8: From NOK 1190
31/8 - 1/6: From NOK 1395 31/8 - 1/6: From NOK 1695



Thon Kystferie apartment

22 high standard apartments at the waterfront.
Excellent located facing Brønnøysund centre.

2 beds - 3 beds - 4 beds apartment:

From NOK 995 per night

Bedclothes and towels are included. Self-catering.
Cleaning can be ordered. Check in and check out
at Thon Hotel Brønnøysund.



Booking

Tel. +47 75 00 89 00 Fax. +47 75 00 89 01
bronnøysund@thonhotels.no
www.thonhotels.no/bronnøysund

SOUVENIR BOOK

Suddenly – A New Landscape!

In the book "Suddenly – A New Landscape" we present some of the best motives from Kystriksveien. This is a souvenir book for anyone who has driven this road or perhaps to someone you would like to share the experience with. Order your copy at www.rv17.no - today!



Galeasen Hotell

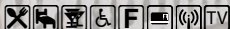
Havnegata 34-36, Box 20
N-8901 Brønnøysund
Tel. +47 75 00 88 50 /
Fax. +47 75 00 88 51
g-hotel@online.no
www.galeasen.com



1/1- 20/6 og 20/8-31/12: NOK 1130
20/6-20/8: From NOK 810
Weekend (Fri-Sat): NOK 810



1/1-20/6 og 20/8-31/12: NOK 1330
20/6-20/8: From NOK 1010
Weekend (Fri-Sat): NOK 1010



Corner Motell

Storgt. 79
N-8900 Brønnøysund
Tel. +47 75 01 80 10 Fax +47 75 01 80 11
lamotell@online.no / www.cornermotell.no



1/6 - 15/8 NOK 640



NOK 770

16/8 - 31/5 NOK 700

NOK 875

Extra bed NOK 200

Cabin & house

Corner Motell also offer accomm. in a cabin and a house at Laukholmen 2 kms from Brønnøysund.



Pr. night NOK 450 - 550



Pr. night:



NOK 400



NOK 550




Downtown
Brønnøysund!



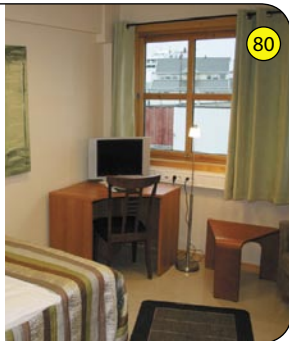
Rødligården Soveri

Havnegata 29
N-8900 Brønnøysund
Tel. +47 97 40 80 00 Fax. +47 75 02 22 80
post@rodligarden.no www.rodligarden.no

 NOK 700   NOK 800 Fam.room NOK 900

Extra bed NOK 100

9 rooms with TV. Breakfast tray can be ordered from the cafe on the ground floor. Internet. Shared lounge with large TV and kitchen. Situated in the centre of town. Opened in 2007.



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Kunstverkstedet

Webjørn Steinset
N-8900 Brønnøysund
Tel. +47 90 85 63 20
post@wsteinset.com
www.wsteinset.com

Located at Torget, towards Torghatten.

Naturalistic oil paintings in attractive frames, souvenirs and chairs carved from a block of wood. Portraits, fairytales and wild animals. Paintings can be ordered. Gallery and sales. Summer open 1100 - 1800 hrs.



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Torgarhaugen Bed & Breakfast

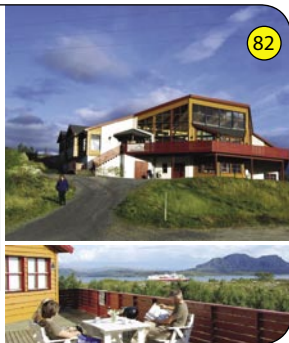
Torghatten
N-8900 Brønnøysund
Tel. +47 74 72 07 50
post@torgarhaugen.no

Double room NOK 600 - 980

Single room NOK 500 - 690

Family room

30 min walk to the whole in Mt. Torghatten. Café with local food. Kayak rental. Sightseeing



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Destination Torghatten

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Large
cabins

Family
apartments

Rooms

Camping

Wireless
Internet

Torghatten Camping

is situated by the foot of Torghatten. The place has an ocean pool and a large play area. Breakfast, lunch and dinner is available. Fully licenced.



New in 2009:
Hotelrooms
and café/
restaurant.



Torghatten Active

Organizing and guiding of activities and trips. Suits everyone. Specially adjusted for families. Equipment for hire. Sale of tour tips, maps and equipment. Welcome to an active visit. Call Stig: 95 23 23 50 or Kurt: 95 83 66 04.



- Paddling
- Snorkling
- Hiking/mountain walks
- Caving
- Cultural trails
- Climbing/rappel
- Slack rope
- Archery
- Kite-flying
- Fishing
- Games

www.visittorghatten.no

Tel. +47 75 02 54 95 / Mob: +47 913 70 881

Fax: +47 75 02 58 89 pkha@online.no

Norsk Havbrukssenter AS

Toft, N-8900 Brønnøysund
Tel. +47 75 00 69 50
thomas.bjorkan@havbrukssenter.no
www.havbrukssenter.no

Experience farmed fish close up and visit a sea farm to learn more about sea farming. Situated on the way to Torghatten. Adults NOK 80. Children/ seniors NOK 40. Open: Mon-Fri, 0800-1630. Lunch available: 1120-1230. Guided tours: 11, 13 and 15.



Hildurs Urterarium

Food - wine and herb garden

Tilrem, N-8900 Brønnøysund
Tel. +47 75 02 52 12 - 75 02 51 34
urterar@frisurf.no
www.hildurs.no

Distinctive local family restaurant with special ambience and a beautiful garden.


The garden restaurant, the shop and the gallery are open medio june/august 10 - 17 hrs.

Please call for reservations ahead in our main restaurant (min 6 people). Open all year.



Mosheim Camping

Mosheim
N-8900 Brønnøysund
Tel. +47 75 02 20 12
Mob. +47 414 65 145

 NOK 390 - 490

 NOK 100 - 150   NOK 175 incl. el.



Vega



Vega is an archipelago comprising 6000 islands. Most people live on the main island of Vega and on Ylvingen.

The Vega islands were placed on the prestigious World Heritage List on 1 July 2004. Generations of fishermen and farmers over the past 1500 years have maintained a viable way of living in an extremely weatherworn area near the Arctic Circle, based on the unique tradition in which the local women collected down from Eider nests. Experience this Heritage in the summer while enjoying a cruise in the archipelago. Tickets at Vega Tourist information.

Visit Vega church (1864) and the local museum at Gladstad. The harbor in Vegstein has an old fashioned store and a collection of old tools and boat engines. The harbor also has a unique museum documenting the importance of the eider duck. Vega Havhotell's gourmet meals are recommended.

The historic monument at Middagskarheia gives some insight into how Stone Age people lived. Excellent cycling conditions on both Vega and Ylvingen. Paddling as well as walking tours on marked trails.

THE ISLAND YLVINGEN

Shop and café in the harbor. Visit the military installation from the Second World War including 6 canon positions.



PHOTO: ORSOLVA HAABERGS

Nes at Vega.

Tourist Information Gladstad

N-8980 Vega
Tel: +47 75 03 53 88 - Fax +47 75 03 51 01
www.visitvega.no
post@visitvega.no
Vega municipality, Tel: +47 75 03 58 00,
Fax: +47 75 03 51 01
www.vega.kommune.no

Vega Havhotell

VEGA

88



Fotos: Roald Kluge

- If atmosphere, view and rooms filled with light inspires - **leave the ordinary**
- If sleeping in soft beds is slightly important - **choose a great hotel**
- If food as tasteful fish and seafood can stimulate good living - **think of the ocean**
- If a down to earth environment and thoughtfulness affects you - **choose Vega Havhotell**



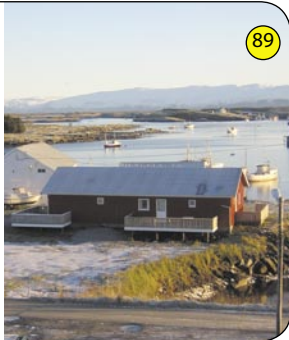
Vega Havhotell: Viksås N-8980 Vega, Telefon.: 75 03 64 00, Telefax: 75 03 64 01, www.havhotellene.no

Andersneset Rorbu og Feriecamp

89

v/Jorunn og Kato Fredriksen
N-8980 Vega (Holand)
Mob. +47 416 15 008
Tel. +47 75 03 65 90 - 75 03 50 73
kato-fr@frisurf.no www.andersneset.no

Fisherman's cabins and guestport. High standard.
Cabin with 2 bedrooms NOK 750. Cabin without
separate bedroom NOK 600. Boat rental NOK 450-500.



Kystriksveien according to
Chris Sandford
Reviews during spring 2009
NEW DVD FROM KYSTRIKSVEIEN





The Vega islands as world heritage

91

The Eider Ducks

Welcome to the island Vega and its 6500 surrounding islands, listed as a UNESCO's world heritage. For more than a thousand years the locals have built nests and guarded the birds. When the birds leave their nests the keepers collect the eiderdown which makes the very best eiderdown duvet. This work is still being performed at the Vega islands.



The Eider Duck museum

Experience the traditions with eider ducks as a domestic animal. A photo gallery and an old traditional shop with local hand-crafts. The museum is located at fisheries harbour at Nes where you also will find accommodations, a café and exhibitions.

Opening hours:

5 June- 16 Aug. Tues-Sund.: 12-16,


In July open every day: 12-16.

Or by appointment. Entrance: 35,- per person.



Photo: Terje Rakke Nordic Life DH

Boat trips to the Vega islands

 (From Nes). During the summer there are boat trips to the small islands Lånan, Skjærvær, Hysvær, Bremstein or Skogsholmen in the heritage area. Along comes a guide who will provide information about the history and culture of the islands.

Contact the touristinformation for more info.



Vega Touristinformation
Nes/Gladstad
8980 Vega.

www.visitvega.no

post@visitvega.no

Tlf.: 75 03 53 88/ 47 90 71 32

Summer: Mon - fri: 9-18
and Sat-Sun 10-16

Vega Camping

Floa

N-8980 Vega

Tel. +47 943 50 080 / Fax. +47 75 03 61 80

vega.camping@c2i.net

<http://hjem.monet.no/camping/0>



NOK 450-950



NOK 150



NOK 130



NOK 35

Extra for more than 2 people:

NOK 15 (adults) and NOK 5 (children under 7 yrs).



90



Vevelstad



This is one of Norway's smallest municipalities, with only 500 inhabitants. It is centrally located between Brønnøy and Alstahaug with Rv17 as a major artery going right through.

When driving along the Kystriksveien, you will see both Vevelstad Church (1796) and Vevelstad Museum.

Along the way you want to see "Opus for heaven and earth" which is the municipality's contribution to Nordland's Sculpture Landscape.

In Vevelstad you will find a 3-4000 year-old rock carving field, well marked from the road. The 200-year old trading post of Forvikgården lies just by the ferry quay at Forvik. At Lauknes you can enjoy camping with fantastic ocean view.

Take the ferry from Forvik or Tjøtta to Vågsodden on Hamnøy where you will find Hesstun Cabin Rentals. You can also take the ferry to Stokkasjøen, and drive from there to Visthus. Visthus Rorbucamping offers cabins, apartments and boats for hire. Solbu farm hires out cabins and boats.

UNSPOILED NATURE

Bønå Villmarkssenter; located at the innermost end of Vistenfjord, "Norway's cleanest fjord", is an ideal starting point for hikes into the vast unspoiled wilderness that will soon be designated a natural park (Lomsdal/Visten). Opportunities for fishing in the sea, rivers and lakes.



Vevelstad church, 1796.

PHOTO: KYSTRIKSVEIEN REISELIV AS

Tourist Information for Sør-Helgeland Destination Helgeland as

Tel: +47 75 01 80 00- Fax: +47 75 01 80 01

www.visithelgeland.com

post@visithelgeland.com

Handelsstedet Forvik

N-8976 Vevelstad

Tel. +47 75 03 71 25 Fax. +47 92 17 93 00

arnt@avec.as www.avec.as

One of Northern Norway's oldest trading posts from 1792. Restaurant, old fashion store, coffee brewery. Rooms/restaurant open daily 19.6 – 9.8. Outside season we open on request.

Store/coffee brewery open daily 1.6 – 16.8

NOK 495 NOK 695 Extra bed NOK 175

Breakf. NOK 90 from NOK 75 NOK 30 NOK 100



Visthus Rorbucamping

N-8870 Visthus

Tel. +47 75 03 77 11 Fax. 75 03 77 11

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www.visthus.com

NOK 550 - 850 Week: NOK 3300 - 5100

Take ferry from Forvik or Tjøtta to Stokkasjøen.

Apartments and cabins of high standard.

Located by Vistenfjorden, Norway's cleanest fjord.

Freezer facilities. Discount in off-season.



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Hesstun

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Fax. +47 75 03 72 57

bjarnpet@online.no

www.freewebs.com/hamnoya

Ferry from Forvik or Tjøtta to Vågsodden

Cabins NOK 400-500

Apartments NOK 600



Alstahaug



The island Alstahaug is centrally situated on the coast of Helgeland. The centre is Sandnessjøen, a commercial centre with airport. From here you can travel by boat and ferries to different parts of the region. The Alstahaug region offers something for anyone interested in nature, culture and history.

In this part of Helgeland there are a number of well-known places related to important persons and events in Norwegian history. 'Øyvind Skalde-spiller' and 'Hårek på Tjøtta' from Snorre's Saga should be mentioned. Hårek, for instance, was the most powerful Viking chief in Northern Norway at the time, and one of the leaders of the peasant army in the battle of Stiklestad (where Saint Olav was killed).

Tjøtta is the site of a Russian and International cemetery from the Second World War. This is the final resting place of POWs who died in various places in northern Norway and the casualties from the prisoner ship "Rigel" which was sunk by Allied planes in 1944. In all, 9,500 people are buried here.

THE SEVEN SISTERS

The famous mountains is easy to recognise from both sea and land. The altitude of the highest peak is 1,072 metres. All peaks can be

reached without climbing equipment and there are marked trails.



PHOTO: TARE STEIRO

PETTER DASS MUSEUM

Visitors to the Petter Dass Museum can enjoy a taste of 800 years of history. The area named Alstahaug is situated at the foot of the mountain chain known as "The Seven Sisters" (Norw. De syv søstre), 20 km south of the city of Sandnessjøen. The Alstahaug parish was the most powerful parish of Helgeland during

Alstahaug

a long period. The poet and priest, Petter Dass, is closely connected to this area. He lived and worked at Alstahaug from 1689 until his death in 1707.

ALSTAHAUG CHURCH

Alstahaug Church is among seven existing churches from the Middle Ages in Northern Norway, and dates from around 1200.

A new and exciting museum building was designed by the architectural firm Snøhetta AS, which has distinguished itself during recent years as the country's leading architects of cultural and monumental buildings.

SANDNESSJØEN

Sandnessjøen is a commercial centre with shops and restaurants. Sandnessjøen is the gateway to the islands and other parts of Helgeland, which can be reached by express boat.



PHOTO: ASLE LINDMAN

Petter Dass Museum.

ISLAND CRUISE

Ferry or express boat cruises are arranged to the skerries during the summer. Please get in touch with the Tourist Information Office or Helgeland Trafikkselskap for further details.

Helgelandskysten Reiseliv Tourist Information in Sandnessjøen

Box 414, 8801 Sandnessjøen
Tel. +47 75 04 45 00 • Fax +47 75 04 64 94
post@helgelandskysten.com
www.helgelandskysten.com

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www.kystferie.no

33 km south of
Sandnessjøen.
8 km north of
Tjøtta. 12 km to the
Petter Dass museum.



Well equipped cabins and lovely caravan site on the coast. Boat hire and good fishing places. Activity and adventure trips in the area. Wireless Internet.

 NOK 375-900  from NOK 170  from NOK 170

 from NOK 100  NOK 40  from NOK 350



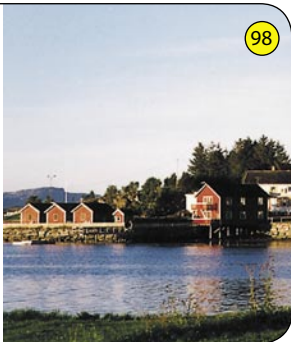
Low season: prices on request!

Taraldsen Brygge

Havnev. 6 N-8860 Tjøtta
Tel. +47 97 98 22 63
tarabryg@online.no

🏠 From NOK 300-550 Apartments: NOK 550-750
Low season rates: 15.8 - 15.6
Long term rental: rates on request.

Cabins and apartment with kitchen and bathroom. Good standard, next to the sea. Excellent fishing. A perfect base for roundtrips in the area.



Tjøtta Gjestegård Kulturbase Helgeland



Postboks 54
N-8860 Tjøtta
Tel. +47 48 28 36 44 - +47 75 19 36 00
www.kulturbasehelgeland.no
tjottagjestegaard@kulturbasehelgeland.no

Tjøtta Gjestegård serves traditional cooking from Helgeland. Accommodation in single and double rooms.



Tømmervika Opplevelsessenter

Offersøy
8800 Sandnessjøen
Mob. +47 951 31 445
post@helgelandguide.no
www.helgelandguide.no

- Seakayak rental at Helgeland
- Seakayak courses
- Seakayak trips with guide to the Vega world heritage area
- Taylor made activities and tours in the Helgeland area.



PETTER DASS-MUSEET



PETTER DASS MUSEUM AND ALSTAHAUG CHURCH

RV17, 20 KM SOUTH OF SANDNESSJØEN



SUMMER: DAILY 10-19 hrs. WINTER: 10-15.30 hrs. MON: CLOSED



www.petterdass.no - TELEPHONE: + 47 75 11 01 50



Belsvåg Gård & Camping

Alstahaug
N-8800 Sandnessjøen
Tel. +47 75 04 53 19

 NOK 300-380  NOK 120-150

 NOK 80-100  NOK 350-450

Borgstua (apartment) NOK 400-700

A historic farm - Residence of the districts first bishop. 800 meters from Petter Dass Church and museum. 20 km from Sand.sjøen/Tjøtta.



KYSTRIKSVEIEN REISELIV AS

rv17.no

INFO-CENTER • TOURIST INFO

Explore Helgelandskysten!

Park your car and take a roundtrip with an express boat along the coast.

Contact us for traveltips!



8805 SANDNESSJØEN - Tlf. 75 06 41 00 - Fax 75 04 02 56
epost@helgelandske.no - www.helgelandske.no

Foto: C. Isben

Rica Hotel Sandnessjøen

Torolv Kveldulvsøns gt 16
N-8800 Sandnessjøen
Tel. +47 75 06 50 00 Fax. +47 75 06 50 01
rica.hotel.sandnessjoen@rica.no
www.rica.no

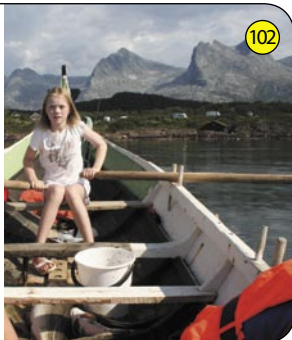
Full service hotel
in centre of Sandnessjøen



Sandnessjøen Camping




Steiro
N-8800 Sandnessjøen
Tel. +47 75 04 54 40
post@ssj.no
www.ssj.no

Best view towards the Mt. "De Syv Søstre"
and the ship lane.
Located next to the sea, along Kystriksveien,
10 km south of Sandnessjøen.



Napoli Restaurant og Motell

Øyvind Lambesvei 4
N-8800 Sandnessjøen
Tel. +47 75 04 40 11 Fax. +47 75 04 38 30
post@napolimotell.no www.napolimotell.no

  NOK 950  NOK 800

Opening hours: Mon-Thur: 10-23 - Fri-Sat: 10-24
Sun: 10-23. Free parking.





105



Sandnessjøen Overnatting

Håreksgt. 15
N-8800 Sandnessjøen
Tel. +47 469 04 743
sandnessjoen@hihostels.no
www.hihostels.no



 NOK 450-550  NOK 700

We offer low price accommodation in the centre of Sandnessjøen. Access to kitchen and separate common room on each floor allows you to make your own food and feel at home.



106

SOUVENIR BOOK

Suddenly – A New Landscape!

In the book "Suddenly – A New Landscape" we present some of the best motives from Kystriksveien. This is a souvenir book for anyone who has driven this road or perhaps to someone you would like to share the experience with. Order your copy at www.rv17.no - today!



NOK
99





Herøy



Herøy municipality in Helgeland spans several thousand islands.

Herøy is accessible by fast ferry from Sandnessjøen, Vega, Nesna and Bodø or by ferry from Søvik or Sandnessjøen via Dønna. The fast ferry from Sandnessjøen takes around 20 mins and the ferry from Søvik around 25 mins.

The local population is spread between the centre (Nord-Herøy, Sør-Herøy and Tenna), the areas of Øksningan, Seløy and Staulen which are linked by bridge to the centre, and the areas of Brasøy, Husvær and Sandvær, which are connected to the centre by ferry and fast ferry.

HELGELAND CATHEDRAL

Herøy church, also known as "Helgeland cathedral", is a stone church from the 12th century. It features a memorial of the poet and priest Petter Dass at Nord-Herøy farm, where Petter Dass was born in 1647.

1 683

61 km²

Silvalen
Seafarming, industry, fishing
and agriculture.

HELGELAND MUSEUM

The Herøy collection is one of the largest fishing and hunting collections in the county of Nordland. It is strategically located at the vicarage in Sør-Herøy.

ACTIVITIES

Herøy's unique archipelago is a paradise for boating enthusiasts, canoeists, divers and anglers. Explore the region's many interesting activities and adventures by island hopping by bike and ferry. Seasonal activities include roe deer hunting and crab fishing.



PHOTO: ERLIND HARBURG

Mt 'The seven sisters'.

Tourist Information



Herøy Tourist Information Office
N-8850 Herøy • Tel. +47 75 05 8110 or
Sandnessjøen Tourist Information Office
+47 75 04 45 00
www.helgelandskysten.com

Brygga

N-8850 Herøy

Tel. +47 75 05 93 10 Fax. +47 75 05 86 67

 NOK 750 incl. breakfast

  NOK 900 incl. breakfast

Extra bed NOK 200 incl. breakfast

Our restaurant specializes in fish. Outdoor café on the wharf during summer season. Large guestharbour. Electricity, water and refilling for boats.




Høgtun Sjøcamping

N-8850 Herøy

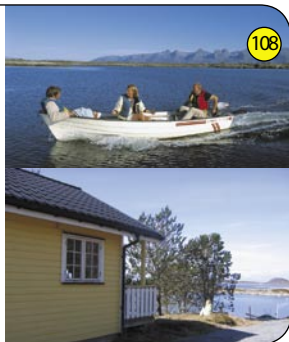
Tel. +47 75 05 83 10

post@hogtun-sjocamping.com

www.hogtun-sjocamping.com

 from NOK 790. High standard cabins (4 pers.)
NOK 300. Cabins without WC.

Located in marine surroundings, excellent for fishing and crabfishing. Facilities for preparation and freezing of fish. Boat hire. Outside Tub.



Elfis Sjøcamping

Labukta


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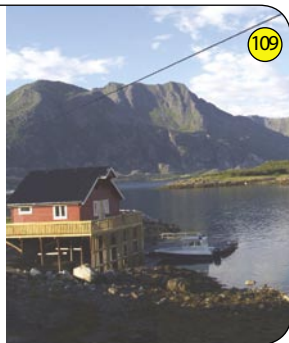
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labukta@c2i.net

www.elfis.no

 Hight standard cabins with view. From NOK 900

 Apart. in restored boathouse. From NOK 700



Seløy Kystferie

110



High standard 2 bedroom apartments . Nice view to the Mnt. De Syv Søstre and Mnt. Dønnamannen. Private balcony. Diving trips. Bike and kayak rental (tour suggestions).

Apartments NOK 1250 per night
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trond@seloykystferie.no - www.seloykystferie.no

Sjøtrans Rorbuer

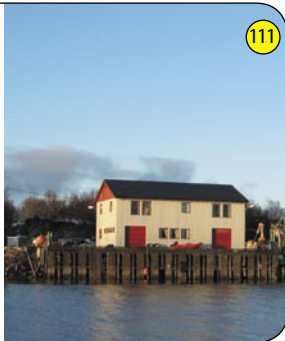
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www.sjotransrorbu.com

Two high standard fisherman's cabins. Each with 2 bedrooms and sleeps 5 people.

A very nice place for fishing.

 NOK 850





Kystriksveien according to
Chris Sandford
Release during spring 2009
NEW DVD FROM KYSTRIKSVEIEN



Braseth Gården

Silvalen
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Tel. +47 414 48 113
torid.braseth@monet.no

 NOK 500   NOK 600

Situated in the centre of Herøy.
Breakfast can be ordered NOK 80



112

Coop Prix Herøy

Herøyholmen
N-8850 Herøy
Tel. +47 75 05 80 01

**coop
prix**

Groceries and fuel close to the ferry port in the centre of Herøy.

Open: Monday - Friday: 09 - 21
Saturday: 09-19



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Suddenly – A New Landscape!

In the book "Suddenly – A New Landscape" we present some of the best motives from Kystriksveien. This is a souvenir book for anyone who has driven this road or perhaps to someone you would like to share the experience with. Order your copy at www.rv17.no - today!



NOK
99



Dønna



This region in Helgeland covers the islands of Dønna, Løkta and Vandve. Dønna is situated a short ferry ride from Sandnessjøen. You can also use this ferry and then drive over to Herøy or take the ferry from Søvik to Herøy and then drive over to Dønna.

At Glein there is a unique stone phallus (Northern Europe's largest) – a symbol of fertility, and a heritage site with open Viking graves. There is a beautiful Medieval church (1130) with distinctive architecture and ornamentation at Dønnes. There is also the Dønnes manor's own burial vault. Interesting sights include also Stiftelsen Bjørnsvågen (coastal farm museum), Nordvika trading post, Dønnes farm and Snekkevik School from the 1830s. At Løkta you can visit two old distilleries and Løkta museum.

VARIED LANDSCAPE

Dønna has a rich and varied landscape with high mountains, wooded hills, fishing waters, open fields and

a beautiful archipelago. From the mountain Dønnesfjellet you can see as far as Rødøy to the north and Sømna to the south. Drivable roads or tracks to the top. You can hire bicycles, canoes or boats at Dønna or go on a hike up to Dønnamannen (858m). This is the best way to enjoy the countryside and the varied animal life. You should also visit Breivika, the Dønna Riviera.

THE BJØRNSMARTNAN MARKET

– once the biggest of its kind in northern Norway – has been revived and is now an important cultural event. It takes place during the second weekend of July during certain years.



PHOTO: TERLE RAKKE / NORDIC LIFE

View from Mt. 'Dønnes-fjellet'.

Dønna Tourist Information

N-8820 Dønna
Tel: +47 75 05 21 24
E-mail: turist@donna-asvo.no
Dønna kommune, N-8820 Dønna
Tel: +47 75 05 22 00
www.helgelandskysten.com

Brygga, Dønna

Berfjord, N-8820 Dønna
Tel. +47 993 12 784 - +47 907 81 366
or contact: Helgelandskysten Reiseliv
+47 75 04 45 00
post@brygga.com
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High standard apartments (50 m2) in
a wharf by the sea, including 2 bedrooms NOK 900


Plain rooms NOK 300  NOK 250



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Dønnes Gård

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dønnes.gaard@monet.no
www.rv17.no/dønnes-gaard

 NOK 780 incl. breakfast

  NOK 960 incl. breakfast. Extra bed NOK 75

Dønnes Church with guide. Mt. Dønnesfjellet
with a great view. Historic slide show. Trails.



115

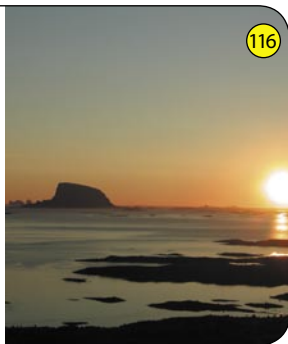


Dønnesfjellstua

N-8820 Dønna
Tel. +47 934 68 744

Welcome to Dønnesfjellet mountain and
Dønnesfjell café. We are at the northern side of
Dønna just beside Dønnes church. Kystriksveien's
most beautiful viewpoint, with road access right
to top.

Open: In high season from 1200-2400 hrs.
Call for further information.



116

Aaker Brygge

Stavseng

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Tel. +47 75 05 48 58 Mob. +47 95 063 725 -

+47 478 24 448

🏠 From NOK 500-800

Open all year.

We provide two well equipped boat huts just 20 min. from the ferry port Bjørn. Calm waters and short distance to good fishing places.



Bakkelistua

Host: Rita V. Bjørnvig

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Tel. +47 75 05 58 70 - 971 48 333

rita.bjornvig@monet.no / www.bakkelistua.no

Until 3 pers: NOK 850 per night

Until 6 pers: NOK 1100 per night

incl. bedclothes and towels.

High standard apartments with 2 bedrooms.

Hot tub for hire. Motorhome parking. 🚐 🚲

500 m to grocery shop and 200 m to the sea.



Kystriksveien Travel Guide

This Travel Guide by Olav Breen, published by Cappelen, gives both useful travel tips, and also makes you eager to travel. Richly illustrated with wonderful pictures!

Pris NOK 99





Bøteriet

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svekje2004@yahoo.no

The old repair workshop has been converted to a charming tourist complex. Here you can stay and eat well in the maritime surroundings. Idyllic location with evening sun.

Try our menu with tasty fish dishes.
Accomm. in fisherman's cabin or rooms.

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 NOK 1000 - 1400



NEW DVD FROM KYSTRIKSVEIEN

English language with
Norwegian subtitles

Order your Kystriksveien DVD
on www.rv17.no

Release in the spring of 2009

Kystriksveien according to

Chris Sandford

An Englishman arrives in Steinkjer on his old motorbiko with a sidecar.
He finds himself exploring Kystriksveien on an
adventurous tour to the north. As he travels
he visits many of the famous sights
and attractions along the way.

DVD

Leirfjord



Leirfjord is centrally situated on the coast of Helgeland. From Mosjøen you can get here via highway Rv78, from Sandnessjøen via Rv17 over the Helgelandsbrua Bridge, or by ferry from Nesna. Leland is the centre for the local council area covering the Leirfjord area and has places to eat, mini banks, post office and shops

MUSEUM

You will also find “The Old School”, part of the Leirfjord collection of preserved buildings. The Old School has been restored to its 19th century state. The sexton and teacher’s accommodation and all furnishings have also been restored to depict the same era. At Bardal, you will find Wangbrygga with its shop museum and art gallery. Food is available. Only open on weekends in the summer.

HIKING

Leirfjord has some beautiful countryside for hiking. At Fagervika, there is a signposted heritage trail with cultural

remains dating back over 1,000 years. We also have the Fjelltrim «mountain fit» programme with 10 checkpoints spread throughout the area. For example you can take a trip to Borgen and Veten in Bardal or to the log cabin near the lake Nylandsvannet.



PHOTO: ERLEND HAARBERG



PHOTO: ERLEND HAARBERG

The Leirfjord Museum.

Tourist Information

www.helgelandskysten.com
See page 80 (Alstahaug)

YX Energi Leirfjord

N-8890 Leirfjord
Tel. +47 75 04 81 08 Fax. 75 04 82 00



Leirfjord petrol and minimarked.

Open: 1.5 - 31.8 (1.9 - 30.4)
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Rooms for rent.



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re-eilif@online.no
www.kvitneset-camping.no

NOK 350-750 NOK 130-150

NOK 100 incl. 3 persons. NOK 20/per
person over 3 persons. Sanitary facilities included
in the price. Washing machin and dryer available.



Sjøbakken Fiske-Camping

Rigmor og Ole-Hermann Otting
Ytre Levang
N-8890 Leirfjord
Tel. +47 911 48 075 / +47 75 04 89 46
info@fiske-camping.no
www.fiske-camping.no


Welcome to our small and quiet camping site.
Well equipped cabins, fisherman's huts and a
summerhouse. 3 km south of Rv17 from Levang
ferry dock + 2 km road to Ytre Levang.



Lysstoperiet Levang

N-8890 Leirfjord
Tel. +47 416 16 160
www.lysstoperiet-levang.no

Visit us to see our amazing selection of candles and candle accessories. Enjoy coffee and delicious homemade cakes in our cosy cafe.

 Opening hours: seasonal.
From 22. June – 16. August; Mon– Sun: 11-18.



Wangbrygga

N-8897 Bardal
Tel. +47 94 87 72 34
aashild.blyseth@monet.no
www.bardal.info

Good home made food based on local produce. We also sell a choice of local food i.e. Bardalsmat. As the quay you will find exhibitions and a cosy café. You can find us 17 km from Rv17. Please book accommodation a head of time. NOK 285 incl. breakfast per person.



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NOK
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Nesna



Nesna Municipality is a part of the "Land of the Arctic Circle", and it is found on the coast approximately 70 kilometres south-west of Mo i Rana. The Hurtigruten (coastal express) calls at Nesna and there are also fast ferry and bus connections to Mo i Rana. From Nesna, you can take the ferry to the islands of Hugla, Handnesøy and Tomma.

Nesna is a small town, but you will find all the services you need like banks, shops and petrol stations. This is where Petter Dass began his career as a poet while he worked as a curate from 1672 to 1689.

Nesna is also known for "Nesna-lobben", which are traditional winter boots made of felt. In Nesna you can enjoy a wide variety of activities, visit the Litlehaug Perennial and Herb Farm at Hugla, take a trip through breathtaking mountain scenery, deep sea rafting (contact Nesna Camping) or go fishing for strong-willed coalfish.

VIEWPOINT

There are several marked trails in the area, also in the mountains. Bjørndalen and Hamarøysanden are two places to ask for. On Tomma you can visit the Finnvikdalen Valley featuring the world's largest Southern Samí turf hut. Along Rv17, north of Nesna centre, you can stop at the mountain Sjonfjellet for a scenic view over the skerries of Helgeland.



PHOTO: ERLEND HARBERG

The island Tomma

Tourist Information

Nesna kommune
Servicetorget
Tel: +47 75 06 70 00
www.arctic-circle.no

Nesna Feriesenter og Motell AS

127



In the heart of Helgeland

Experience Northern Norway's largest waterslide. We have boats from 15-40 foot for hire/sightseeing. Lovely cabins and apartments. Nina's Lavo - intimate pub. Wireless Internet on the whole campsite.

Booking: +47 75 05 65 40

www.nesnaferie.no



Sjåberget 3. N-8700 Nesna. +47 75 05 65 40 - 906 74 314

Fax: +47 75 05 66 97 post@nesnaferie.no



Nesnastasjonen as



Havnev. 4 N-8700 Nesna
Tel. +47 75 05 60 07 Fax. +47 75 05 61 87
nesna@beststasjon.no

Next to the ferry port and Nesna harbour. Note that there is 100 km to the next gas station in the north. We accept Statoil cards. Section for boat and fishing equipment. Refueling for boats with cash machine. Tyres, batteries and propane.

Open: Monday - Saturday 08-22 and Sun.: 10-22



Norsk
Tipping



128

Litlehaug Staude og Urtegård.

N-8720 Vikholmen (Hugløya)
Tel. +47 75 05 77 13 Mob. +47 993 75 028
fagervik@c2i.net www.rv17.no/litlehaug

 NOK 350 - 800 / Week NOK 4000


You may order dinner and breakfast. Guided tours included a tour in the herb garden and a meal NOK 200. Marked trails. Ferry from Nesna.



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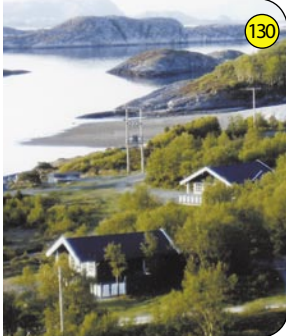
Tomma Hytteutleie

N-8723 Husby (Tomma)
Tel. +47 75 05 71 17 Mob. +47 970 89 348
petra@tomma.no
www.tomma.no




 From NOK 825 - 1980 per night.

The cabins are well equipped with water, shower toilet, sauna and freezer. Boats with motor is included in the price.

Finnviksdalen offers nice areas with beaches for swimming.



130

 1 970  262 km²  Lurøy
Fishing, seafarming, agriculture
and travel.

Lurøy



Lurøy is located just south of the Arctic Circle. This coastal municipality consists of both mainland areas and a large number of islands. Residents live spread among small villages and sustain themselves on fishing, aquaculture, agriculture and tourism.

ARMY COASTAL FORTRESS

The Grønsvik Army Coastal Fortress is located near Kystriksveien, and is one of the best preserved German fortresses from the Second World War. The Tourist Information office is situated here as well. Just nearby is the viewpoint where visitors can see all of Lurøy.

HESTMANNEN

Several of the islands' mountain formations are well known, and this particularly pertains to the "horseman" profile of Hestmannen. Guided tours are available here.

LOVUND

Away from the coast is Lovund – an island rich in bird life, and one of Northern Norway's most active island communities as well as one of the leading sites for aquaculture. Thousands of Puffins spend their summers here with their annual return being celebrated locally as "Lundkommerdagen". The Centre for Coastal Culture describes the history of the island and its inhabitants.

LURØY/ONØY

Sites of interest on the island of Lurøy include Lurøy Church (the municipality's designated "Thousand Year Site", the Coastal Museum and Lurøygården Farm and its renaissance garden.



PHOTO: PER EIDE

'Sea Parrot' or Puffin.

Tourist Information

at Grønsvik Kystfort (fortress)
N-8730 Bratland
Tel: +47 75 11 01 86 Fax: +47 75 11 01 87

Relax in peaceful surroundings and try your luck fishing!

131

OscarBrygga

OscarBrygga is located at Tonnes with view to the famous Mnt. Hestmannen. We offer fishermans cabins and rooms. In the summer season you can enjoy a meal in our restaurant known for it's fish soup

A nice base for exploring the surrounding islands.



N-8750 Tonnes Tel. +47 75 09 11 99 - Fax. +47 75 09 17 09
post@oscarbrygga.no

www.oscarbrygga.no

Mini holiday on Helgelandskysten

132



Enjoy the island Lovund and make day trips to Træna and other fantastic islands on Helgeland.

Stay comfortably in rooms or fisherman's cabins and enjoy local food in our restaurant.

N-8764 Lovund

Tel. +47 75 09 20 30

post@lovund.no

UTM32/WGS84:7363589.381663

Lovund
RorbuHotell
www.lovund.no

Grønsvik Kystfort

Tlf +47 75 11 01 85

www.helgelandmuseum.no

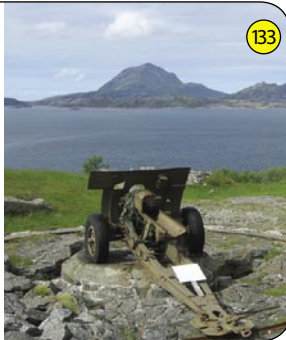
gronsvik.kystfort@helgelandmuseum.no

A German coastal fortress along Rv17, 1,5 km north of Stokkvågen. The fortress is been made accessible to the public with informations signs and trail. Exhibition in one of the barracks as well as exhibition in several bunkers. Free entrance. Museum shop.



Opening hours
15.June- 21.August:
Every day: 0830 - 1700
Or by appointment.

133



Kystkveien according to

Chris Sandford



Release during spring 2009

NEW DVD FROM KYSTRIKSVEIEN



446 15 km²

Husøy

Fishing, fishing industry
and seafarming.

Træna



At the outer edges of the Helgeland coast, 1.5 hours from the mainland via Express Catamaran, you'll find the island community of Træna consisting of 418 islands. One of the smallest municipalities of Norway.

Træna's business activities consist mainly of fishing, fish processing and fish farming, as well as tourism and other services.

Træna Lighthouse was built as early as in 1877. The islands have a rich bird life, and are very well suited for visitors

of houses from the same period were uncovered on another island in the region as recently as 2006. Archeological excavation on the island of Sanna from 1937-1939 uncovered remains from old and new stone age, iron age and the time of the black death. The Petter Dass Chapel, Træna Church



seeking to experience nature close up. On the island of Sanna, there are many caves dug out by the sea. The most famous one is "Kirkehellar'n", which is 20 m wide, 45 m deep and 30 m high. The islands have been inhabited since the Stone Age, verifiable by several findings. In Langhågen, archeologists have uncovered 31 house remains dating back to 2000 B.C. Further remains

(1773) and the Træna Village Museum are all worth a visit.

Tourist Information

Museum manager Turid Myhre,
Tel: +47 95 27 70 89
Træna municipality
Tel. +47 75 09 58 00
www.arctic-circle.no

Træna Gjestegård

Welcome to Træna Gjestegård, known for excellent meals of fish. Try our fishsoup! We are located next to the Petter Dass chapel.

From Kr. 350,- per pers. in double room incl. breakfast.

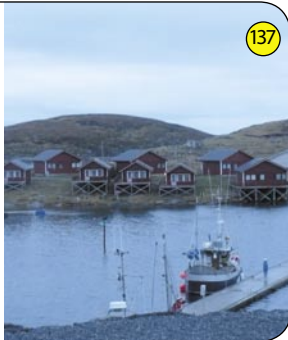
Træna Gjestegård, Boks 40 - N-8770 Træna
Tel. +47 75 09 52 28 Fax. +47 75 09 52 29




Træna Rorbuferie

N-8770 Træna
Tel. +47 75 09 53 80 Fax. 75 09 51 11
www.rorbu-ferie.com
post@rorbuferien.no

1/1 - 31/12:
Large fisherman's cabins NOK 1050

Small fisherman's cabins NOK 850



 1 343  705 km²  Vågaholmen
Fishing, seafarming
and agriculture.

Rødøy

Rødøy is a coastal municipality near the Arctic Circle, the famous landmark which you cross on the Kilboghamn-Jektvik ferry, it is marked by a globe.

MOUNTAIN FORMATIONS

Rødøyløva and Hestmannen are located at strategic points in the shipping lane. The majestic Rødøyløva, a 440 m high sphinx with a hue of reddish serpentine, is the motif for Rødøy local authority's coat of arms. The mountains are easy to climb for hikers, and there is a signposted route to both tops.

EXPLORE AND DISCOVER

Selsøyvik is an old trading post from the 1700s, which is still in operation and well worth a visit. At Myken you will find a tiny fishing community. Stay a night at the old lighthouse with the open sea as your nearest neighbour. On Nordnesøy there is a beach featuring unique limestone pillars shaped during thousands of year's worth of erosion by weather and wind. Visit the splendid Korskirken Church dating from 1884 on the island of Rødøy where you can also experience glass artwork and the museum. Beneath the Rødøyløva mountain lies a popular

outdoor area with its long and white sandy beaches. The pride of our municipality is Nordfjorden, which is situated within the Saltfjellet/Svartisen National Park. Come and enjoy a boat trip on the fjord and watch the seals.



PHOTO: OLAV BREEN

At the Jektvik ferry-port.

Tourist Information

Polarsirkelen Reiseliv
Tel: +47 75 13 92 00
www.arctic-circle.no

PolarCamp Hilstad

138



Accommodation, fishing and adventure

Cabins (all year)	Boat w/motor kr.360-700
Caravan sites	Cabins from kr. 350 til 1050
Tent sites	Tent from kr. 100
Boat rental	Caravan from kr. 165
Fishing trips	3 km from Kilboghavn
Cafeteria	ferry port.



PolarCamp - Hilstad. N-8754 Øresvik Tlf. +47 75 09 71 86
www.polarcamp.com - post@polarcamp.com

Welcome to Jektvik!

139



Jektvik is one of the many holiday camps along Kystriksveien. From here you can take the ferry to Kilboghavn or maybe go on discovery trip to the islands. We wish you a pleasant stay with us. In walking distance from the ferry quay you will find:

Jektvik Handel as (Spar) – groceries, petrol and diesel. Auto. cash machine

Jektvik Café – homemade food while you wait.

Tourist kiosk at ferry quay – kiosk, local food and crafts.



Kystriksveien according to

Chris Sandford

Release during spring 2009




NEW DVD FROM KYSTRISVEIEN



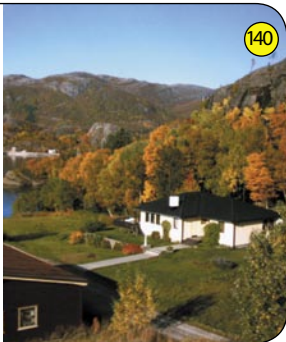
Sjåvik Overnatting

N-8187 Sjåvik
Tel. +47 75 09 76 16 Mob. +47 977 33 254
finnsjaavik@c2i.net
www.nordicparadise.net

 NOK 250 - 300

 NOK 200 per day ex. fuel

1200 m. from Jektvik ferry port and 600 m.
from Rv17.

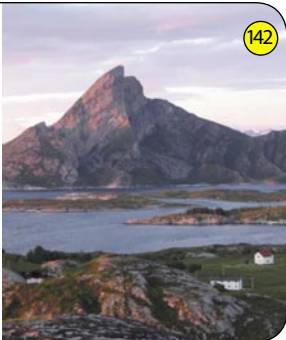


Skjærgårdsro Overnatting

Gjessøy
N-8193 Rødøy
Mob. +47 478 65 971 Tel. +47 90213 368
www.skjærgårdsro.no

Enjoy the tranquility of the archipelago.
Visit us with your own boat or by Rødøy with
express boat (Bodø - Sandnessjøen) eller ferry.



Restored traditional house with annex and
fisherman's cabin NOK 300 per person per night.



Svanereiser's Villa Midnattsol

N-8188 Nordvernes
Tel. +47 75 09 87 24 Fax: +47 75 09 87 40
Mobil: +47 977 33 317 (n66.6669493,e013.250759)
reijense@online.no - www.villamidnattsol.no

Holiday house - wildlife style - by the sea. High
standard. Midnight sun and fishing. Daily express
boat to Bodø-Sandnessjøen.

 From NOK 820 - NOK 1450/night *Wireless*
From NOK 5950 - NOK 8950 /week *Internet Access*
 NOK 300 /night (excl. fuel). Bedlinnen - NOK 60 p.p.



Klokkergården on Rødøya

143



Built in 1906 – Atmosphere – History – Homemade food – Hosts – Hiking trails – Peak trail – Rødøylova (rock formation).



Klokkergården licensed guesthouse is one of the most popular attractions on Helgelandskysten. It's history and atmosphere has to be experienced. The food is based on old traditions. The hosts bid you welcome to Klokkergården. Take the ferry from Jektvik



N-8193 Rødøy Tel. +47 75 09 73 33

malin@klokkergaarden.no www.klokkergaarden.no

BM BYGGMAKKER
Arnulf Hansen

N-8185 Vågaholmen
Tel. +47 75 09 89 00
post@arnulfhansen.no
www.arnulfhansen.no



BUNNPRIS
BESTE TIL BUNN - BESTE UTVALGET!

145

Welcome to the "shopping centre of the coast"
You will find us at Vågaholmen, 11 km from
Rv17. Express boat daily to Bodø/Sandnessjøen.

Groceries: 09-20 (16)
Hardware store: 09-17 (10-14)



24t (Diesel/gasoline)

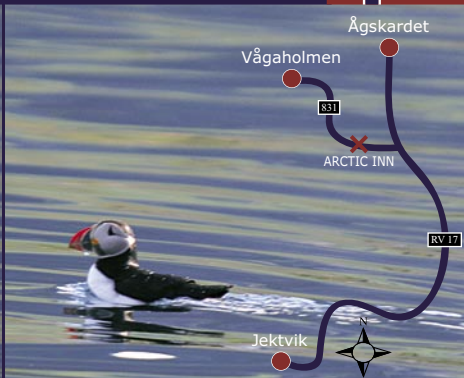


ARCTIC INN

LODGE RESTAURANT ADVENTURES

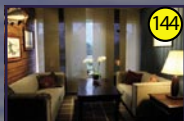


Sea fishing
Diving
Boats
Walking trails



Arctic Inn 8186 Tjongsfjorden, Phone: +47 75 09 83 60
E-mail: info@arcticinn.no www.arcticinn.no

Relaxation
Pleasure
Atmosphere
Warmth



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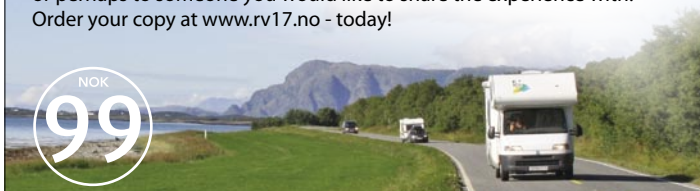
SOUVENIR BOOK

Suddenly – A New Landscape!



In the book "Suddenly – A New Landscape" we present some of the best motives from Kystriksveien. This is a souvenir book for anyone who has driven this road or perhaps to someone you would like to share the experience with. Order your copy at www.rv17.no - today!

NOK
99



www.rv17.no/shop

Salten

FOTO: OLAV BRENN





6 663

871km²

Ørnes

Public and private service sectors, industry, agriculture, forestry and fishing.

Meløy



Kystriksveien / highway RV17 is the main thoroughfare for getting to Meløy and for traversing this municipality by car or bike. Ørnes is also a port of call for the Coastal Express (Hurtigruten) as well as the Nordlandsekspressen express boat between Bodø and Sandnessjøen, which also serves the islands of Grønøy and Bolga.

Meløy is surrounded by a fantastic archipelago comprising around 700 islands. Bolga, Meløy, Støtt, Grønøy and Mesøy have ferry connections to Ørnes, which is a port of call for Hurtigruta. Grønøy and Åmøy are also connected to the mainland by bridges. Ørnes is the largest village with a population of around 1,700 and a range of amenities. Glomfjord (population 1,300) has traditionally been the municipality's industrial centre. It began with the hydropower plant at the turn of the previous century. More industries were established during the 20th century. Industrial development was accelerated after the establishment of Hydro shortly after World War II. Hydro has become history and solar cell production is now the principal industry in Glomfjord Industry Park. At present (autumn 2007), some 700 people work in the industry park.

LIGHTHOUSE / GLACIER

Engenbreen is mainland Europe's lowest lying glacier. It is a part of



PHOTO: KYSTRIKSVEIEN REISELIV AS

Svartisen, as seen from Rv 17.

Svartisen, Norway's second-largest glacier, and can be reached by boat across the Holandsfjord (see separate advertisement).

A T-marked trail leads to DNT's cabin "Tåkeheimen", which is a good starting point for hikes to the "Helgelandsbukken" mountain



Meløy

OTHER WEBSITES

www.sorensen-stott.no,
www.bolga.no, www.meloya.no
Useful: Hiking map for Meløy and/or
"Det store Saltfjellkartet"
(map of Saltfjellet)

(1,454 metres above sea level). Helgelandsbukken has some of the best views of any Norwegian peak. A trail on the southern side of the Holandsfjord leads up to the glacier Fondals-breen. Glacier walking available daily during the summer season. See separate advertisement.

MOUNTAIN HIKING AND T-MARKED TRAILS

Meløy boasts several impressive mountains. Easy access via the road FJELLVEIEN which starts at Fykan – some 8 km of asphalt-covered road – either to the foot of Holmvassdammen or Namnlaushøyden. Enjoy the breathtaking views of Svartisen from the top of Holmvassdammen. Namnlaushøyden has both marked and unmarked trails, caves, fishing lakes, hunting areas and lots of berries for picking! There are T-marked trails from Namnlausvann towards Gråtådsstua/Beiarn and Fellvassstua/Gildeskål.



PHOTO: OLAV BREEN

The Holmvass dam.

Tourist Information

'The Gateway to Svartisen', Holand
Open medio May – medio Sept.
randi@mnu.no, www.meloyinfo.no
MNU/Meløy Tourist office is open through
the year with off-season office at
Glomfjord Industry Park.
Tel. +47 75 75 48 88

Meløy Naturopplevelser

Vollabakken 4
N-8178 Halså
Tel. +47 75 75 06 13 Mob. +47 909 81 721
post@meloy-naturopplevelser.no
www.meloy-naturopplevelser.no

House Tømmervika (80m², m/3 bedrooms - 6 beds)
from NOK 5000 per week. House Nesset (60m², m/3
bedrooms- 4 beds) from NOK 4000 per week. 5km
from ferry post Ågskardet. Min. rental 5 days.
Boat rental. Very good fishing. Visit our website.



147

Åg-Gjestehus

N-8184 Ågskardet
Tel. +47 75 75 27 11
britkrogh@hotmail.com

 NOK 600 - 850

High standard apartments suitable for 4-6 persons. Bed clothes and cleaning included in price.
Located at Ågskardet ferry port.



146

Halsa Auto as

N-8178 Halså
Tel. +47 75 72 10 00 Fax. +47 75 75 07 30
post@halsa-auto.no

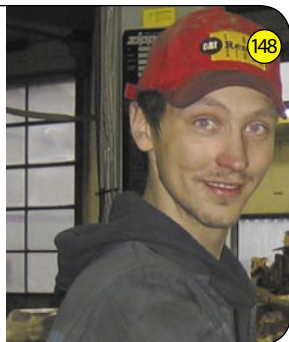
Along Rv17 just north of Førøy ferry port.

Opening hours weekdays: 0730 - 1530

Car repair - car body and wax. Refilling for boats.



AVIS BILUTLEIE
RENT A CAR 



148

FURØY CAMPING



Welcome to our nice camping next to the fjord Holandsfjorden only 15 km from the glacier Svartisen. Furøy Camping is beautifully located with many possibilities for activities for visitors of all ages.



We offer accommodation in small and large cabins from NOK 490 - 850. Rooms from NOK 550. Caravan from NOK 175 excl. electricity and tent from NOK 135



Furøy camping - N-8178 Halså Tel. +47 75 75 05 25
 Mob. +47 97 67 14 77 Fax. +47 75 75 03 36
www.furoycamp.no post@furoycamp.no



Åmnes Skjærgårdscamping

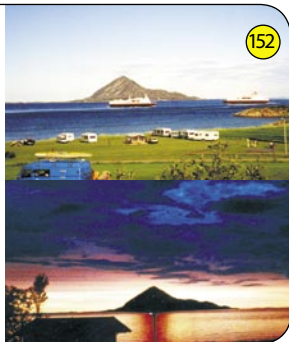
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Åmnes. N-8170 Engavågen
Tel. +47 75 75 13 50 Fax. +47 75 75 13 50
Mob. +47 97 57 37 12
aamnes.camping@monet.no
www.rv17.no/aamnes

Well equipped cabins with shower and WC.
Beach and child friendly trampoline.
Boats with 4-10 hp. Midnight sun and trails.

🏠 NOK 650-750-850-1000 ⚠️ NOK 100 -130

🚗🚐 NOK 150 + el. Week stay discount.



Skarsvatnet Camping

153

Åmnes
N-8170 Engavågen
Tel. +47 75 75 13 30 Mobil/fax: +47 917 26 949
skarsvatnet@gmail.com
www.skarsvatnet-camping.no

🏠 NOK 500 - 550 🚗🚐 NOK 150 ⚠️ NOK 100

🐾 NOK 300 - 400

🚗 NOK 100-200 per day w/motor. 13 to 18 ft.

Well equipped cabins with shower and toilet.



Hytte Strandly - Holand Gård

154

N-8178 Halså
Tel. +47 75 75 00 18
alf.inge.angel@gmail.com

Well appointed cabins with shower and toilet.
Situatd 400 m from the information centre,
in quiet surroundings. 13 km along Rv17
from Forøy ferry port.

🏠 NOK 600 / NOK 3500 week. 20% discount
outside high season. Open 1.4 - 30.10



Svartisen i Meløy

Norway's second largest glacier. Engenbreen is located only 20 m.a.s which makes it the lowest lying glacier in Europe, and it is therefore easily accesable.

Glacier climbing

The trip is suitable for all and takes about 4 hours. Bring warm clothes, gloves, sun cream and sunglasses. Two trips each day. Sign up minimum one day ahead.

NOK 800 inclusive tour guide, shoes and all necessary equipment. Certificate and a DVD film is available.

Exclusive accommodation

Stay next to the glacier and enjoy the view and peacefulness in the evening when you have the area almost to yourself. The cabins is of good standard with all necessary equipment. Bed clothes and towles inclusive.

Salmon fishing in river

From the glacier there is a river where there has been caught salmon up to 20 kg. Licence available at Brestua.

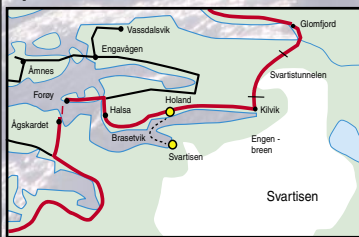
Brestua

With a panorama view to the glacier. Her you can buy a cup of coffee or a nice dinner. Fully licenced.

Souvenir shop.



Svartisen AS - N-8178 Halså
Tel: +47 75 75 11 00
post@svartisen.no www.svartisen.no



ENGEN boat service - "Isprins"

Operation in the periode: 24/5 - 6/9


Holand	Svartisen	
0745a	0730a	a) Exept Sat.and Sun.
1015c	1000c	b) Valid 1.7 - 31.7.
1045b	1030b	c) Valid 14.6 - 17.8
1115	1100	The trip takes 10 min
1215	1200	Bike rental: until 3 hours:
1315c	1300c	NOK 40,-over 3hours:NOK 60,-
1415	1400	Walking poles hire and sale
1515	1500	of fishing licence.
1615c	1600c	
1715	1700	N-8178 Halså.
1830c	1815c	Tel: +47 994 03 000
1945c	1930c	75 75 47 99
2100b	2045b	skysssb@online.no

Ticket price: adult: NOK 110,- children: NOK 60,- /r/t incl. tax. Family discount.

Reipå Camping

N-8146 Reipå
Tel. +47 75 75 57 74 - 90 95 60 47
bjoernodddvar8159@yahoo.no
www.reipacamping.com

 NOK 400 - 750

  NOK 150 - 200 incl.elect.

  NOK 400  NOK 150/100

Jacuzzi NOK 50/100. Grill house. 400 m to shop.
Horse centre 100m. Next to rv17, 7 km from Ørnes

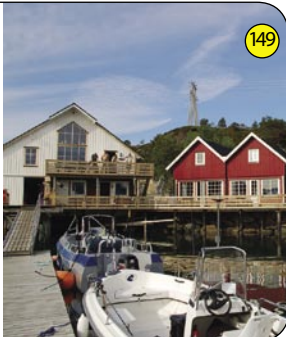


Kvitbrygga

Forøy
N-8178 Halså
Tel. +47 948 06 320
post@kvitbrygga.no
www.kvitbrygga.no



High standard facilities at the waterfront, 500 m.
from Forøy ferry port. All apartments with bath w/
shower. Kitchen, broadband Internet and TV.
Room (2 pers.) NOK 650. Apartment (4 pers.) NOK 1050.
Apartment (6 pers) NOK 1500. Cabin (6 pers) NOK 1250.



Rocks`n Rivers

Vallsjøen
N-8170 Engavågen
Tel. +47 41 08 29 81
post@rocksnrivers.no
www.rocksnrivers.no

Would you like to explore caves, go on hiking
trips with a guide, try canoing surrounded by
high mountains, glaciers and white beaches
and islands? An adventure is waiting for you.
Trips are tailor made for each groupe. Rocks`n
Rivers, Engavågen www.rocksnrivers.no



Gildeskål

Gildeskål's natural surroundings provide excellent opportunities for outdoor life. From the magnificent coastline with its fjords and countless islands, to wild mountain areas accessible from Rv17 at Sundsfjord (but: No caravans!).



PHOTO: KYSTRIKSVEIEN REISELIV AS

Gildeskål old church

In Gildeskål there are also exciting and special caves, from "Lønngangen" near Forstranda which is suitable for families, to the more demanding cave "Greftkjelen" in Skauvollidal, 5,2 km. The flora is particularly rich, including a large variety of species of orchid. The island of Sør-Fugløy is the haunt of a colony of puffins and the white-tailed eagle is not an unusual sight. Seals can often be seen playing on the islets and in the sounds. All this you can explore if you take a roundtrip from Inndyr with the local express boat "Elias Blix II" (phone:+47 95737044). At the islands Arnøyene and Nord- Arnøy

you will find a German fortress with four cannons from World War II. Art-scene Nordland is represented here by the work entitled "The Forgotten Place" (Norw. "Den glömda staden") along highway Rv 17 at Oterstranda. At this same spot, visitors will also find "The Nord Land", a collaborative project with Thai artists.

THE OLD CHURCH IN GILDESKÅL

It dates back to the first half of the 12th century, and it lies approximately nine kilometres from Kystriksveien. Guided tours during the summer season.



PHOTO: KYSTRIKSVEIEN REISELIV AS

Tourist Information Gildeskål municipality


Tel. +47 75 76 06 00 • Fax +47 75 75 11
postmottak@gildeskal.kommune.no
www.gildeskal.kommune.no



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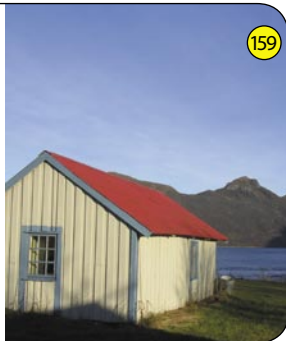
Mevik Camping

N-8145 Mevik
Tel. +47 75 75 61 34
Mob. +47 916 13 760
Fax. +47 75 75 91 07

Campsite by the sea with nice ocean view
and the midnight sun.

 nok from 400 - 600

 nok 150-180  nok 120



160

Coop Marked Storvik

N-8145 Storvik
Tel. +47 75 75 61 69



Open: 10 - 20 (10 - 16)

We offer a nice grocery shop including a
medicine outlet. Disharge station.

Storvik - Kystriksveien's nicest rest stop!



161

Fjordbua

Kjøpstad
N-8120 Nygårdssjøen
Tel. +47 75 75 70 65 Fax. +47 75 75 66 11
olkristo@online.no

Opening hours:

1.6 - 31.8 12 - 20 (12 - 22)

1.9 - 31.5 12 - 18 (12 - 20)

Cosy café with guest harbour next to the
bridge Sandhornøybrua. Room for rent.



Bodø



Bodø is the administrative centre for Nordland county authority. It is the northernmost town along Kystriksveien. Bodø is a modern commercial centre situated in beautiful natural surroundings Bodø's archipelago has a multitude of small island communities and a rich bird life. No other town in the world has a greater population of white-tailed eagles. If you are lucky you may see the eagle glide across the sky, and this sight will entitle you to membership of the world's only white-tailed eagle club!

ACTIVITIES

- Roundtrips of the skerries of Bodø
- Guided city sightseeing with bus or tram
- Guided bus tour to Saltstraumen
- Midnight trips to Mt. Rønkvfjellet (summer)
- Nordlandsbadet pool/recreation and spa.

Please contact the tourist information for more information.

THE AVIATION MUSEUM

The complete history of Norwegian aviation is presented here. The museum's exhibitions give a broad overview of both civil and military aviation history, from mankind's indomitable dream of flying to the amazing realisation of that dream.

The most popular exhibits are the U.S. spy plane U2, Junkers 52, Catalina and Mosquito.

KJERRINGØY OLD TRADING POST

Kjerringøy was one of the wealthiest trading centres in the county of Nordland in the last century. Today it comprises 15 listed buildings with almost intact interiors and a service building with a café, multi-vision show and tourist information office. The service building is an exact copy of an old cowshed that was demolished in 1892.



PHOTO: OLAV BREEN

Norwegian Aviation Museum.

Bodø

SALTSTRAUMEN

The world's strongest tidal current is found by Rv 17, 33 km south of the centre of Bodø. The tidal current, which occurs every six hours, is caused by 400 million cubic metres of water flowing through the 3 km long and 150 m wide strait between Saltenfjorden and Skjerstadjorden at a speed of up to 20 knots.

You can obtain tide tables at the tourist information office, www.visitbodo.com and from local shops. World famous for ocean fishing and current diving. Pollock, cod, halibut, wolf fish are among the specialities. The world's largest pollock caught using a rod weighed 22.7 kg and was caught in Saltstraumen. The area features walking paths among beautiful recreational nature including relics from the Stone Age (9800 years ago) and the Viking Age, a local museum, historical centre and art gallery.



The tidal current of 'Saltstraumen'.



PHOTO: ESPEN MORTENSEN

Bodø Tourist Information

post@visitbodo.com

www.visitbodo.com

Street address:

Sjøgt. 3 – Sentrumsterminalen

Postadresse: Pb. 514, NO-8001 BODØ

Tel: +47 75 54 80 00

Fax: +47 75 54 80 01

Saltstraumen

Open during high season

Contact Bodø Tourist Information regarding opening hours.

Kjerringøy (Kjerringøy Handelssted)

Open during high season

Contact Bodø Tourist Information regarding opening hours.

Misvær – Servicetorget

Open during high season

Contact Bodø Tourist Information regarding opening hours.

Avinor AS – Service centre – Bodø Airport.


Information desk open all year, including tourist information



Tel: +47 67 03 35 03

PHOTO: OLAV BRENN

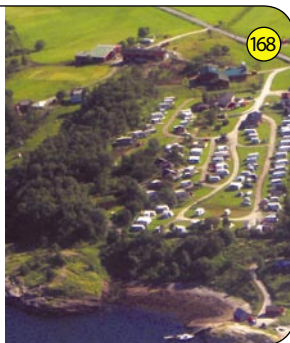
Elvegård Camping

N-8056 Saltstraumen
Tel. +47 94 80 09 00
elvegaard.camping@gmail.com
elvegaard-camping.no

 NOK 500-1100

  NOK 175 untill 3 persons.
+ NOK 20/per person.

 NOK 25



Saltstraumen Fiske Camp

N-8056 Saltstraumen
Tel. +47 75 58 71 38 Fax. +47 75 58 71 01
saltstraumenfiske-camp@c2i.net
www.saltstraumen-fiskecamp.no

Explore Saltstraumen from our dock side

We have rooms and apartments for 2-8 persons.
Most with balcony and view towards Saltstraumen.
Boat rental. Fishing equipment. Caravanparking.
Hot tubes and grill huts. Conference rooms.



Tuvsjyen

N-8056 Saltstraumen
Tel. +47 75 58 77 91
post@tuvsjyen.com
www.tuvsjyen.com

Accommodation and family friendly activities.

Accommodation from NOK 800 in apartments/
fisherman's cabin. Stone Age theme and turf hut,
unique food, archery and more. Fishing from
shore or in rented boat, diving and hiking.



Saltstraumen Camping


N-8056 Saltstraumen




Tel. +47 75 58 75 60

Fax. +47 75 58 75 40

salcampi@online.no

www.saltstraumen-camping.no

 NOK 620-750-900-1100  NOK 140*

 NOK 160*  NOK 170*  NOK 30

*) until 3 persons +15 Kr per person

Close to shop, postoffice, gas station and bus.



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Kafe Kjelen D/A

Ripnes

N-8056 Saltstraumen

Tel. +47 75 58 75 29 Fax. +47 75 58 75 29

www.destinasjon-saltstraumen.com

We serve Møsbrømløse (a traditional løse)

We also serve dinner with fish on the meny.

See the view from our outdoor cafe - restaurant.



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Saltstraumen Hotel

N-8056 Saltstraumen

Tel. +47 75 50 65 60 Fax. +47 75 58 75 70

hotell@isaltstraumen.no

www.saltstraumenhotel.no

Fishing - Rafting - White tailed Sea Eagle safari

Golf - Excursions in the archipelago

Hot tubs - social activities



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BODØ HOTELL


- downtown! 174


...A small hotel with a big heart!.

31 nice rooms with bath/WC, and cable TV. Peaceful surroundings. Comfortable beds.

Rooms for people with disabilities and allergies. Sauna. A la carte restaurant, fully licenced. In summertime try our fish-soup. Wireless Internet in rooms and reception is included

20/6 - 24/8

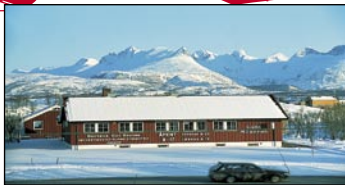
 750 NOK incl. breakfast

 950 NOK incl. breakfast

Prof.Schyttesgt.5 - Postboks 1055 - 8001 Bodø Tel. +47 75 54 77 00 - Fax: +47 75 52 57 78
Email: booking@bodohotell.no - www.bodohotell.no

STEINBRA!

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"Established in 1980"



**Bertnes
Geo-Senter**
H.KVALNES

A great selection of stones!

Fire surrounds, kitchen tops and tombstones.

- ROCK SHOP
- SOUVENIRS
- GIFTS
- PRIZES
- HOLIDAY MEMENTOS
- MINERALS
- JEWELRY

Gafé Mineral

BREAKFAST, LUNCH AND DINNER EVERY DAY

"Perhaps the best Møsbromlefse (trad.delcasy) in the area"

Fenesvn. 4, Bertnes, N-8020 Bodø, Tel.755 18 303 - Fax: 755 18 088
Email: steinbra@bertnesgeosenter.no - www.bertnesgeosenter.no

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NORSK LUFTFARTSMUSEUM

Visit Norway's national aviation museum in Bodø!

Opening hours:

Monday-Friday: 1000-1600 hours,

Saturday-Sunday: 1100-1700 hours.

Summer season (15/6-16/8):

Monday-Sunday: 1000-1800 hours.

Entrance Fees: Adults: NOK 90,-

Children: NOK 50,- Family: NOK 220,-

Senior/students: NOK 70,-



Olav V gt - Bodø - (+47) 75 50 78 50 - www.luftfart.museum.no

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Bodøsjøen Camping

Båttstøveien 1

N-8013 Bodø

Tel. +47 75 56 36 80 - Mob. +47 924 30 414


Fax. +47 75 56 46 89

bodocamp@yahoo.no



Location close to downtown - yet far from city trappings. Idyllic, naturally beautiful surroundings - near the mouth of the Salten Fjord. Walking distance to indoor waterpark (Nordlandsbadet), Bodø Spectrum, two shopping centers and National Norwegian Aviation Museum, and nice walking areas. Near airport, train station, Coastal Express (Hurtigruten) and auto ferry to Lofoten. 45 cabins - 72 camping spaces w/power. Long term rental off season.



 NOK 250 - 840

KYSTRIKSVEIEN REISELIV AS

rv17.no

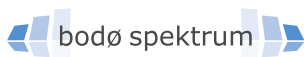
INFO-CENTER • TOURIST INFO

Country roads took me here!

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Enjoy Bodø's dockside view, tel. 75 53 19 00



bodø spektrum

- Created for experiences!

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*Badeland, Spa and health centre,
JaFs restaurant/take-away and much more.
Opposite Norsk Luftfartsmuseum (Norwegian Air Museum).*

Tlf. 755 91 500 - www.bodospektrum.no

Geitvågen Bad og Camping

Geitvågen - P.b. 351 N-8001 Bodø
Tel. +47 75 51 01 42 Fax. +47 75 52 49 58

Season: 30.05 - 16.08

At the end of Kystriksveien 10 km north of Bodø.

view to Mt. Landegode and the midnight sun.

16 cabins, 62 beds. Price NOK 350 - 650

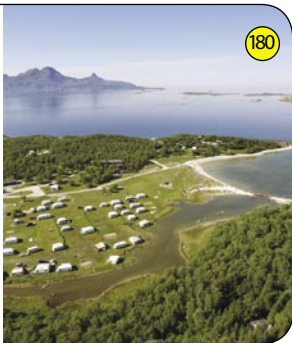
for cabins. 300 caravan sites. 260 with elect.

Café . NCC/KNA members: 10 % discount.

Week discount.



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NEW DVD FROM KYSTRIKSVEIEN



English language with Norwegian subtitles

Order your Kystriksveien DVD on www.rv17.no

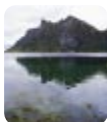
Release in the spring of 2009

Kystriksveien according to
Chris Sandford

An Englishman arrives in Steinkjer on his old motorbike with a sidocar. He finds himself exploring Kystriksveien on an adventurous tour to the north. As he travels he visits many of the famous sights and attractions along the way.

DVD

Fly to exciting destinations along Kystriksveien



Fly as much as you like!

With Widerøe's Norge round ticket you can fly as much as you like in Norway for only NOK 3.975,- or in Nordland (see map) (incl.Trondheim and Tromsø) for only NOK 2.775,-. The Norge Round ticket is valid for 14 days in the period: 22.6. -27.8. 2009.

Read more on: www.wideroe.no

widerøe



Fly and bike along the Kystriksveien

12 days cycle trip with "Island Hopping", with highlights along the route.

Here you can enjoy the exciting coastal scenery at close hand. Cycle friendly islands and coastal stretches. There are also several alternative routes on the mainland and along Rv 17. An extended version of the following route descriptions can be downloaded as a PDF file.

Cycle hire available at most tourist offices. Book in good time. Can be collected from one point and delivered to another for an additional price.

Accommodation can be booked through www.rv17.no. Here you will also find updated ferry and coastal express timetables. Please note that the timetables can vary from day to day.

Book a "Cycle Start Package" from our webshop www.rv17.no. This includes route descriptions of the coasts of Namdal and Helgeland, etc.

Remember your reflective vest!

HIKE AND BIKE 



Island Hopping on Namdalskysten Coast

Purchase our
Bicycle Guide!
www.rv17.no/sykkel



WEDNESDAY

Namsos – Jøa (30 km)

Take "Namdalingen" coastal express from Namsos Wednesday morning. Cycle around the island. Soak up the atmosphere in the PUB with free sailing in open boat at Brakstad Harbour in the evening.

THURSDAY

Jøa – Abelvær – Rørvik (38 km)

Boat departure at lunchtime. Cycle on Landnåmsveien to Rørvik. At Abelvær you will find one of Norway's most weather-beaten pieces of land jutting out into the sea. The Coastal Express arrives at around 2100 hrs.

FRIDAY

Round trip Rørvik – Leka

Boat departs for Leka Friday afternoon. Cycle a long (30 km) or short (10 km) round trip on Vikna and visit the cultural

activities of the coastal town. Arrival at Leka Friday evening.

SATURDAY

Round Leka (28 km)

Saturday is a good day for visitors to Leka, with several activities – such as a guided tour to Solsemhula (cave). Hiking on marked trails on the red serpentinfjellet (serpentine mountain).

SUNDAY

Leka – Bogen – Holm/Vennesund (58 km)

Take the ferry over to Gutvik Sunday morning. You will join Rv17 via Bogen. You pass Heilhornet mountain (1058 m.a.s) northwards on the Helgelandskysten coast.

Helgelandskysten - Bodø

MONDAY

Holm/Vennesund – Brønnøysund (58 km)

Continue island hopping on Helgelandskysten. Starting point from Brønnøysund.

TUESDAY

Brønnøysund – Vega (32 km)

Cycle 15 km to Horn. Ferry Horn – Vega (Igerøy). Make use of the afternoon to cycle around the island in the world heritage area. Accommodation Nes/Kirkøy.

WEDNESDAY

Vega – Herøy/Dønna (Dønnes) (56 km)

Speed boat from Kirkøy. The mountain range "De syv søstre" (The Seven Sisters) can be seen across the fjord. Bridge across to Dønna. Wonderful views from Dønnesfjellet mountain.

THURSDAY

Dønna – Sandnessjøen – Stokkvågen – Kilboghavn/Jektvik (49 km)

Ferry Bjørn – Sandnessjøen after lunch. Speed boat onwards to Stokkvågen. On the way to Kilboghavn (harbour) you pass Grønsvik Kystfort (Coastal Fort).

FRIDAY

Kilboghavn/Jektvik – Ørnes or Reipå (54 km)

Now the countryside is more hilly. Follow Rv17 to ferry Ågskaret – Forøy. After 3 km leave Rv17 and follow the signposts for Vassdalsvik, and thereafter ferry to Ørnes. In this way you avoid Svartistunnellen (tunnel) which is forbidden for cyclists.

SATURDAY

Ørnes – Sandhornøy – Kjøpstad (77 km)

Follow Rv17 and thereafter Rv838 to Sund. Ferry Sund – Horsda on Sandhornøy Island.

Alternatively take the speed boat from Våg – Bodø (Bodø – Ytre Gildeskål)

SUNDAY

Kjøpstad – Saltstraumen – Bodø (66 km)

Follow Rv17 northwards. After approx. 30 km you meet Saltstraumen, the world's fastest flowing tidal current. Follow Rv80 from Løding to Bodø centre.



PHOTO: KYSTRIKSVEIEN REISLIV AS

Kystriksveien - tunnelguide

Distance (from south to north):	Name of tunnel	Meter	Fan	Light
Sjøåsen - Høknes	Rødhammer	42	No	No
Sjøåsen - Høknes	Fjær	57	No	No
Namsos	Namsos Tunnel*	600	Yes	Yes
Høknes - Nordlands grensen	Bergsvik	351	No	Yes
Høknes - Nordlands grensen	Finnmo	230	No	Yes
Høylandet - Geisnes	Skrøyvstad	280	No	No
Høylandet - Geisnes	Risvik	31	No	No
Kjelleidet - Holm	Hestneset	579	No	Yes
Kjelleidet - Holm	Møllevik	100	No	Yes
Kjelleidet - Holm	Botn	38	No	Yes
Kjelleidet - Holm	Løvik	254	No	Yes
Nesna - Utskarpen	Sjonsti	368	No	Yes
Utskarpen - Stokkvågen	Sjona	2796	Yes	Yes
Utskarpen - Stokkvågen	Fornes	146	No	Yes
Utskarpen - Stokkvågen	Sila	2882	Yes	Yes
Jektvik - Ågskardet	Kista	412	No	Yes
Jektvik - Ågskardet	Straumdal	3232	Yes	Yes
Forøy - Ørnes	Svartis *	7615	Yes	Yes
Forøy - Ørnes	Fykan	1946	Yes	Yes
Forøy - Ørnes	Glomfjord	2233	Yes	Yes
Ørnes - Skaugvoll	Storvikskaret	3118	Yes	Yes
Skaugvoll - Kjellingstraumen	Skaugvoll	247	No	Yes
Skaugvoll - Kjellingstraumen	Vindvik	988	No	Yes
Skaugvoll - Kjellingstraumen	Sundsford	772	No	Yes
Skaugvoll - Kjellingstraumen	Eivikhammeren	258	No	Yes

* NB! Namsos Tunnelen and Svartistunnelen in Meløy are forbidden for cycling. From Namsos centre take the Niels Bjørumsgt (street) to avoid the tunnel.



Source: Tunnelguide for Syklister, Statens Vegvesen.

Remember to wear reflective safety vest. You can even order it on www.rv17.no

FERRY TIMETABLES

PHOTO: KYSTRIKSVEIEN RESELUV AS



FERRY JOURNEYS ALONG KYSTRIKSVEIEN

There is nothing like sitting on deck on a sunny day relaxing, enjoying the sun, inhaling the sea air and above all, gazing out over the magnificent landscape.

The ferries along Kystriksveien provide the opportunity to relax from driving your car. Some ferry trips take 10 minutes, others an hour. On the two longest you can buy dinner. All ferries have a cafeteria.

TRAVEL TIPS

If you travel on a tight schedule it is advisable to check the routes on www.rv17.no before you leave. Some ferries accept credit cards, but not all. Take some cash with you. It is not possible to book your car onto the ferries along Kystriksveien. You should therefore arrive approx. 30 mins. before departure time in the high season.

Please note that this brochure was printed in December 2008 and that there might be some changes in the ferry time tables during 2009. We are sorry for the inconvenience. You can find the updated ferry time tables on www.rv17.no.

Have a nice trip!

FosenNamsos Sjø

Box 128 – N-7801 Namsos
Tel +47 74 21 63 00 – Fax +47 74 21 63 01
www.fosennamsos.no

Torghatten Trafikkselskap AS

Box 103
N-8901 Brønnøysund
Tel +47 75 01 81 00 – Fax +47 75 01 81 01
www.tts.no

Veolia Transport Nord AS

Region Helgelandske
Box 609 – N-8801 Sandnessjøen
Tel +47 75 06 41 00 – Fax +47 75 04 02 56
www.helgelandske.no

Torghatten Nord AS









Central: +47 906 20 700
Ferry booking: +47 906 20 700
www.torghatten-nord.no



PHOTO: OLAV BREEN



Symbols

							
Car incl. driver up to 6 m.	Car/motor-caravan incl. driver 6.01-7m	Car/motor-caravan incl. driver 7.01-8m	Car with trailer incl. driver up to 10 m.	Car with trailer incl. driver up to 12 m.	Motorbike/scooter incl. driver	Adult	Children

1 = MONDAY
D = DAILY

2 = TUESDAY
X = EXCEPT

3 = WEDNESDAY 4 = THURSDAY 5 = FRIDAY


6 = SATURDAY 7 = SUNDAY

EXAPLE: DX67 = DAILY EXCEPT SATURDAYS AND SUNDAYS

M/F Geisnes, cap: 24 cars. Duration: 5 min. Tel. 951 90 950

 ØLHAMMEREN - SEIERSTAD (JØA)

DX67	DX7	DX7	D	DX7	D	D	D	D	D	D	D	DX7
0630	0700	0730	0800	0840	0900	1000	1100	1200	1300	1400	1500	1530
D	DX7	D	D	D	D	D	D	D	D			
1600	1630	1700	1800	1900	2000	2100	2200	2300	2400			

 SEIERSTAD (JØA) - ØLHAMMEREN

DX67	DX7	DX7	D	DX7	D	D	D	D	D	D	D	DX7
0615	0645	0715	0745	0830	0850	0950	1050	1150	1250	1350	1450	1520
D	DX7	D	D	D	D	D	D	D	D			
1550	1620	1650	1750	1850	1950	2050	2150	2250	2350			

Kr		 6.01-7.00 m	 7.01 m - 8.00 m	 → 10.00 m	 10.00 m →			
	46	116	138	92	138	36	21	10

M/F Olav Duun, cap: 61 cars. Duration: 25 min. Tel. 951 90 930

 LUND - HOFLES

769

DX67	DX67	6	D	D	D	D	D	D	DX6	D	D
0625	0740	0740	0900	1030	1200	1430	1550	1710	1830	2030	2200

 HOFLES - LUND

769

DX67	DX67	6	D	D	D	D	D	D	DX6	D	D
0600	0705	0715	0830	1000	1130	1335	1520	1640	1800	2000	2130

Kr		 6.01-7.00 m	 7.01 m - 8.00 m	 → 10.00 m	 10.00 m →			
	95	231	271	190	285	57	33	17



Photo: Nyrstveien Reiseliv

M/F Olav Duun, cap: 61 cars. Duration: 5 min. Tel. 951 90 930

 **GEISNES - HOFLES**

DX67 D D D D DX7 D D D DX6 D D
 0655 0815 0945 1105 1235 1320 1505 1625 1745 1905 2105 2245


 **HOFLES - GEISNES**

DX67 D D D D DX7 D D D DX6 D D
 0705a 0810 0935 1100 1230 1315 1500 1620 1740 1900 2100 2240

a) After call the ferry goes directly to Lund.

Kr		 6.01-7.00 m	 7.01 m - 8.00 m	 → 10.00 m	 10.00 m →			
	52	129	153	104	156	39	22	11

M/F Leka, cap: 35 cars. Duration: 20 min. Tel. 957 37 053

 **GUTVIK - SKEI (LEKA) (Valid to: 31.12.09)**

DX67 DX7 7a DX7a 7a DX7 DX6 DX7 DX67 DX6 DX67 67
 0730 0830 0855 1005 1030 1105 1310 1410 1510 1610 1710 1730

DX7 DX6 6 DX67 7 DX67
 1845 1945 2100 2130 2155 2255

 **SKEI (LEKA) - GUTVIK**

DX67 DX7 7a DX7a 7a DX7 DX6 DX7 DX67 DX6 DX67 67
 0650 0800 0830 0935 1000 1035 1240 1340 1440 1540 1640 1700

DX7 DX6 6 DX67 7 DX67
 1815 1915 2030 2100 2130 2230

a) Only 01.06 - 31.08.

Kr		 6.01-7.00 m	 7.01 m - 8.00 m	 → 10.00 m	 10.00 m →			
	74	181	212	148	222	47	28	14



Photo: Kystturismeien Reiseliv

M/F Lysingen , cap. 50 cars, duration: 20 min.



HOLM - VENNESUND (Winter 1.9-31.5)

DX7	DX7	D	D	DX6	D	DX7	D	D	D	D
0625	0715	0900	1000	1100	1200	1330	1445	1550	1650	1745
D	D	D	D							
1840	2030	2130	2225							

HOLM - VENNESUND (Summer 1.6-31.8)

DX7	DX7	D	D	DX6	D	D	D	D	D	D
0625	0715	0900	1000	1100	1200	1330	1445	1555	1705	1810
D	D	D	D							
1910	2030	2130	2225							



VENNESUND - HOLM (Winter 1.9-31.5)

DX7	DX7	D	D	DX6	D	DX7	D	D	D	D
0600	0650	0835	0930	1030	1130	1300	1410	1520	1620	1715
D	D	D	D							
1815	2000	2100	2200							

VENNESUND - HOLM (Summer 1.6-31.8)

DX7	DX7	D	D	DX6	D	D	D	D	D	D
0600	0650	0835	0930	1030	1130	1300	1410	1520	1630	1740
D	D	D	D							
1840	2000	2100	2200							

Kr		< 6.01-7.00 m	< 7.01 m - 8.00 m	→ 10.00 m	10.00 m →			
	74	181	212	148	222	47	28	13

M/F Torgtind, cap. 50 cars. Duration: 45 min.



HORN - VEGA TJØTTA - VEGA - HORN (Summer 1.6 -31.8)

	5	DX16	5	DX16
From Horn	0935	1545	From Tjøtta	1140
From Vega	1030	1645	From Vega	1245
To Tjøtta	1130	1745	To Horn	1335
				1955



HORN - VEGA TJØTTA - VEGA - HORN (Winter 1.9-31.5)

	5	57	5	57
From Horn	0935	1600	From Tjøtta	1140
From Vega	1030	1700	From Vega	1245
To Tjøtta	1130	1800	To Horn	1335
				2005

Horn-Tjøtta		< 6.01-7.00 m	< 7.01 m - 8.00 m	→ 10.00 m	10.00 m →			
	202	485	566	388	582	102	61	31
Vega-Tjøtta	170	412	478	340	510	88	53	26

M/F Torghatten, cap: 58 Cars. Duration: 20 min. Tel. 957 37 051



HORN - ANDDALSVÅG (Winter 1.9 - 31.5)

Rv17

DX67 6 DX67 D D D D DX6 D D DX67
0600 0615 0710 0850 1115 1310 1545 1705 1840 2045 2200a



HORN - ANDDALSVÅG (Summer 1.6 - 31.8)

Rv17

DX67 6 DX67 D DX67 D DX67 D DX6 D DX6 D D DX6
0600 0615 0710 0850 0945 1100 1200 1310 1445 1545 1705 1840 2045 2200a



ANDDALSVÅG - HORN (Winter 1.9 - 31.5)

Rv17

DX67 DX67 6 D D D D DX6 D D DX6
0625 0735 0820 1000 1230 1430 1635 1810 1950 2140 2220a



ANDDALSVÅG - HORN (Summer 1.6 - 31.8)

Rv17

DX67 DX67 6 DX67 D DX67 D D DX6 D DX6 D D DX6
0625 0735 0820 0915 1015 1130 1230 1415 1510 1635 1810 1950 2140 2220a

a) Runs on demand from Horn or Anndalsvåg. Please call before 2200 on: 957 370 051.

Kr		6.01-7.00 m	7.01 m - 8.00 m	10.00 m	10.00 m →			
	68	168	197	136	204	45	26	13

D=Daily X=Except 1=Monday 2=Tuesday 3=Wednesday ...

M/F Torgtind, cap: 50 cars. Duration: 45 min.



HORN - VEGA (Igerøy) (Winter 1.9 - 31.5)

DX67 5 7 DX57 7 DX7 D DX57 57 DX57 57
0730a 0935a 1025a 1030a 1215a 1340a 1600a 1845a 2015 2200a 2210a



HORN - VEGA (Igerøy) (Summer 1.6 - 31.8)

DX67 5 7 DX57 7 DX7 D 16 D D
0730a 0935a 1025a 1030a 1215a 1340a 1545a 1745a 2020a 2200a



VEGA (Igerøy) - HORN (Winter 1.9 - 31.5)

DX67 5 DX5 7 DX57 5 D DX57 57 DX57 57
0630a 0840a 0930a 1120a 1210a 1245a 1440a 1745a 1915a 2100a 2120a



VEGA (Igerøy) - HORN (Summer 1.6 - 31.8)

DX67 5 DX5 7 DX57 5 D 16 D D
0630a 0840 0930a 1120a 1210a 1245a 1440a 1645a 1905a 2115


a) Stops at Ylvingen on signal.

Kr		6.01-7.00 m	7.01 m - 8.00 m	10.00 m	10.00 m →			
	117	282	331	234	351	66	39	20










MF Tjøtta, cap. 31 cars . Duration aprox. 60 min. Mobil: 480 77 010

 **FORVIK - TJØTTA**

Rv17

 **TJØTTA - FORVIK**

Rv17

		 6.01-7.00 m	 7.01 m - 8.00 m	 → 10.00 m	 10.00 m →			
	127	309	360	244	366	70	42	21

D=Daily X=Except 1=Monday 2=Tuesday 3=Wednesday...

Opening hours: Aprox. 0535 - 2230
Frequency: Aprox. every second hour
Numbers of calls: Aprox. 13 calls a day
Additional ferry: From 1.June - 31.August.
M/F Løkta Cap. 30 cars, mob. 48077013





Unfortunately the ferry times tables was not ready when this travel guide was printet. Please go to www.rv17.no or www.helgelandske.no for updated timetables.
Or you can call 177.



Photo: Olav Brenn

M/F Møysalen, cap. 104 cars, duration 25 min., mobil +47 95192700

 **SANDNESSJØEN - DØNNA - LØKTA**

		 6.01-7.00 m	 7.01 m - 8.00 m	 → 10.00 m	 10.00 m →			
	89	219	256	178	267	54	32	16

Price is valid for: Sandnessjøen - Dønna

Opening hours: Aprox.. 0615 - 2340
Frequency: Aprox. once per hour
Numbers of calls: Aprox. 10 calls a day


Unfortunately the ferry times tables was not ready when this travel guide was printet. Please go to www.rv17.no or www.helgelandske.no for updated timetables.

Or you can call 177.



Pris: Kystskipsveien Reiseliv as

M/F Aldra, Cap: 34 cars. Duration: 30 min. Tel. 482 46 645

 LEIRVIKA - HEMNESBERGET

DX67	DX67	DX7	D	D	D	D	D	D	D	D	DX6	DX6
0625	0730	0830	0930	1030	1125	1445	1545	1645	1745	1915	2010	

 HEMNESBERGET - LEIRVIKA

DX67	DX67	DX7	D	D	D	D	D	D	D	DX6	DX6
0650	0800	0900	1000	1100	1415	1515	1615	1715	1845	1945	2035

Kr		 6.01-7.00 m	 7.01 m - 8.00 m	 → 10.00 m	 10.00 m →			
	79	193	226	158	237	50	29	15

D=Daily X=Except 1=Monday 2=Tuesday 3=Wednesday ...



M/F Petter Dass, cap. 70 cars, Duration 25 min., mobil 48077014

 LEVANG - NESNA

Rv17

 NESNA - LEVANG


Rv17

Kr		 6.01-7.00 m	 7.01 m - 8.00 m	 → 10.00 m	 10.00 m →			
	84	206	231	168	252	52	31	15









Opening hours: Aprox. 0600 - 2400
 Frequency: Aprox. Once every hour
 Numbers of calls: Aprox. 16 calls on weekdays

Unfortunately the ferry times tables was not ready when this travel guide was printet. Please go to www.rv17.no or www.helgelandske.no for updated timetables.
 Or you can call 177.

M/F Tomma, cap. 31 cars, Duration ca. 40 min., mobil 480 77 017

 **NESNA - NESNAØYENE**

From Nesna
From Vikholmen
From Handnesøya
To Tomma

		 6.01-7.00 m	 7.01 m - 8.00 m	 → 10.00 m	 10.00 m →			
	89	219	256	170	255	54	32	16










Rates valid for: Nesna-Tomma

Opening hours: Aprox.. 0540-2240
Frequency: Aprox.every second hour
Numbers of calls: Aprox. 11 calls a day

M/F Lurøy, cap. 49 cars, Duration ca. 2,5 hours, mobil 97056167

 **LOVUND - SLENESET - ONØY - STOKKVÅGEN**

From Stokkvågen
From Onøy
From Sleneset
To Lovund

		 6.01-7.00 m	 7.01 m - 8.00 m	 → 10.00 m	 10.00 m →			
	219	522	610	438	657	109	66	33

D=Daily X=Except 1=Monday 2=Tuesday 3=Wednesday...


Opening hours: Aprox.. 0545 - 0150
Frequency: Aprox.every fifth hour
Numbers of calls: Aprox. 4 calls a day

Unfortunately the ferry times tables was not ready when this travel guide was printet. Please go to www.rv17.no or www.helgelandske.no for updated timetables.

Or you can call 177.

M/F Haarek, cap. 24 cars, Duration aprox. 2 hours, mobil 482 46 646

 STOKKVÅGEN - TRÆNA

 TRÆNA - STOKKVÅGEN

		 6.01-7.00 m	 7.01 m - 8.00 m	 → 10.00 m	 10.00 m →			
	286	676	787	286	429	135	82	41

Price is for: Stokkvågen - Træna

D=Daily X=Except 1=Monday 2=Tuesday 3=Wednesday...

Opening hours: Aprox.. 0645 - 2130
Frequency: Aprox. every fifth hour
Numbers of calls: Aprox. 3 calls a day


Unfortunately the ferry times tables was not ready when this travel guide was printet. Please go to www.rv17.no or www.helgelandske.no for updated timetables.
Or you can call 177.



Photo: Øystrikeveien Reiseliv AS


M/S Rødøy, cap: 60 cars. Duration: 60 min. Tel. 992 83 234

01.06-31.08 Additional ferry: MS Røtinn cap 25 cars

 **KILBOGHAMN - JEKTVIK** (Valid to April 2010)

Rv17

DX7	7	DX7	DX7	7	DX7	D	D
0830	1030a	1010b	1150a	1200b	1250b	1400	1515b
D	D	DX7	7	7	DX67	DX6	
1640	1800b	1910	1910a	2030c	2130c	2130a	

 **JEKTVIK - KILBOGHAMN**

Rv17

DX7	DX7	DX7	7	DX7	7	DX7	DX7	D	D
0630	0900b	1030	1030b	1140b	1145	1215b	1250a	1415b	1520
D	DX7	D	7	7	7	DX67	DX7		
1615b	1800c	1800a	1835	1915c	2020a	2030c	2030a		

Calls: Sørfjorden;

www.torghatten-nord.no


a) Only 01.6 - 31.8 b) Only 22.6 - 02.8 c) Except 01.6 - 31.8.

Kr		 6.01-7.00 m	 7.01 m - 8.00 m	 → 10.00 m	 10.00 m →			
	149	360	419	286	429	79	47	24

D=Daily X=Except 1=Monday 2=Tuesday 3=Wedensday....

M/S Fykan, cap: 35 cars. Mob: 992 83 236

Route: 18-412

 **KILBOGHAMN - NORDNESØY** (Valid to 2010)

	25	36	1	4	14	235	7
From Kilboghavn	0905						1945
From Jektvik	1020	1010	1010	1010	1810	2040	2045
From Rødøy	1100	1050	1100	1050	1850	2115	2120
From Gjerøy	1130	1120	1155	1145	1920a	2145	2145
From Selsøyvik	1150	1140	1225	1215	xc	xc	xc
From Storselsøy	1225	1215	1255	1245	xc	xc	xc
To Nordnesøy	1300	1250	1325	1315	2040	2315	2315

 **NORDNESØY - KILBOGHAMN**

	25	1346	14	3	7	25
From Nordnesøy	0600	0700	1355	1510	1600	1745
From Storselsøy	0630	0740	1545	1545	1635	1820
From Selsøyvik	0700	0815	1615	1615	1710	1850
From Gjerøy	0720	0835a	1635	1635	1730	1910
From Rødøy	0750	0905	1705	1705	1800	1940
To Jektvik		0945b	1740b	1740b	1835	2015b
To Kilboghavn	0900				1940	

x) Stops if required l) no stops

a) corsp.. with Nordlandsekspressen b) Corspndence with ferry to Kilboghavn


c) stops on signal, please call the ferry before departure Gjerøy.

MS Bognes, cap: 40 cars. Duration: 10 min. Tel. 992 83 230

 **ÅGSKARDET - FORØY** (Valid to April 2010)

Rv17


DX7	DX7	DX7	DX7	D	D	DX7	7	DX7	DX7	D	D
0540	0645	0745	0840a	0915	1030	1110	1230	1315	1345a	1415	1520
D	DX7	D	7	D	DX6	Dx7	D	DX6	7	D	D
1600	1630a	1700	1800b	1830	1920	2010a	2100	2205b	2205a	2250	0015

 **FORØY - ÅGSKARDET**


Rv17

DX7	DX7	DX7	DX7	D	D	DX7	7	DX7	DX7	D	D
0550	0700	0800	0855a	0930	1045	1125	1245	1330	1400a	1430	1530
D	DX7	D	7	D	DX6	Dx7	D	DX6	7	D	D
1615	1645a	1715	1815b	1845	1935	2025a	2115	2220b	2220a	2300	0030


a) only 01.06 - 30.08 b) not during 01.06-31.8

		 6.01-7.00 m	 7.01 m - 8.00 m	 → 10.00 m	 10.00 m →			
	57	143	168	114	171	39	24	12

M/F Gildeskål, cap: 35 cars. Mob: 992 83 224

 **SUND - HORSDAL - SØRARNØY** (Valid to April 2010)

	D	234	5	1	7	DX7	6	7	DX67	57
From Sund	0900	1215	1215	1350	1500	1615	1800a	1800	1900	2030
Fra Horsdal	0910		1225	1400	1510	1625	1810a	1810	1910	2040
To Sørarnøy	0950	1255	1255	1435	1545	1700	1845a	1845	1945	2115

 **SØRARNØY - HORSDAL - SUND**

	DX67	6	7	DX7	1	234	5	7	56
From Sørarnøy	0700	0800	0950	1115	1435	1500	1500	1645	1710
From Horsdal	0740	0840	1025	1150	1510		1530	1720	1745
To Sund	0750	0850	1035	1200	1520	1535	1540	1730	1755
	1234	6	7	5					
From Sørarnøy	1810	1850a	1855	1945					
From Horsdal	1845	1925a	1930	2010					
To Sund	1855	1935a	1940	2020					

l) no stop a) only during 21.6 - 16.8

		 6.01-7.00 m	 7.01 m - 8.00 m	 → 10.00 m	 10.00 m →			
	95	231	271	182	273	57	33	17

Price is valid from Sørarnøy to Horsdal or Sund.

M/S Ørnes, Cap. 35 cars. Mobil: 992 83 211

ØRNES-VASSDALSVIK-MELØYSUND-BOLGA-STØTT (Valid to April 10)

	1	2	3	4	5	6	7	x=stop on signal
From Ørnes	/	/	/	/	/	/	/	↑ = Opesite ↓ order.
From Støtt	/	/	0530	/	/	/	/	
From Bolga	0530	/	/	0530	/	/	/	
From Meløysund	0630	0630	0630	0630	0630	0645	/	
From Vassdalsvik	0645	0645	0645	0645	0645	0700	/	
To Ørnes d)	0720	0720	0720	0720	0720	0735	/	
From Ørnes	0800	0800	/	/	0800	0800	/	
From Vassdalsvik	0835	0835	/	/	0835	0835	0855	↑
From Meløysund	0850	0850	/	/	0850	0850	0840	↓
To Ørnes	0920 g)	0920 g)	/	/	0920 g)	0920 g)	0930 g)	
From Ørnes	1015	1335	1015	1015	1015	1015	0945	
From Vassdalsvik	1050	/	1050	1050	1050	1050	1020	
From Meløysund	1105	/	1105	1105	1105	1105	1035	
To Støtt	/	/	/	/	1200	/	/	
To Bolga	1200	/	1200	1200	/	/	1130	
From Bolga	1310	/	1310	1310	/	/	1310	
From Støtt	/	/	/	/	1310	/	/	
From Meløysund	1410	1410	1410	1410	1410	1250	1410	
From Vassdalsvik	1425	1425	1425	1425	1425	1305	1425	
To Ørnes	1500	1500	1500	1500	1500	1340 d)	1500 d)	
From Ørnes	1510	1510	1510	1510	1510	1340 *)	1510	
From Støtt	/	/	/	/	/	x b)	/	
From Meløysund	1545	1545	1545	1545	1545	/	1545	
From Vassdalsvik	1600	1600	1600	1600	1600	/	1600	
From Meløysund	1615	1615	1615	1630	1615	/	1615	
From Vassdalsvik	/	/	/	1645	/	/	/	
To Ørnes	1650	1650	1650	1720	1650	1600	1650	
From Ørnes e., f)	1735	1735	1735	1735	1735	1610 f)	1700	
From Meløysund	1810	1810	1810	1825	1825	1700	1735	↑
From Vassdalsvik	1825	1825	1825	1810	1810	1645	1750	↓
From Bolga	/	/	/	x a)	/	1755	/	
From Vassdalsvik	/	/	/	/	/	/	/	
From Meløysund	/	/	/	2025	/	1855	/	
From Vassdalsvik	/	/	/	2035	/	1910	/	
To Ørnes	1900	1900	1900	2110	1900	1940	1830	
From Ørnes	1915	1915	1900 *)	/	1935 f)	1950 f)	1830 *)	
From Vassdalsvik	1950	1950	/	/	2010	2025	/	
From Meløysund	2005	2005	/	/	2025	2040	/	
From Støtt	/	2100	x b)	/	/	/	x b)	
To Bolga	xa)	/	/	/	x a)	/	/	
From Meløysund	/	/	/	/	2215	/	x b)	
From Vassdalsvik	/	/	/	/	2230	/	/	
To Ørnes	/	/	2100	/	2300	/	2045	
From Ørnes	/	/	2105	2315 f)	2315 f)	/	2105 f)	
From Vassdalsvik	/	/	2140	2350	2350	/	2140	
To/From Meløysund	/	/	2155	2359	2359	/	2155	
To Bolga	/	/	2245	/	/	/	2245	

Foot notes: www.torghatten-nord.no / =no stop 1=Monday 2=Tuesday 3=Wednesday...

Tourist road Helgeland Facilities



Along RV17 between Lurøy and Gildeskål, the Road Authority has carried out measures aimed at making the journey a great experience for travellers.

It has built a number of picnic areas with view points, put up tourist information boards, carried out cleaning operations and cooperated with the tourist industry to improve services for travellers.

Areas affected by the measures are marked on the map.

www.turistveg.no

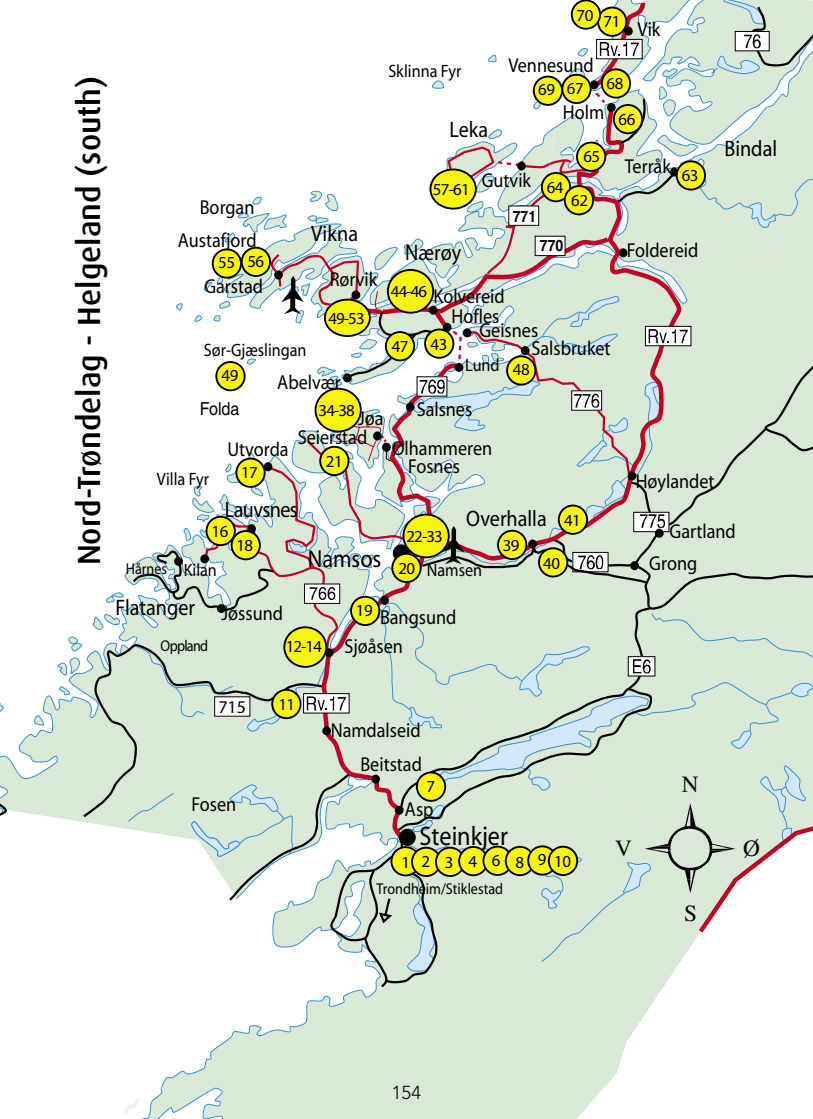
Going on a trip ?

*Call 175 for information
about ferries, emptying your
motorhome, traffic-
information and more.....*

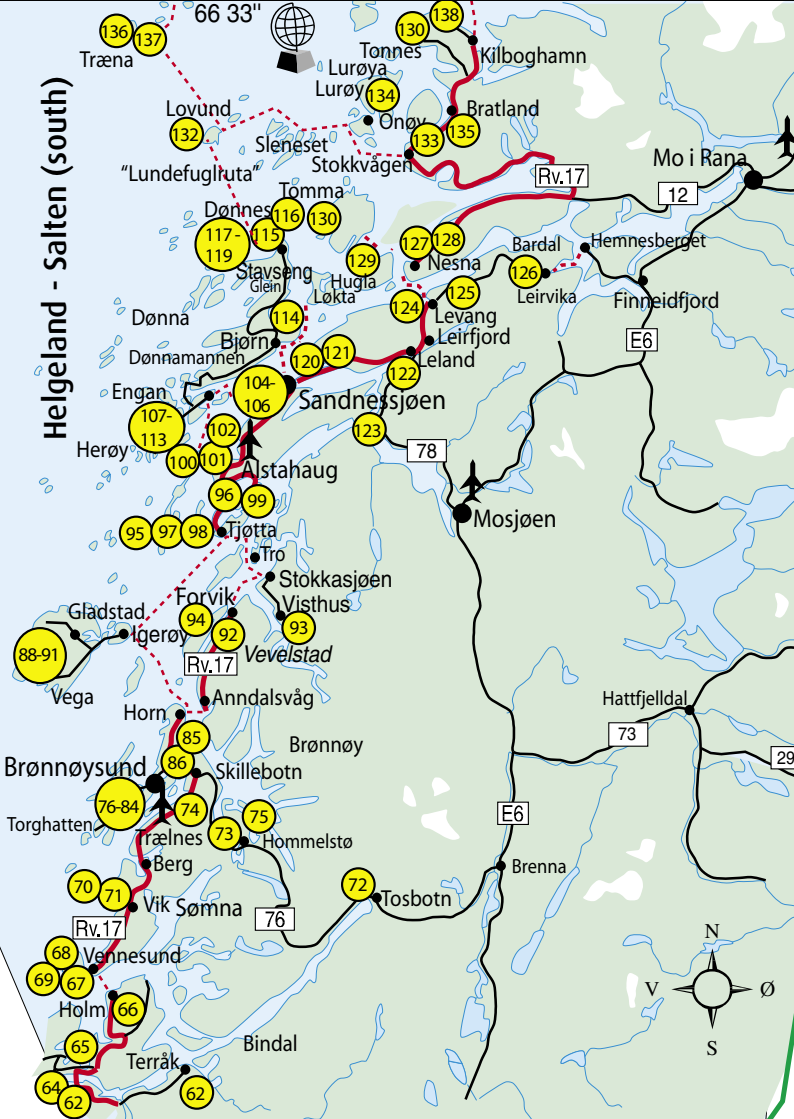
Enjoy the trip!



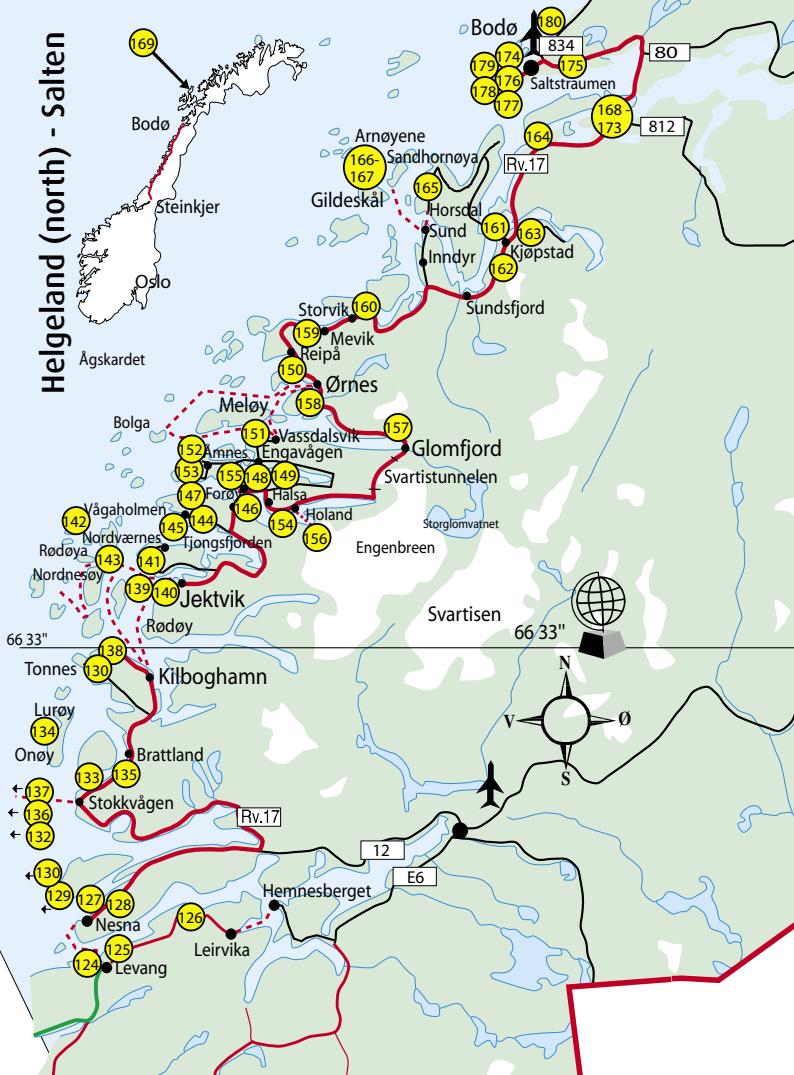
Nord-Trøndelag - Helgeland (south)



Helgeland - Salten (south)



Helgeland (north) - Salten



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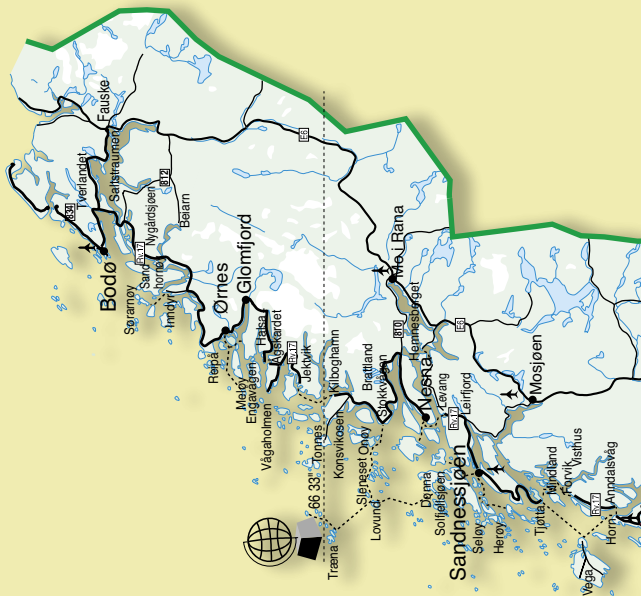
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KART KYSTRIKSVEIE





Planning your trip

If you are going to travel Kystriksveien by car og bike it is a good idea to do a little planning. On our website we have both maps as well as travel guides that are of good help.

On our web site www.rv17.no we present several tour suggestions, but you can also contact us to help you make you own taylor made tour plan. All you have to do is to send us an email and tell us the number of people in your groupe, the number of days you plan to spend, what sort of accomodaton you are looking for etc. Then we will help you plan and book your trip and you can spend your time exploring the fantastic Kystriksveien.

Please contact us on: post@rv17.no or tel. + 47 74 40 17 17



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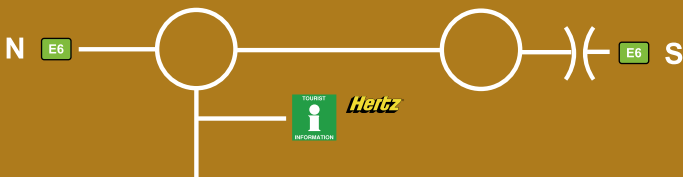
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