

friendlytrøndelag™
CENTRAL NORWAY

Viking Festival 14.-17. July 2005



Steinkjer



TOURISTGUIDE 2005

• Maps • Accommodation • Sights

Growth, innovation and enthusiasm

Steinkjer Næringselskap is a business development company in Steinkjer. We have supported the the Viking Festival as part of the development of Steinkjer.

Would you like to do buisness in Steinkjer - please contact us for information and free counseling.



Viking Festival in Steinkjer 14-17 July 2005

Visit the annual Viking Festival in Steinkjer on the historic grounds at Egge, slong with over 6000 others. Experience a real viking marked, viking activities for the children, viking food, and drinks, battles, exhibitions and historic shows.

For more information:
www.vikingfestival.no







































Welcome Kinsman!



www.vikingfestival.no

1

Welcome to Steinkjer	2
The history of Steinkjer	3
Activity guide.....	5
Maps.....	17
Cultural guide	20
Churches.....	24
Accommodation / Resturants / Bar	26
Shopping and Transportation.....	31
Event Calendar 2005.....	34
Useful information.....	36

 Dining	 Wine and beer	 Solarium
 Kiosk	 Bicycle rental	 Breakfast included
 Cottage/cabin	 Boat rental	 Minigolf
 Camping site	 Beach	 Self-catering
 Tent	 Handicap-facilities	 Rorbu/fisherman's hut
 Sanitary facilities	 Playroom/activity area	 Refilling water
 Rooms or flats	 Power outlet	 Petrol station
 Fishing	 Fully licensed	 Tourist information
 Diesel/petrol	 Petrol	 Gas exchange
 Car repair shop	 Payment terminal	 TV room (common room with TV)
 Sauna	 Summer house	 Sight
 Indoor swimming-pool	 Riding centre	 Kiosk with groceries
 Exercise room/gym	 Discharge station for motor caravans	

Publisher: Kystriksveien Reiseliv AS
Layout/Repro: Lade Offset, Trondheim
Coverphoto: Olav Breen
Photo: Olav Breen and Kystriksveien Reiseliv AS

Print: Lade Offset, Trondheim
Circulation: 30.000 copies, covering Norwegian, English and German

The publisher carries no responsibilities for any errors in this publication.

Steinkjer

The capitol of North Trøndelag, Steinkjer, is located along the main road E6 only two hours by car from Trondheim and even closer to Værnes Airport Trondheim. Steinkjer is a small town of only 20 500 people.

In the older days (1000 years ago) Steinkjer played an important part in the history of Norway. The Egge area were the centre of resistance when christianity came to Norway. Today you can visit the Egge area and it's museum. From here you have a great view over the town.

This year the viking festival is held for the second time at Egge: 14-17 July. Do not miss it!

We hope you will enjoy this guide and your stay in Steinkjer. Please visit us at the touristinformation for more information.

Welcome to Steinkjer!
Steinkjer Touristinformation



HURTIGRUTEN.



Hertz

Summer:
Mo-Fri: 09-19
Saturday 10-19
Sunday 12-19.
Winter:
Mon-Fri: 09-16

Tel. 74 16 36 17
Fax: 74 16 10 88
E-mail:
turistkontor@rv17.no
www.steinkjer-turist.com

The age of the sagas

As indicated by the Bøla rock carvings, Steinkjer has been inhabited for over 6000 years. Archeological findings such as these tell us about ways of life in the old days. The golden age of Steinkjer occurred about 100 years ago, when the mighty chiefs Eirik and Svein Jarl ruled large areas. Some of the most central persons in the process that led to the fall of the Saint King Olav, was the farmer Olve from Egge, his wife Sigrid and her brother Tore Hund. We know little about the history of Steinkjer in the years that followed the battle of Stiklestad, but it has been indicated that the town may have been abandoned for several hundred years.



From farm to city

In 1801, only 14 families lived in Steinkjer. The most important people lived at the site of today's church, and their serfs lived at the river's mouth. Towards the 20th century, increased traffic and military activity contributed to the growth of the town. Commerce picked up, and a blooming shipping trade shaped the town.



The old trading ship “Pauline” still operates from Steinkjer. A royal permit for trading was issued on May 7th 1857, and Steinkjer finally became a city.

The 20th century

A dramatic fire in the southern end of town destroyed 62 buildings at the start of the 20th century. This was the start of a hectic growth period for the city. A railroad station was



built, and an entirely new district was developed around it with architecture and decorations in the Jugend style. Grøtangården in Strandvegen dates back to this period. The name of the city, originally “Stenkjær”, is composed of the words “stein” – rock, and “ær”, container, probably derived from rock structures built in the river to catch salmon.

Reconstruction and growth

Steinkjer was bombed on April 21st and 22nd 1940, and left in ruins. After five years of occupation and temporary shelters, the rebuildings started in the functional style that was the most fashionable at the time. In the 1950’s, Steinkjer grew by 25%, and new districts were added. In 1964, the counties of Beits-tad, Egge, Kvam, Ogdal, Sparbu and Stod were added to Steinkjer County. The number of inhabitants passed 20000 in 1968, and the city continued to grow in the seventies.



Steinkjer has a lot to offer within nature activities, historic and cultural sights. Downtown you will find restaurants and bars/pubs with live music. The Dampsaga Kulturhus hosts the movies, a stage and the library. Not far away you will find the bowling and a leisure center with pools, saunas etc. Please contact the touristinformaton for more information. 74 16 36 17.

Events

11 June the trading ship “Pauline” invites you to a family day at the port of Bogakaia. 14.-17. July: The annual Viking Festival at Egge with concerts, plays, viking food and drinks. For the whole family

Viking Festival

14-17. July is the time for another Viking Festival in Steinkjer, at the Egge area. There will be a viking marked with handicrafts from different parts of Europe. Activities for the children, plays and concerts for the familiy. Vikig food and drinks as well. The viking “Silkeskjegg” is popular among the children, and will show up at the festival. The festival is held at the Egge area, a historic area from the Viking era in Norway. Only a short walk from downtown Steinkjer – on the north side of town.

Dampsaga Recreational Bathing Facility

The family bathing facility is centrally located along highway E6 in Steinkjer. Free parking is available in the parking structure near Esso. Four swimming pools featuring temperatures from 28 to 34 degrees, water slides, saunas, solarium,





training room, cafeteria and convenience store. Available services include spa treatments, aromatherapy and other varieties of skin and body care. A visit to Dampsaga is a fun experience for the whole family!

Bunadburet and Øver-Bjerkem

Øver Bjerkem receives groups and gladly arrange farm tours, coffee service and guided tours of the Bunadburet boutique and museum. The farm is located in Henning about 15 km from Steinkjer town centre. Øver Bjerkem is a



traditional farm with organic production of milk, meat and grain. The livinghouse at the farm is called "Trøndelåna" and was built in the 1830's. Burial mounds near the farm have provided important finds from the Viking Age. Nord-Trøndelag Folkedraktsaum maintains a workshop and small museum at the Bunadburet. There are also displays that focus on traditional cloth-

ing customs originating from the county of North-Trøndelag from the period 1750 -1850. Accommodation: Self catering apartments. Meeting facilities. Contact Berit and Jakob Bjerkem at Tel: 74146228 for details and tour reservation.

Mokk Gård

-Visit an old copper mine

The farm is an excellent starting point for hiking along marked trails in forests and mountains, and for lake fishing. There are old copper mines from the 1700's half an hours walk from the farm. Guided tours, prices on demand, must be ordered in advance. Family friendly skiing terrain with prepared tracks. Mokk Gård is situated at the top of the Ogn valley (Ogndalen), 40 km from Steinkjer city centre. Hosts: Kristin and Kjell Delbekk. Tel. 74 14 47 52

Brandheia Wildernescamp

Offers guided nature walks every Tuesday and Thursday during the summer. Enjoy yourself by the campfire and eat an elk-burger. Activities like canoing, axe throwing and walk on stilts. Suitable for all. Please sign up at the



touristinformation office in Steinkjer before 1700 hrs. the same day (Tuesday and Thursday). Brandheia Wildernes camp is suitable for small and large groupes. Call 74 14 51 91 On the 26 June and 31.Juli the camp is open for every-one.

Sporbryter Sled Dog Kennel in Ogdal

Bring your family, colleagues or friends to our "lavvo" – a large Sami-style tent with seating capacity for up to 40 adults. You sit warm and comfortably around a large, crackling open fire on a cushion covered with moose and reindeer skin. Simple menu. You may drive the dogsled yourself (six-dog team) or sit back and enjoy a larger team (10-14 dogs) in a round-trip among the terrain surrounding the tent. Duration: 2 – 4 hours. Price: NOK 70 for children and NOK 160 for adults (Min. price: NOK 1,500). Sporbryteren

can offer all types of trips in the wilderness, why not try their lavvo suitable for up to 100 people. Please call: 74 16 46 43.

Føllingstua

In addition to offering overnight stays, Føllingstua also rents out canoes and boats. Situated by the Snåsa lake, 14 km northwards on the E6. Take along some lunch, and enjoy a day of canoeing along the Langhammer river, or try your luck fishing on the lake. Rental prices canoe: NOK.30,-/hour, NOK.125,-/day. Tel. 74 14 71 90

Steinkjer Racing Park

Located 12 km east of Steinkjer, on Route 762. Here are go-carts for young and old. Additionally a picnic spot by the river Ognå, a fun castle, rubber dinghies, bathing beach and play apparatus. Open on 21 Jun – 10 Aug: All days 12 – 19. Spring and autumn (from week 33), open weekends. Price Kr. 100/adults. Kr75/children. Discounts when purchasing punch card. For arrangements outside opening hours call tel. 74 16 12 01.

Yttervik

Yttervik is a beautifully situated farm with a lofty view of Hjelbotn in the Beistad fjord. This is a place where you can fully relax with a walk in the decorative garden complex, smell and taste a wide variety of herbs and just enjoy the view.



Golf

Steinkjer has its own golf course just outside town along Rv762 at Midjo. The 6 whole course will add another 3 wholes during the fall of 2005. There is of course a driving range and a green for practice.



Kano/kajakk and grottevandring i Ogdalen

12 km east of Steinkjer along the Rv762, you'll find the farm Overrein. This is the base of INatura. Canoes and kayaks are rented out for use in a 10 km long adapted paddling route in the river Ognå from the Hyllbrua bridge to Støa. INatura also offers guided tours to caves with potholes, stalactites and stalagmites, mountain halls, waterfalls and narrow passages. Minimum price NOK 1000,-/trip, we're happy to take groups of max 8 persons. Canoe NOK 150- 200,-/day, kayak NOK 50,-/hour or NOK.125 -200,-/day. Call tel.922 99 190.

Go cart-rental!

Activities for the family!
Welcome!

Summer: Week 24-32,
EVERY DAY 12-19

Open-spring:
Weekday: 17-20
Sat:12-16
Sun:12-18

Open-fall:
Weekday: 17-20
Sat: 12-16
Sun:12-18

Open-spring:
Weekday: 17-20
Sat:12-16
Sun:12-18

Open-fall:
Weekday: 17-20
Sat: 12-16
Sun:12-18

Steinkjer Racing Park

Rv 762
12 km from
downtown

GEORG SMISTAD

OGNDAL - STEINKJER

Booking:
Tel 74 16 12 01
Fax 74 15 64 62



Mokk Gård
 Ogndal, 7718 Steinkjer
 Tel. 74 14 47 52
 Mob. 957 88 852
 Email:
 post@mokkgaard.no
 www.mokkgaard.no

Accommodation and meals for groups, families, associations, parties, meetings, etc. Excellent opportunities for hiking. Guided tours to the old copper mines. Booking in advance. **3**

Nature safari 



Nature safari in Brandheia wildernesscamp! Every Tues. and Thurs. (28.6-4.8.)

- Guided nature safari and campfire
- Elk burgers and coffee made on the campfire
- Activities like canoeing, airgun, axe throwing and much more.

Time: 1800-2100 Price: Kr.250,- (Adult) og kr. 150,- (children u. 15 years).
 Booking: Steinkjer Touristinformation before 1700 hours the same day. The safari start at: Brandheia Villmarksleir 1800hrs.

BRANDHEIA
 villmarksleir

Lægran, 7717 Steinkjer, T. 74 14 51 91 mail: brandhei@online.no www.brandheia.no **4**

5 




Inatura Cave exploring, canoeing & kayaking

I Inatura: Overrein, 7718 Steinkjer
 Mob. 922 99 190 Email: inatura@inatura.no
www.inatura.no

6

BOWLING 

Sunday - Thursday: 12-23
 Friday - Saturday : 12-01

12-bowlinglanes - 5 pool tables and cafeteria

Bomveien 7 - Steinkjer - Tel. 74 14 00 10

Silence • Manage • Cooperation

A dogsled-ride gives you an outstanding nature experience. Suitable for all ages. We offer different kinds of arrangements within dogsled-rides / lavvo accommodation. Drive a sled on your own, or be driven.



Sporbryter
 sledehundkennel
 www.sporbryter.no **7**

Ogndal - 7718 Steinkjer. Tel/fax: 74 16 46 43 - Mob: 95 70 38 49

8 

DAMPSAGA
BAD

Mon-Fri 10-20 Sat-Sun 11-17
 Phone: 74 12 16 90 Fax: 74 12 16 91
 www.dampsaga-bad.no
 Sagmesterv. 2b, 7725 Steinkjer


 Lille My
 Høstetjelle &
 Anstiftning AS
 Tel. 74 14 41 10

Swimming ends 30 min. before closingtime!

Bygdasentralen in Beitstad

Handicrafts
Souvenirs
Café with home-
made cakes.



Bygdasentralen (v/Rv17)
Vellamelen - N-7730 Steinkjer
Tel. 74 14 85 90 Fax. 74 14 85 07
E-post: bygda@beitstad.no www.beitstad.no

9

Steinkjer kommuneskoger Ogdalsbruket KF



Marked
trails

Cabins for rent

Boat rental

Hunting
area



Norway's geographical
mid-point

Free fishing in
60 lakes!

10

For information and booking:
Steinkjer City hall tel. 74 16 90 00
or the forest dep. tel. 950 29 500
ogdalsbruket@steinkjer.kommune.no

www.steinkjer.kommune.no/website/sk/

Kystriksveien webshop

- Hiking maps (Steinkjer) - Roadmaps

- Kystriksveien Travel guide - Books

www.rv17.no

2005 is the year of the outdoors, and in Steinkjer you can visit 10 tops – on the same amount of trips. There is a package with a map and descriptions to be bought at the touristinformation (Nok 75,-). If you do not have time for all the the trips you can try one or two – Stop by at the touristinformation.

HIKING TRIPS:

Byafjellet

A popular hiking area in Steinkjer summer and winter. Follow tht Rv 763 from Steinkjer and park by By Gård. Steinkjer Ski-stadion can also be a good starting point for hiking trips in the forest. Rungstadvatnet is idyllically situated by the E6, about 4 km north of Steinkjer. Here you may rent a boat by contacting the Esso-station at Asphaugen.

Oftenåsen

Slightly east of Steinkjer city centre you'll find Oftenåsen. The reward for the trip to the top is a great view of Steinkjer. Follow the Rv759 eastwards towards Henning, past Lerkehaug. The trail to the top can be found by the entrance to the gravel works.

Henningvola

A popular hiking area, especially in winter, with a well kept trail system. You can take your car all the way to the Henningvatnet lake. Here's a fishing spot that's adapted for wheelchairs. Follow the Rv 759 and the signs towards Henningvola. About 15 min. by car from Steinkjer.

Steinkjer Kommuneskoger/Ogdalsfjella

Marked and adapted trails leading to the proposed national park in Skjækra. Starting point Mokk Gård or Lustadvatnet lake. The trails passes through an area where the nature

is proposed for protection. Free fishing in plenty of lakes. Boats and cabins for rent. Information about the cabins/ rental at Steinkjer City hall: 74169000. Brochure Steinkjer kommuneskoger.

Norway's Geographic Center Point

is found in the municipality of Steinkjer and tentatively designated to be in the Skjækra reserve and gateway to the new national park. Coordinates: 63°59'26" North-12°18'26" East. UTM:98745 North and 68304 East (zone 33). This point is situated just between Vakerli Mountain and Skjækervatn Lake, map no. 1822 IV Vera. We also recommend use of the local tour map for Skjækra.

Mokk Gård/The Turistforening trails.

From Mokk Gård you can follow a marked trail into the mountain Stortjønnfjellet. After 1,5 km of uphill hiking, one passes the abandoned Mokk and Gaulstad copper mines from the 1770's. The terrain becomes easier. The nearest open cabin is Lågvassbu by the lake Lågvatnet (about.10 km from Mokk). About 4 km further you'll find Skjækerosstu, unlike Lågvassbu it has to be booked in advance. Both cabins belongs to Steinkjer kommuneskoger – Ognalds-bruket, more information on cabins/rental at Steinkjer City hall: 74169000. The turistforeningen has two cabins in the area. Ask at the tourist office for more information.



BIKING TRIPS:

«The Egge round trip»

Ride along Nordsipromenaden to Bogen, continue along Fv 285 to Paradisbukta. Turn right by the Prix shop and follow Egge-mountaintrack past Blåbyen to Egge Museum. Continue to Egge Church, follow the road until you reach the next crossing (sharp turn). Cross the road and visit the ancient artefacts by Ølvisheim. Follow the bicycle trail down to the city centre. Stop by the Våttåbakken memorial over the first archeologically examined stone age settlement in Norway.



CAR TRIPS:

«Steinkjer -Beitstad -Sunnan »

Drive along the Fv 285 towards Sør-Beitstad. Stop at Bardal to see the famous rock carvings. Follow the road past Skjevik and Bartnes to Vellamelen. Visit the unique Bygdasentralen for a bite to eat or some coffee. Follow the Rv17 to Asphaugen, and if you feel like prolonging the trip, return to Steinkjer via Følling and Sunnan, continue up to Bølåbua and the famous rock carvings near the Snåsa lake.



Fjord fishing

You will mainly catch cod or saithe, or, with a bit of luck, a sea trout. Good fishing from the shore can be done in many places in the fjord. One good point is the "pier" at Paradisbukta (the closest beach to Steinkjer town).

Fresh water fishing - lakes

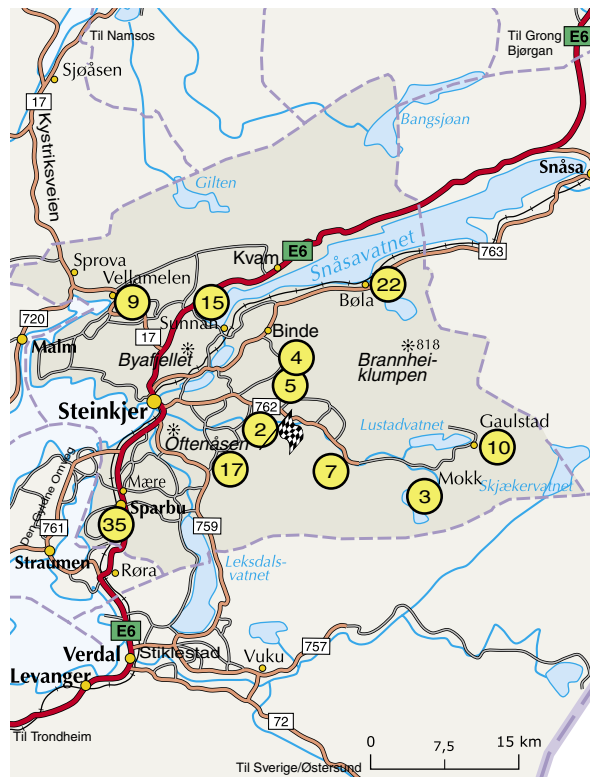
Steinkjer Kommuneskoger, Ognaldsbruket has 60 lakes, where you may fish freely with a rod. Some of the lakes are along the road. You will mainly catch trout. Contact them for boat and cabin rental. Snåsavatnet lake is ideal for boat fishing. The lake contains trout, Arctic char, burbot and eel. In the "Leksdalsvatnet" it is possible to catch both trout and Arctic char.

Fishing licence

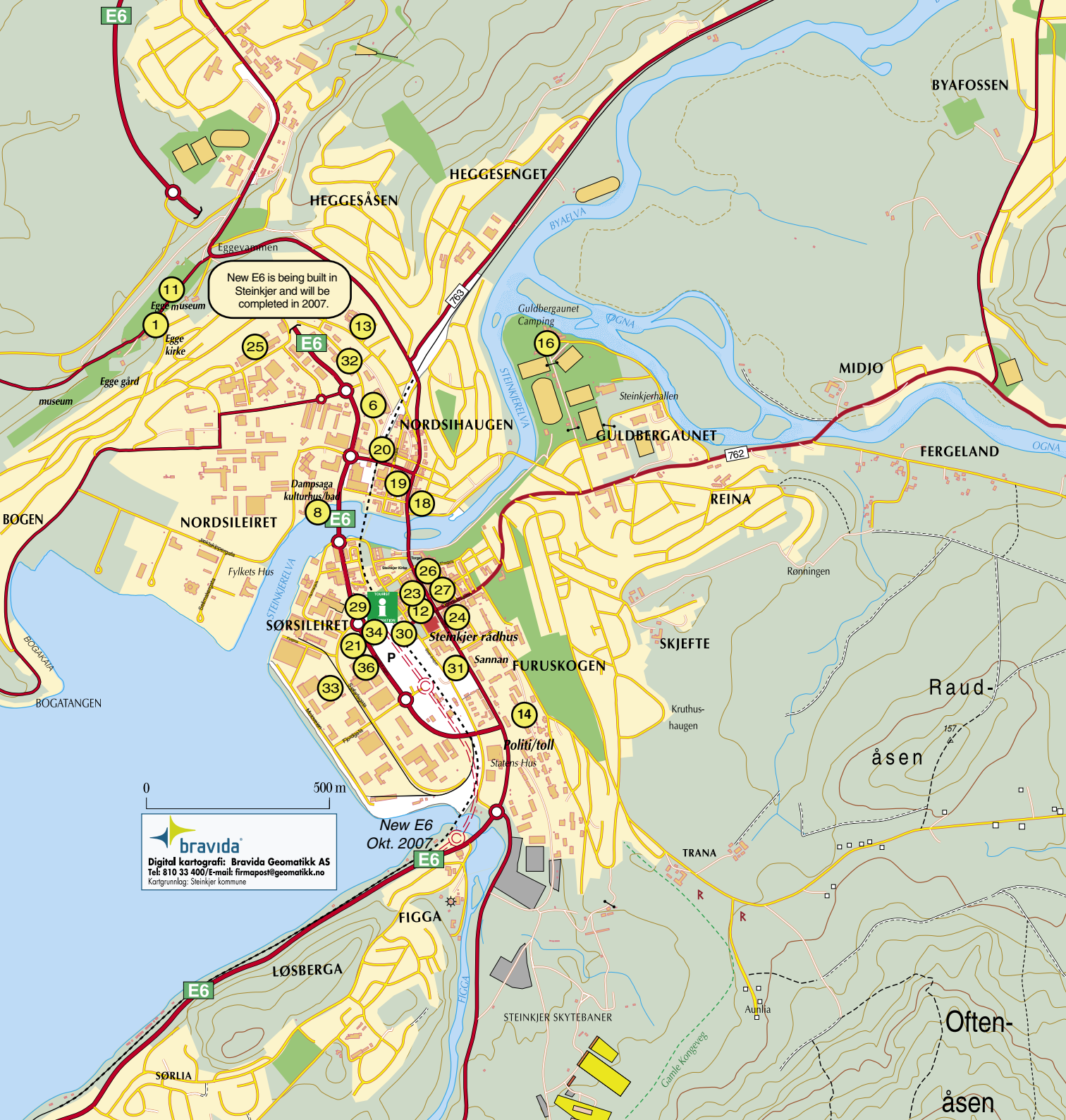
The mandatory payment for freshwater fishing has been annulled*. For areas not owned by the Steinkjer kommuneskoger/Ognaldsbruket there are fishing licenses available at Sportshytta in Kongensgate in Steinkjer. They also have everything you need for your fishing trip.

More information on fishing:
<http://www.steinkjer-turist.com/>
 Steinkjer Kommuneskoger/Ognaldsbruket: 74 16 90 00
 Steinkjer Touristinformation: 74 16 36 17

*The mandatory payment for freshwater fishing has been annulled. Any person over the age of 16 wishing to fish in salmon rivers must still pay the mandatory fishing fee. If you use immobile equipment to fish for salmon, sea trout and sea char, you must pay the mandatory fee of 180 NOK. Fishing cards for most rivers are sold at Sportshytta in Steinkjer.



- | | |
|---|---------------------|
| 1. Viking festival | 18. Breidablikk |
| 2. Steinkjer Racingpark | 19. Orion |
| 3. Mokk Gård | 20. Alanya |
| 4. Brandheia Villmarksleir | 21. McDonalds |
| 5. INatura | 22. Bølabua |
| 6. Bowling1 | 23. Onkel Oskar |
| 7. Sporbyteren | 24. Brød og Cirkus |
| 8. Dampsaga Bad | 25. Brød og Carbis |
| 9. Bygdasentralen | 26. Lyspunktet |
| 10. Steinkjer kommuneskoger | 27. Husfliden |
| 11. Egge Museum | 29. Hertz Bilutleie |
| 12. Quality Hotel Grand Steinkjer | 30. Trønderbilene |
| 13. Rainbow Tingvold Park hotel | 31. Statoil Sannan |
| 14. Steinkjer Kurscenter | 32. Avis |
| 15. Føllingstua | 33. NTE |
| 16. Guldbergaunet sommerhotell og camping | 34. Hurtigruten |
| 17. Nord-Trøndelag Folkedraktsaum | 35. Messingsmia |
| | 36. Globus |



New E6 is being built in Steinkjer and will be completed in 2007.


Digital kartografi: Bravida Geomatikk AS
Tel: 810 33 400/E-mail: firmapost@geomatikk.no
Kartgrunnlag: Steinkjer kommune

New E6
Okt. 2007

Egge Museum

Egge Museum is located on historic grounds, 2,5 km from downtown Steinkjer. The area is rich on archeological artifacts and cultural sights.

The museum is counting 11 buildings and a complete 1800-century farm. The buildings are equipped with correct furniture from that time. During the summer season there are also animals on the farm.



By the Østbyfossen, the museum has built a water power environment containing a mill, a sawmill and a fulling mill.

The Egge Museum also have a farming department with farm equipment. This years theme is the celebration of 100 years of independence. (Norway gained its independence from Sweden in 1905).

The Egge Area

The Egge farm by Steinkjer is a familiar name from the sagas. Persons like Trond Haka, Olve and Kalv Arnesson are said to have lived at the farm. Excavations show that there have been houses at the same sites in the viking



age and the middle ages. Alltogether 33 burial sites form different ages have been preserved. The oldest are the 5 stone circles at Ølvisheim. These rare burial sites have all been archeologically examined. They contained weapons, gold rings and imported bronze cups, findings that indicate that these are the graves of persons of a very high status.

Archeological artefacts at Våttåbakken

Just north of Steinkjer city centre, by the E6 and at the bottom of the hill towards Eggevammen, there is a memorial memorial over the first archeological excavation of a stone age settlement in Norway, performed in the 1860's. About 4 500 years ago, the house was at the water's edge. The main findings were leftovers from meals, like shells and bones from different animals. In addition to an axe made from moose antlers, one also found weapons like arrow and spear tips made of bone and flint, and shale knives.

The Sigrid Path

Historical path with starting point Egge Farm. Benches and information boards.

Tingvold

By Tingvold Park Hotel, there is a ship-shaped stone ring that today contain 38 stones. These are the last remains of a field with more than 20 burial sites from the younger iron age (600 – 1030 DC). During the viking age, the sea level was 4 m higher than today, so the sites must have been placed near the sea.





**Welcome
to
EGGE
MUSEUM**

Experience our beautiful surroundings on a walk at the museum area.
Walk on your own or join a guided tour, daily at 1130 am (during the season or by appointment). Visit our exhibitions or just sit down for a cup of coffee while the children visits with the animals. The outdoor museum is open from 14. June to 19. August: Tue-Fri 1000-1530, Sun 1200-1600. Mon and Sat: closed. The outdoor area has a kiosk.
Admission: kr 40,- Children u. 12 yrs. free. Enjoy your visit with us.

EGGE MUSEUM
Historie og Natur

Fylkesmannsgården, 7715 Steinkjer, Tel 74 16 31 10 Email: post@eggemuseum.no
www.eggemuseum.no

11

The Bøla reindeer

An about 6000 year old hunting talisman, a rock carving. A very natural-looking full size reindeer. It is situated about 30 km east of Steinkjer along the RV763 towards lake Snåsa.



The Bøla man (Bølamannen Rock Carving)

“Bølamannen” translates as “The Bøla Man” and he was discovered on 12 July 2001. The image depicts a full-scale, male figure with skis on both feet and a single pole in one hand. Professor Kalle Sognnes at the Trondheim Museum of Science remarks that this is “Northern Europe’s best example of a full-scale rock carving of a man”.

Bølabua

Bølabua is a combined restaurant/sales outlet for local handicrafts, which offers a cosy atmosphere and is situated near the well known Bøla Rock Carving site. The new “Storstua” banquet room was opened in 2003 and has capacity for up to 50 guests. Bølabua offers a good menu based on local foods! On June 5th, July 3rd and September

4th there will be special days with activities and local handicrafts.

The Helge field

The Helge field is divided by the road Helgesveien, but both sides contain burial mounds and memorials. The name Helge means the holy place. This probably means that the area has been a religious place where one conducted offer ceremonies and services. A total of 22 burial mounds and other facilities have been found in the area, half of which have been preserved. The findings date back to the first six centuries DC. The 3 large monuments and the burial mounds; «Helgeshaugen» and «Ormshaugen» are easily visible. The field lies about 4 km from the city centre, follow the RV762 to Fagerheim School and follow the sign to Gravfelt.



Skeifeltet

By following the E6 12 km southwards to Mære and further roads signs (4 km from E6) you’ll get to the largest burial field in Nord-Trøndelag. Skeifeltet contains 113 burial mounds, monuments, cooking pits and a circular house arrangement with 8 house ruins. Many of the Skei graves have been dug out or plundered, only a few have been archeologically examined. The most impressive finding is a female grave from the 800’s where several imported bronze artefacts bear witness of the viking raids to Ireland. Parking by the road, and information signs in Norwegian, English and German.

Bardal

You follow Fv285, around 15 km from Steinkjer. Follow signs to the Bardalfeltet 1,2 km from Fv285. This is one of

Nord-Trøndelags largest rock carving selections. The field is especially rich due to the mixture of farming and hunting motifs. They are interwoven, and some say that the later farming carvings have been made to obliterate the older hunting carvings. Information signs in Norwegian, English and German.

Steinkjer Church

Was inaugurated on March 25th 1965. The architect was Olav Platou, and it was decorated by Jacob Weidemann and Sivert Donali. The untraditional decoration makes the church unique, and gives you a very special cultural experience. This is the third church on the site. The first church, from 1865, was destroyed during the city fire in 1900. The second succumbed to the bombs that fell over the city in April 1940.



The glass paintings from Steinkjer Church

The original glass paintings that are now in Steinkjer church are exposed in the lobby of Steinkjer Rådhus (City Hall).

You'll also be able to try an interactive video program that tells the story of the Steinkjer boy Jakob Weidemann (1923 – 2001), his life and his art. The Rådhuset is open weekdays 08 -16. For visits outside opening hours, contact the tourist office tel. 74 16 36 17



Egge Church



Built in 1870, Egge Church is typical of the era. The first time a church on this site is mentioned, is in the document "Reformatsen" from 1588. Lightning struck

the church in 1726. It burnt down, and was auctioned to Rasmus Lyng at Gjevran. A new church was erected and finished in 1767. In 1870, one decided that the church was too small for all the parishoners, so a new church was built.

Mære Church

On the Mære hill, a 15 min drive south on the E6. The church was built towards the end of the 1100's. The altarpiece was carved between 1648 – 70. The pulpit dates back to 1646. One of the few medieval churches that still use the original roofing construction. The end of each beam sports a carved wooden head. Other parts of the medieval furnishings are also preserved.



For informasjon about guiding and opening hours of the churches, contact Steinkjer Turistkontor, tel.74 16 36 17.

QUALITY Hotel Grand STEINKJER




BY CHOICE HOTELS

A full service hotel in the centre of Steinkjer

From **kr.425,-** per. pers in a double room.
Summer rates (17.6-14.8)
from kr. 445,- per. pers in a double room.

Rates valid for holders of Nordisk Hotel pass

12

Kongens gt. 37, Postboks 3014, 7709 Steinkjer Tlf. 74 16 47 00 Fax. 74 16 62 87
Mail: firmapost@grandhotell.no www.grandhotell.no



Følling, N-7732 Steinkjer
Tel: 74 14 71 90
Fax: 74 14 71 88
Email: post@follingstua.com
www.follingstua.com


Open all year

🏠 370-630 Kr (winter: 3-500 Kr)
🚗 400-450 Kr (winter: 3-350 Kr)
🚚 130 Kr
⚠️ 100 Kr
🚰 20 Kr

15



CAMP New cabins with shower/toilet

TINGVOLD PARK HOTEL
RAINBOW HOTELS

Rates from kr. 420,- per. person in a double room
Valid: 1.6-15.8.
Summer rates only valid for holders of the hotel pass "Scan+"



WORLDWIDE HOSPITALITY

GOLDEN TULIP
WORLDWIDE

The hotel in Steinkjer with style and atmosphere

Gamle Kongev.47 - N-7725 Steinkjer
Tel. 74 14 11 00 Fax 74 14 11 01
E-mail: firmapost@tingvoldhotel.no **13**



Guldbergaunet
Sommerhotell & Camping AS **16**

Boks 2073, 7708 Steinkjer
Telefon: 74 16 20 45
Fax: 74 16 47 35
Email: g-book@online.no
www.rv17.no/guldbergaunet

CAMP

1/1 - 31/12

🚗 425 - 975 Kr 🚚 140 Kr
⚠️ 100 - 120 Kr 🚰 150 Kr
🏠 350 - 450 Kr


Steinkjer Kurssenter as **14**

🚗 Kr. 500,- incl.breakfast
🚚 Kr. 650,- incl.breakfast



All rooms with privat bathroom, cable TV and phone. Free internet.

Pb.276, 7703 Steinkjer. Tel. 74 13 75 00, Fax. 74 13 75 60
E-mail: posten@steinkjerkurssenter.com - www.steinkjerkurssenter.no



Øver-Bjerkem **17**

- Accommodation on a trad. Trønder farm. Apartments with self catering
- kr. 600/night (max.5 pers) kr. 3000/week
- Breakfast can be arranged.
- Exhibitions, meeting facilities

Summer exhibition at Bunadburet:
Christening robes
Silk and cotten in 17-1800 century in Nord-Trøndelag.
13. June - 15. August.
Admission kr. 50,- per. person.
Coffee on request.



NORD TRØNDELAG FOLKEDRAKTSAUM

Bjerkem, 7718 Steinkjer
Tel. 74 14 62 28
E-mail: berit@bjerkem.com
www.bjerkem.com



Breidablikk 18

cafeteria

Good homemade food!

Open: Mon - Fri 09-18
Sat.: Closed, Sun: 11-17
Bingo in our own premises
Mon - Sat: 1045-1500 Sun: 1345-1800

Kongensgt. 22-24, 7715 Steinkjer
Tel. 74 16 22 05



ORION 19

PIZZA GRILLAS

Open every
day 13-23

Pizza
À la carte
Take away



Kongensgt.15 7715 Steinkjer, Tel. 74 16 51 99

ALANYA
Restaurant

- International meny
- Outdoor restaurant
- Fully lincensed
- Take-away
- Turkish kebab

"Welcome to the Turkish kitchen"

Ølvegt. 22 7715 Steinkjer, Tel. 74 14 03 66
Mon-Thur: 14-22 Fri-Sat: 14-24 Sun 13-22



Welcome!

Mon-Sat. 10-22
Sun.12-22

**In Globus
shopping centre
by the E6**



21

Bølabua

Next to Steinkjers major tourist attraction

We serve coffe, homemade bakery, light meals and dinner.

In our shop you can buy local crafts as well as locally produced food.



Food - Gifts - Adventure

Bølabua is located by Bølareinen (Bøla-reindeer). Follow Rv763 from Steinkjer (30 km).

Have a nice visit at Bølabua

tlf. 45 48 78 40

22

Pub - Pianobar - Outdoor pub

ONKELSKAR

- Light meals
- Open every day.
- Fully licenced
- Piano entertainment every weekend



Kongensgt. 35, 7713 Steinkjer Tel. 74 14 44 70

www.onkeloskar.no

23

Catering - Restaurant - Café - Bakery



Catering - 24
 from casseroles
 to gourmet food
 À la carte from kr.79

Mon-Tue. 11-17
 Wed-Fri. 11-22
 Saturday 11-16

Kongensgt. 40, 7713 Steinkjer
 Tel. 74 16 21 00 -
 906 27 759 - 926 19 226
www.brodogcirkus.no e-mail: post@brodogcirkus.no

Visit also **Brød & Carbis**
 on Nordsia (north side of town).

Café, cakes, lunch and dinner
Special from kr. 89,-



Verksveien 3, ("Skeidar" shoppingmall) Tel. 74 16 59 50 25



Steinkjer Martna'n
 10-13. August 2005

11.AUG.
 Kurt Nilsen

12.AUG.
 Nilsen/Aalberg Show

12.AUG.
 CREDDENCE NIGHT
 a tribute to John Fogarty

Experience Norway's second largest fair with
 350 stalls in the streets, entertainment
 and fairground amusement park.

www.steinkjermartnan.no

Shopping

Steinkjer is divided by the river Steinkjernelva into the Northside and the Southside. On the southside by the sea you will find several shoppingcentres. Globus is the largest (see add on the back). The shopping centres are open from 10-20 (17). There is parking in the area. Only a couple of minutes away you will find downtown (across the railway) with small shops, cafés and restaurants.

On the North side you will find shoppingcenters as well as Dampsaga swimming (leisure) center and the bowling.

Shopping downtown Steinkjer

The main road in steinkjer is Kongensgata, going from the southend to the northend of town. Here you will find lots of smaller shops, bakery, the fishstore and the butcher. In the middle of the street you will find the markedplace next to the church.

Parking is best done next to the tourist information center, on the other side of the railway, two min. walk away.



Lyspunktet 26

Handmade soaps
 and candles

Open:
 Mon-Tue-Wed-Fri:
 10-16.30,
 Thur: 10-18,
 Sat 10-14

Steinkjer "art club"
 exhibition area
 "Galleri Lyspunktet"
 in the basement



- Elveg. 1, 7713 Steinkjer, tel 74 16 12 37 -

Norwegian handcrafts!



At Husfliden you can buy Norwegian souvenirs and gifts

Mon-Fri 0900-1630
Thursday 0900-1800
Saturday 0900-1400

 **HUSFLIDEN**

www.husfliden.no

Ogdalsveien 10, 7713 Steinkjer, tel. 74 16 17 60 Fax. 74 16 17 37

27



HURTIGRUTEN.
the world's most beautiful voyage

For more information and booking:
Steinkjer Turistkontor/Kystriksveien Reiseliv as
Postboks 91 - 7701 Steinkjer
Tel. 74 16 63 17 E-post: turistkontor@rv17.no

34

HOLBERG BILUTLEIE AS

Hertz Car rental
Inn-Trøndelag

From kr. 490 per day (max 100 km, +2,75 per km)



We have cars 100 m. from the railway station, ready for you. Please call us for rates.

Contact:
Steinkjer Tourist office
Tel 74 16 36 17



29

Bus service: Namsos -Steinkjer-Trondheim

South:	Dx67	Dx67	Tog	Dx67	Tog	Dx67	Dx67	Tog	Dx67	Tog	Dx67	Dx67	Tog	Dx67
Namsos	0530	0630	0830	0930	1130	1430	1530	1730	1830					
Steinkjer	0655	0800	1000	1055	1300	1600	1655	1900	1955					
Levanger	0745	0845	0905	1045	1105	1145	1345	1405	1645	1706	1745	1945	2005	2045
Værnes	0835	0957		1154	1235		1454		1754	1835		2054	2135	
Tr.heim	0905		1031		1231	1305		1530		1831	1905		2131	2205

North:	Tog	Dx67	Tog	Dx67	Dx67	Tog	Dx67	Dx67	Tog	Dx67	Tog	Dx67	Dx67	Dx67
Tr.heim	0510		0610		0800	1010		1200	1310		1610		1700	2000
Værnes	0543		0645		0840	1045		1240	1345		1645		1740	2040
Levanger		0630		0730	0930		1130	1330		1430		1730	1830	2130
Steinkjer	0716	0720	0816	0820	1020	1216	1220	1420	1516	1520	1816	1820	1920	2220
Namsos		0845		0945	1145		1345	1545		1645		1945	2045	2345

Also weekend service, for information:
www.tronderbilene.no or call Tel: 177

 -FROSTBUSSEN-  **TrønderBilene as**

30

STATOIL

Sannan Bensin & Service AS
Kongensgt. 45, 7713 Steinkjer
Tlf 74 16 19 00 GPS:UTM7100665



Open to 24. Service hall Tires/oil Self service-
Car wash Kiosk with burgers/pizza Downtown

31

Rent a car?
Please contact us
for good rates

Verdal / Levanger: tel. 74 04 65 50
Steinkjer: tel. 74 14 90 50
Avis Reservasjon: tel. 815 33 044

AVIS
We try harder.

32

Event Calendar 2005

May

- 08.05 Saw, mill and "Stamp House" Day,
Egge Museum
- 11.05 Wednesday Meeting at "Jekta Pauline"
- 14.05 Steinkjer - Innstranden
(Football 2nd division)
- 28.05 Steinkjer - Harstad (Football 2nd division)

June

- 04.06 Garden Day at Egge Gård
- 05.06 Home Crafts and activities at "Bølabua"
- 11.06 Traditional "Jekt" and Boat Day,
Egge Museum
- 11.06 Steinkjer - Ranheim (Football 2nd division)
- 14.06 Season opening of the "year 1905" exhibit,
Egge Museum
- 15.06 -15.08 Summer exhibit, traditional costumes,
at Øver Bjerkem
- 15.06 Wednesday Meeting - Egge Gård
- 19.06 Central Norway Car Race at
Steinkjer Racingpark
- 22.06 - 25.06 The big Coffee Party,
Madam Brix/downtown
- 23.06 Mid year celebration, Egge Museum
- 26.06 Childrens day, Egge Museum
- 26.06 Open Camp, at Brandheia Wilderness Camp
- 26.06 Steinkjer - Lofoten (Football 2nd division)

July

- 01.07 Senior Citizen Day at Egge Museum
- 03.07 Home Crafts and activities at "Bølabua"
- 09.07 "Garden Party" anno 1905, Egge Museum
- 14.07 - 17.07 Viking Festival in Steinkjer
- 23.07 Steinkjer - Strindheim
(Football 2nd division)
- 31.07 Open Camp, at Brandheia Wilderness Camp

Event Calendar 2005

August

- 01.08 Steinkjer - Rosenborg 2
(Football 2nd division)
- 11.08 - 13.08 Steinkjermartna'n
- the annual town festival
- 13.08 Steinkjer - Byåsen (Football 2nd division)
- 14.08 Family day, Egge Museum
- 20.08 Steinkjer - Kolstad (Football 2nd division)

September

- 03.09 Steinkjer - Lyngen/Karnes
(Football 2nd division)
- 04.09 Home Crafts and activities at "Bølabua"
- 14.09 Wednesday Meeting - Egge Museum
- 17.09 Steinkjer - Skarp (Football 2nd division)
- 24.09 First night of the musical "Ei ny tid"
(a new time), Dampsaga Kulturhus.

Oct/nov/dec

- 01.10 Steinkjer - Levanger (Football 2nd division)
- 12.10 Wednesday Meeting - Egge Museum
- 15.10 Steinkjer - Mo (Football 2nd division)
- 16.11 Wednesday Meeting - Dialects,
Egge Museum
- 27.11 Advent gathering at Egge Museum
- 05.12 Christmas preparations for friends of the
museum, at Egge Museum.

Useful information

Fire: 110

Police: 112

Police standby: Statens Hus, Strandvn. 38 Tel: 74 12 10 00

Emergency medical assistance: 113

Emergency ward: Tel: 74 14 10 00

Chemist shop

Apoteket Elgen, Zebra: Tel: 74 12 18 80

Mon - fri 10 - 18, sat 10 - 15

Apotek 1 Steinkjer, Globus Tel: 74 13 53 30

Mon - fri 10-18, sat 10 - 15

Apoteket Nordstjernen, Kongensgt. 28: Tel: 74 16 15 06

Mon - fri 08.30 - 16.30, sat 09 - 13.30

AGA gas retailer

AS Følstad og Jørgensen, Sjøfartsgt. 3, Tel: 74160010

Mon - fri 08 - 18, sat 10 - 15

Toilet emptying facility

Closest one southwards: Røra

Closest one northwards: Grong

Internet Café

Elvegt. 1, Tel: 74 16 39 66

Mon - fri: 12.00 - 21.00

Foregin newspapers/ magazines

Narvesen, Globus Tel: 74 16 51 40

Narvesen, Zebra Tel: 74 16 25 78

The library

Dampsaga House of Culture, Tel: 74 16 93 60

Mon - thurs: 10.00 - 19.00

Fri: 10.00 - 16.00

Sat: 10.00 - 14.00

Summer: 20. june - 18. august.

Mon - fri: 10.00 - 16.00. Saturday: Closed.

Car rescue

NAF bilberging, Verksvn. 5. Tel: 74 16 14 72

Viking Redningstjeneste, Verksvn. 5, Tel: 74 14 30 02

Servicentral, gratis nr: 800 32 900

Falken AS redningstjeneste, Verksv. 5, Tel: 02222

Car rental

Day, week, month

Holberg Bilutleie AS

Hertz Nord-Trøndelag Tel: 74 17 09 00

Transportation

Steinkjer Taxi, Strandveien 21, Tel: 74 14 44 80

NSB, Strandvn. 21, Tel: 74 13 45 00

Steinkjer Buss, Strandvn 21 Tel: 93 25 00 40

Trønderbilene, Strandvn. 21, Tel: 74 13 40 90

Ruteopplysningen, Tel: 177



NTE

Nord-Trøndelag Elektrisitetsverk

Sjøfartsgata 3 - tel. 74 15 02 00

www.nte.no

33



34

HURTIGRUTEN®

the world's most beautiful voyage

For more information and booking:

Steinkjer Turistkontor/Kystriksveien Reiseliv as

Postboks 91 - 7701 Steinkjer

Tel. 74 16 63 17 E-post: turistkontor@rv17.no

Brass shop at Sparbu

35



Handmade gifts of brass!

Mon-Fri 0800-1600

Saturday 0900-1300

Ålessingsmia as

Road sign from E6 at Sparbu

15 km south of Steinkjer.

Tel/Fax: 74 14 32 73

10 - 20 (17) SØRSILEIRET, STEINKJER



Maast reklamekontr. Steinkjer

With the little extra...

- **STEINKJER LARGEST SHOPPING CENTRE**
- **45 SHOPS**
- **5 RESTAURANT/CAFÉS**
- **FREE PARKING**



GLOBUS

S T O R S E N T E R

EVERYTHING UNDER ONE ROOF