

ENGLISH

TRAVEL GUIDE 2010

Kystriksveien

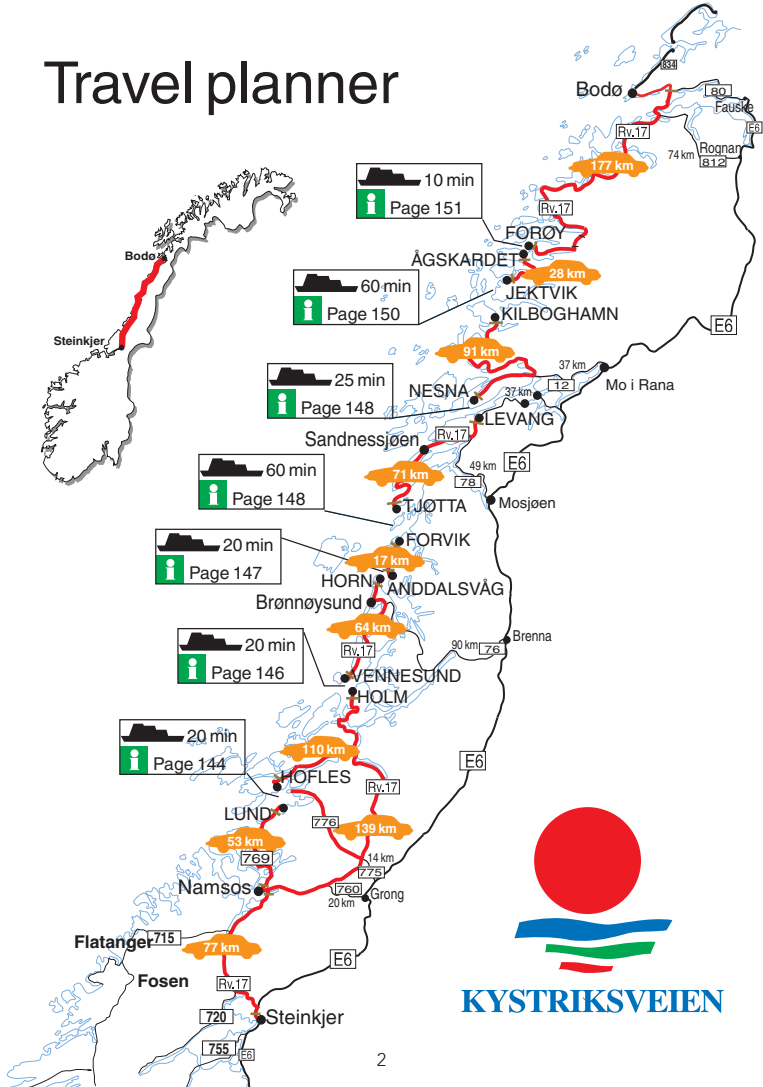
RV. 17: Steinkjer - Bodø



- Ferry timetables
- Maps
- Bicycling
- Accommodations
- Sights

The world's most
beautiful
Journey

Travel planner





































KYSTRIKSVEIEN

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SYMBOLS

 Food	 Electricity	 Solarium
 Cabin	 Bike rental	 Breakfast incl.
 Camping	 Boat rental	 Self catering
 Tent	 Beach	 Petrol station
 Sanitary facilities	 HC friendly	 Tourist information
 Room/apartment	 Playroom/act.area	 Gass (refilling)
 Fishing	 Fully licenced	 TV room
 Car repair	 Beer and wine	 Tourist attraction
 Sauna	 Water refilling	 Kiosk/food
 Swimmingpool	 Horse center	 Wireless Internet
 Gym	 Discharge station	
 Credit card terminal	 Hiking	

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www.rv17.no

Kystriksveien

Welcome to Kystriksveien (The Coastal Route) – one of the world's most beautiful tourist routes. The journey begins in Steinkjer, in the heart of Trøndelag, and ends in Bodø. Nordland calls itself the world's most beautiful coastline. If you drive along Kystriksveien you will understand why.



The 650 km stretch contains some of the loveliest scenery on the Norwegian coastline. Some places and attractions may already be known to you, such as Svartisen glacier, Saltstraumen, the Seven Sisters mountain range and Torghatten mountain. Why not visit the Petter Dass museum outside Sandnessjøen. You should also visit the coastal cultural centre Norveg in Rørvik. Both are modern museums with beautiful and exciting architecture.

FERRY TRIPS

All of 6 ferries bind Rv17 together. Tips about ferry trips and the actual ferry routes can be found from page 142. Please note that some routes

may be changed after printing and up until the summer. If you travel on a tight schedule it would be wise to check the routes on www.rv17.no before you leave.



PHOTO: KYSTRISVEIEN REISELIV AS

THE KYSTRISVEIEN BY BICYCLE!

The Kystriksveien is well suited to cycling. On pages 138 to 141 you can find more information about this.



TRAVEL TIPS

- Allow good time for your journey.
- The norm is a minimum of 3-4 days.
- Plan your trip.
- Please use The Coastal Road, a travel guide to Kystriksveien, in



PHOTO: ERLIND HAARBERG

addition to this travel guide.

- Visit the local tourist offices. Here you will plenty of assistance and good tips from those who know the local area well.

If you start your trip in the south, you are well advised to visit the Kystriksveien Info-Centre in Steinkjer. Spend your time experiencing things and not just searching for accommodation. Try and book your accommodation in advance via www.rv17.no.

MAKE A DETOUR TO AN ISLAND

There are many to choose from and many are easily accessible by ferry. Olav Duun's kingdom at Jøa, Leka with its very special geology, world heritage sites at Vega. Dønna and Herøy with connecting bridge make a round trip possible from Sandnessjøen. Lovund with the puffins. Træna, Rødøy, Sørarnøy and many others. All have their own characteristics and special history.

momentous experience.

Whether you're behind the wheel, having a rest or walking the hills, the discoveries you make along Kystriksveien will impress you. Birds you have only seen on TV, weather you could never have imagined and a landscape that changes dramatically. The salty experience of fishing on the open sea, the tranquillity of kayaking in the archipelago, the rewards of a patient wait on an eagle safari on steep mountainsides. Whatever your choice, each experience will make you feel alive. Kystriksveien is a great starting point for memorable natural discoveries. Along the way you will find many organised events for both adventures and recreation.



PHOTO: ERLEND HAARBERG

kayaking.



PHOTO: ERLEND HAARBERG

sea fishing.

The world's most beautiful Journey

PHOTO: OLAV BREEN



PHOTO: TEJERAKKE / NORDIC LIFE

hiking.



PHOTO: OLAV BREEN

biking.

imagination highway.

Is that really a hole in the mountain? Is the Svartisen (Black Ice) glacier really black? When did you last see a sea parrot? A lion – far out at sea? These are just some of the curious and funny questions you are likely to get from the backseat of the car on a family holiday on Kystriksveien. Strange landscapes and mountain formations are associated with mythology, fairytales and exotic animals and the descriptions are fitting. Kystriksveien takes you along beaches, over (and through) mountains, under glaciers and across bridges from Steinkjer in the south to Bodø in the north. No wonder it inspires the imagination...



rest stop.



arkitecture.

PHOTO: AS ERIKSSON/MAN

PHOTO: AS ERIKSSON/MAN

The world's most beautiful Journey



Artscape.



reflection.

The world's most beautiful Journey



PHOTO: KYSTRIKSWERVEN REISELIV AS



PHOTO: NATHAN HOOVER

Suddenly, a new landscape!

Kystriksveien has been described as the world's most beautiful car journey. The 650-kilometre stretch of road between Bodø and Steinkjer is an unmissable experience. The book 'Suddenly – a new landscape!' presents the most beautiful aspects of the Coastal Highway in pictures. A wonderful memory for visitors who have made the journey and want to share their experience.



ISBN978-82-997811-0-7

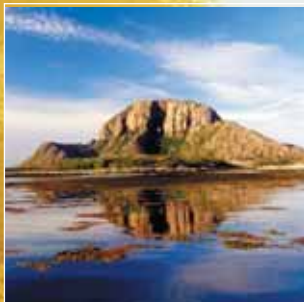


PHOTO: OLAV BREEN



PHOTO: KYSTRISVEIEN REISELY AS

Fly to exciting destinations along Kystriksveien



Fly as much as you like!

With Widerøe's «Norge round» ticket you can fly as much as you like in Norway for only NOK 3.975,- or in Nordland (see map) (incl. Trondheim and Tromsø) for only NOK 2.775. The Norge Round ticket is valid for 14 days in the period: 21.6 - 27.8.2010.

Read more on: www.wideroe.no

widerøe

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GodTur.no

Nord-Trøndelag

PHOTO: TERJE RAKKE / NORDIC LIFE



Steinkjer



Steinkjer is the southernmost municipality along Kystriksveien. Steinkjer is situated along E6 and travel time to Trondheim is two hours by train or bus. To reach highway Rv17, turn off highway E6 towards Namsos just 6 km north of Steinkjer. Steinkjer is the administrative centre and main town in the county of Nord-Trøndelag.

STEINKJER CHURCH

Steinkjer got a new church in 1965. The decorative style is untraditional. Particularly notable are the wall decorations and stained-glass paintings by the artist Jacob Weidemann, born in Steinkjer. The originals are exhibited in the town hall.

EGGE MUSEUM

EGGE was a centre of power in the Viking era, and the local chiefs were strong opponents of St. Olav's christening of Norway and the centralisation of power that took place around the year 1000. Today Egge is a unique ancient memorial site and has an active folk museum that enables you to combine cultural and natural adventures.

BØLAREINEN AND BARDAL ROCK CARVINGS

The Steinkjer area has some of the world's most famous rock carvings. Bølareinen is a 6000-year old, full-size carving of a reindeer, located 30 km north of Steinkjer town centre,

on road Rv763. More rock carvings, from two different eras, are found in Bardal on road Fv285 direction Sør-Beitstad. In the vicinity of downtown lies the Helge Field including large burial mounds and ancient memorial monuments.

NATURAL AND CULTURAL ADVENTURES

For the physically active we recommend canoeing and cave exploration. Visit Øver-Bjerkem to see



Steinkjer Church, 1965

PHOTO: OLAV BREEN

Steinkjer

a traditional Trøndelag farm and admire the traditional Norwegian costumes at the exhibition in "Bunadburet". Anglers can fish for free in 60 lakes. Dampsaga Bad, a large and modern leisure pool, is located near E6 in the town centre. For outdoor bathing, visit Paradisbukta, Hoøya and Kalvøy on road Fv285.

SPECIAL EVENTS

The Steinkjer Festival on 24 – 26 June is a major festival with many big names. The Viking Festival will be held at Egge from 15 - 18 July 2010. Experience the Viking spirit with festive events for the whole family. Don't miss the Saint Olav Festival at Stiklestad - only 30 km from Steinkjer. It's being held between 23 and 29 July 2009.



PHOTO: KYSTRIKSVEIEN REISELIV AS

Memorial monument at Helge.

Innherred Tourist Information / Kystriksveien Info-Center

Open all year!
Box 91, NO-7701 Steinkjer
Tel. +47 74 40 17 16
Fax: +47 74 40 17 10
www.visitinnherred.com
post@visitinnherred.com
www.rv17.no
post@rv17.no

Quality Hotel Grand, Steinkjer
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www.tingvoldhotel.no



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www.steinkjerkurscenter.com

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4

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NOK 140-160



NOK 190



NOK 395-490



NOK 50



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g-book@online.no - www.rv17.no/guldbergaunet

EGGE MUSEUM

- a living history

Welcome to a town street and open-air museum with animals. Lovely countryside with cultural relics and heritage sites in abundance.

Open 13. June to 8. August
11-16 hrs. or by appointment.

Viking Festival 15 - 18. July
Family theatre, banquet, Viking marked, speeches and exhibitions.



Steinkjer 74 13 44 90 www.eggemuseum.no



5



6




Bjerkem

Øver-Bjerkem, N-7718 Steinkjer
Tel: + 47 909 50 702
Email: berit@bjerkem.com
www.bjerkem.com



Accommodation on a traditional farm
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Exhibition at Bunadburet (national costumes)
in the old barn. Meeting facilities.

7



Føllingstua

Følling
N-7732 Steinkjer
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post@follingstua.no
www.follingstua.no







Located 13 km north of
Steinkjer, by the Snåsa
Lake. 200 mtrs from E6
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 NOK 130-180  NOK 190

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Bygdasentralen i Beitstad

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bygda@beitstad.no
www.beitstad.no

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Mon-Fri: 10-20
Sat-Sun: 11-17

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STEINKJER

Sjøfartsgata 10B (10)
7725 Steinkjer

GPS coordinates

N64° 00.554 ø11° 29.716



NAMSOS

Navarv. 11 (31)
7820 Spillum

GPS coordinates

N64° 27.580 ø11° 32.582

www.dsp-steinkjer.no

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in Norway?



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Amfi Zebrasenteret

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pizza*

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13



Namdalseid



1 720



766 km²



Namdalseid

Public and private services, farming
commerce, tourism and industry.



Namdalseid is the gateway to the Namdalen Valley. We are located midway between Steinkjer and Namsos on highway Rv17. The nature is varied and exciting, spanning fjords and mountains. Commercial activities consist principally of modern agriculture.

GLASS WORKS

Aasnæs Glasværk was in operation from 1813 to 1883. In the main building (1840), you will find an exhibition of glass works by Anne Alltin. The glass production and its history are continuing through her glass art production today.

FLY-FISHING

Small salmon is found in some of the best rivers (Årgårds River, Øyenså River, Ferga River and more), and fly-fishing is very popular. Fly-fishing is considered an exclusive activity, and some practice is necessary in order to master the art. The local population was taught fishing by English anglers in the 1830s. Fishing licenses can be purchased at establishments offering accommodation or at the Tourist Information Office.

SEA FISHING

Namdalseid has a coastline with excellent opportunities for fishing. Nord-Statland has a resort with modern accommodation in traditional fisherman's huts, where you can also hire boats.

WILDERNESS HOLIDAY

You will find large areas suitable for hunting, fishing and outdoor life.



PHOTO: STEINAR JOHANSEN


Salmon fishing

Tourist Information

at Sentrum Auto (gas station),
N-7750 Namdalseid,
Tel: +47 74 27 82 50 • Fax: +47 74 27 84 56

Fosslia hytter og laksefiske

Anne-Britt og Arnstein Berg
Fosslia N-7750 Namdalseid
Tel. +47 74 27 83 09 mob: 958 05 084 - 482 87 392
www.fosslia-hytter.no

 NOK 250 - 600 per night
Large apartment NOK 800 per night

Take fv. 715 to Osen from rv17. Cabins for hire - all year! Salmon fishing in the lower part of the river Øyensåa. Nice area for hiking, rich on berries and mushrooms. Trout fishing and hunting.



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Holmset Camping og hytter

Sjøåsen
N-7750 Namdalseid
Tel. +47 922 23 202
rolf@holmsetcamping.no
www.holmsetcamping.no

 NOK 300-550  NOK 130 Broad band
 NOK 100  NOK 30 Internet access.

Idyllically located by Årgårdselven River with access to Salmon and Trout fishing at highway Rv17. 2 km out in the fjord. We have all-year cabins for hire with showers and toilets. God base for outdoor activities. Kayak hire.






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Sjøåsen Hotell

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www.sjoasenhottel.no

  NOK 1100  NOK 900 1/5 - 1/9 + weekend:
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Nice surroundings and home cooking
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Recreational area close to the hotel.



16



Fossekailn Restaurant

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leif@fossekailn.no
www.fossekailn.no



Fossekailn steak – bacalao – marinated wild salmon – Atlantic halibut – leg of lamb - Tapas

For a heavenly culinary experience in a vibrant and exciting restaurant full of charm with a friendly ambience, visit Fossekailn Restaurant in Statland

Foto: Skrythals reklame



Sagvika Gjestehus

N-7777 Nord-Statland
Tel. +47 90 85 04 27
post@sagvika.no www.sagvika.no

NOK 900 NOK 1100 (incl. breakfast plate)

Apartment in annex NOK 1200 per night (3 pers)

Elegant accommodation on Nord Statland

Accommodation includes made beds and towels and access to common kitchen. The main building can be rented as one or divided into two apartments. Price on request.

Fossekailn Restaurant is located near by.



Ledang Rorbuer

N-7777 Nord-Statland
Tel. +47 74 27 94 05 Mob. +47 45 63 19 44
Fax. +47 74 27 94 32
www.ledang-rorbu.no info@ledang-rorbu.no

NOK 5900 per week / NOK 2700 weekend
Included in price is boat with motor and cleaning.

Fisherman's cabins with great location on the pier, with evening sun to 2345 hours (mid-summer).

Apartments with 3 bedrooms (sleeps 10 people)
High standard and fully equipped.



Flatanger



Flatanger is the southernmost coastal municipality on Kystriksveien. Turn off Rv17 at Sjøåsen and follow Rv766 to Flatanger. Utvorda features a very nice restaurant, Sjøbua Spiseri, whose specialty is seafood.

SIGHTSEEING

We recommend a visit to the lighthouse Villa Fyr or the Utvorda fortress. Villa, from 1839, was the last lighthouse with a coal fired flame to be built in Norway. Utvorda fortress was built during World War II and was the largest fortress on the Norwegian coast. We recommend you hire a guide for the visit or take a walking tour along the marked trails on your own.

WHITE-TAILED EAGLE AND OCEAN FISHING

There are around 1,000 islands in the Flatanger archipelago. We recommend a trip with a hired fishing boat to the rich ocean fishing grounds. These voyages also provide a chance to see the majestic white-tailed eagle, of which there is a large population in Flatanger. We also recommend nature-safari. Contact the tourist office for more information or visit www.flatanger.net. There are many types of activities available.

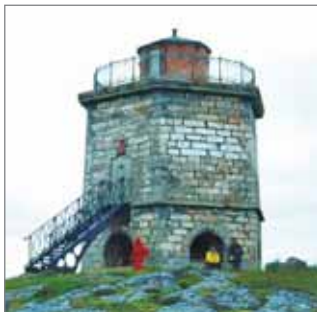


PHOTO: OLAV BREEN



Activities include: Lake or sea-fishing, guided nature walks, archipelago cruises, diving, sea rafting, etc.

Tourist information

Flatanger municipality
N-7770 Flatanger,
Tel. +47 74 22 11 10 / +47 74 22 11 00
Fax +47 74 22 11 80
www.flatanger.kommune.no

Einvika Overnatting og Havfiske

N-7770 Flatanger
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rheinvik@online.no / www.einvika.no

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Guided trips to the lighthouse Villa Fyr



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Sjøbua Spiseri

- Seafood restaurant
Utvorda havn, N-7777 Nord-Statland
Tel. +47 74 28 88 54 / Fax. +47 74 28 88 55
eigrand@frisurf.no

- Dinner from NOK 110-190
- House for rent - sleeps 15 people.
- Seafishing.
- Next to a coastal fortress from World War II.



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Kvaløysæter Camping og Fritid

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post@kvaloysetercamping.no
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Namdal Akvasenter

Aquaculture centre

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post@namdalakvasenter.no
www.namdalakvasenter.no

Experience a full-scale aquaculture centre, a close-up view of the sea, the fish and the technology.

Open on weekdays 15/6 - 15/8: 9 am - 2 pm

Inside the center you may join the guided presentation and the modern multimedia show.

Daily boat trips to the facility at sea at 2 pm.



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LITERATURE KYSTRIK



Webshop:
www.rv17.no

The Coastal Road

This travel guide by Olav Breen, published by Cappelen, gives both useful travel tips, and also makes you eager to travel. Richly illustrated with wonderful pictures.

Price NOK 99



Namsos



Namsos is the major town of commerce in Namdalen, and serves as the traffic hub connecting Rv17 and Rv769. There is a connection to Trondheim via ExpressBus, bus service to Steinkjer and Levanger with train connections to Trondheim. Regional airport serviced by SAS Widerøe. Express boat service to Jøa, Abelvær, Rørvik and Leka.

SIGHTS AND SHOPPING

Namsos has a candle factory, Namsos Lysstøperi, in the delightful old roundhouse; you can see candles of all different shapes and sizes. In the culture centre, there is a major gallery with a museum shop with local artists. Oasen is an attractive swimming pool inside a mountain.

MUSEUMS

In Namsos you can visit Norway's only museum for steam-operated sawmills, Spillum Dampsag og Høvleri, which has been operating in the same way for 40 years. You should also visit Namdalsmuseum, the district museum for the whole Namdal area, where the exhibitions include Norway's only historical collection of hospital equipment.

ISLAND HOPPING

With the coastal express "Namdalingen" you can bring your cycle, hop on board and explore the Namdal archipelago. You can go ashore at Jøa, Leka and the islands Sør-Gjæslingen or



PHOTO: WACLAW KUSNIERCZYK

The wharfs of Namsos

continue to Rørvik, and visit the national coastal culture centre Norveg.

OTTERØYA

Otterøya is the main part of the Namsos coastline. Here you will find the world's northernmost deer population with over 600 deer. Otterøya is also an attractive area for fishing in the fjord, either from a boat or from the shore.

Namsos



PHOTO: OLAV BRENN

View from the mountain 'Klommen'

SALMON

The queen of rivers, Namsen, is well known for its good salmon fishing, but there are also several other smaller rivers. At Otterøya you can experience traditional salmon fishing at sea. Please contact the tourist information for information on fishing licenses.

WALKS AND SCENIC VIEWS

Only a 20 minutes walk away from down town, is the mountain top Klommen. You can also drive all the way to the top. At the foot of the mountain Klommen you will find the park Fredriksbergparken with bun-

kers inside the mountain in addition to other traces of military activities. The fittest walkers can walk the trail from the park to the mountain top.

Tourist Information

Midtre Namdal

Box 478, Sentrum N-7801 Namsos
Tel. +47 74 22 66 04 - Fax: +47 74 22 66 01
www.namsosinfo.no
www.namdalskysten.no



Ann travels the Kystriksveien :-)

22 minutes ago



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www.finnangerbrygge.no



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NOK 1190

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Renovated beach area.

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1/9 - 31/4

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1/5 - 31/8

 NOK 450 - 950

 NOK 200 - 250

 NOK 100 - 200

Namsos Camping as

Box 408, N-7801 Namsos. Tel. 74 27 53 44 Fax: 74 27 53 93

Email: namscamp@online.no

www.namsos-camping.no


Italian hotel & Restaurant


30



Verftsgt. 5, Namsos
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www.tinoshotell.no
booking@tinoshotell.no

Restaurant - in a nice Italian atmosphere
14 double rooms, 3 suites and 2 conference rooms.

 1000 - 1500 NOK

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Family room 1300 - 1600 NOK



Low cost propan gas!

31

Autogas - Cylindergas - Accessories

Please see page 20

Oasen Namsos Miljø og Svømmesenter

Jarle Hildrumsv. 6, N-7800 Namsos
Tel. +47 74 21 90 40 / Fax. +47 74 21 90 45
www.oasen-namsos.no

Open: Mon-Fri 09 - 20
Sat-Sun 10 - 16

- 50m pool (28C) • Diving section • Water slide
- Children's pool/practise pool (34C) • Whirlpool
- Gym (open Mon, Tue, Wed, Thur. 08-22) • Cafè



32

Nord-Trøndelag Fylkesgalleri



33

Namsos Kulturhus N-7800 Namsos
Tel. +47 74 21 73 30 - Fax: 74 21 73 01
fylkesgalleriet@ntfk.no
www.fylkesgalleriet.no

- A part of Museet Midt

Sales exhibition of works by Norwegian and international artists. You will also find an artshop and exhibitions from the gallerie's own collection emphasizing local art and crats.

Opening hours:

Mon-Fri: 11-16

Sat: 11-14



"Blått og svart mot purpur Helios",
by Johs. Rian

Namdalsmuseet



- a part of Museet Midt

34

Tel. +47 74 27 40 72
Fax.+47 74 27 23 35
namdalsmuseet@museetmidt.no
www.museetmidt.no

Heritage museum.

Please contact us for guided
tours and information about
our cultural events.

Norway's only hospital museum



35

Lysstoperiet

Lokstallen, Finn Christiansens v.14,

N-7800 Namsos

Tel: 74 21 29 00 www.lysstoperiet.no

E-mail: post@lysstoperiet.no



You may also see our candles being made.

Mon - Fri: 10 - 18 Sat: 11 - 16

Norsk Sagbruksmuseum 36

Spillum Dampsag & Høvleri
Spillum Steam Sawmill and Planingmill)



- a part of Museet Midt

The museum is located beautifully by the fjord Namsenfjorden, where Norway's first sawmill was located. At the museum, established in a sawmill from 1884, you can experience the mill as it was before 1947. The production is still run by old machinery.

Opening hours:

5/6 - 16/8: Mon-Fri 9-17, Sun 12-16.

Guiding available in groups at: 12-14-16.

Rest of the year: Mon-Fri 9-15.



N-7820 Spillum Tlf. 74 27 13 00 Fax: 74 27 60 59
www.museetmidt.no e-post: sagbruksmuseet@museetmidt.no
N 64.44806 E 11.51382

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We've got all you need
- whenever you need it!

www.amfi.no

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21 shops - 300 p-spaces - Pharmacy

Namdalen Area
Information



Welcome to a
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Put down

38

The best shops, 650 p-places,
Vinmonopolet (wine, spirits) and post office



NAMSOS
STORSENTER
i byens

Opening hours 10 - 20 (18)

Explore Namdalskysten from an express boat !

"MS Namdalingen" takes you to Namdalen's fjord and skerries. The regular routes take you between Leka, Rørvik, Abelvær, Jøa and Namsos. Roundtrips all year from Namsos to Rørvik and during the summer you can enjoy roundtrips from Namsos, Jøa and Rørvik to the island Sør-Gjæslingen.



Fosen Namsos Sjø

Expressboat Namsos - Leka

Monday-friday (all year)

	1234	5		5
Gutvik	06:30	06:30	From Gutvik	18:25
Skei	06:35	06:35	Skei	
Fjølrika	x	x	Fjølrika	x
Eidshaug	07:15	07:15	Eidshaug	x
Rørvik	07:40	07:40	Rørvik	19:10
Abelvær	08:10	08:10	Abelvær	x
Jøa	08:35	08:35	Jøa	x
Namsos	09:15	09:15	Namsos	20:30
Namsos	11:45	11:45	Namsos	20:45
Jøa	12:25	12:25	Jøa	x
Abelvær	12:50	12:50	Abelvær	x
Rørvik	13:20	13:20	Rørvik	22:00
Rørvik	13:40	13:40	Eidshaug	x
Abelvær	14:10	14:10	Fjølrika	x
Jøa	14:35	14:35	Skei	22:55
Namsos	15:15	15:15	Gutvik	23:05
Namsos	16:00	16:00		
Jøa	16:40	16:30		
Abelvær	17:05	16:50		
Rørvik	17:35	17:15		
Eidshaug	x	x		
Fjølrika	x	x		
Skei	18:35	18:15		
Gutvik	18:45	18:25		

Day-trip to Sør-Gjæslingen:

Saturday from 23.5.-22.8.*

From Namsos	09.30
To Jøa	10.05
To Sør-Gjæslingen	10.55
From Sør-Gjæslingen	13.15
To Jøa	14.05
To Namsos	14.40

Sunday from 23.5.-22.8.*

From Rørvik	11.40
To Sør-Gjæslingen	12.20
From Sør-Gjæslingen	14.05
To Rørvik	14.45

*) Reservation: 74 21 63 00

*) Children under 16 years accompanied by adult: free.

Sør-Gjæslingen with overnight stay:

In the period (23.05-22.08) you can travel to Sør-Gjæslingen on Saturday, Wednesday or Sunday. Return on Saturday or Sunday. Stay overnight in fisherman's cabin. Booking: 74 36 07 70. www.fosennamsos.no for schedule.

Island hopping by bike on Namdalskysten

Take an express boat to Jøa, Abelvær, Vikna and Leka. A biking map is available at the tourist information or onboard. No charge for the bike.

www.fosennamsos.no Tel. +47 73 89 07 00



Fosnes



Highway Rv 769 out of Namsos takes you to Fosnes municipality and Salsnes on the mainland. Follow Rv 777 to Ølhammeren. You arrive on the island of Jøa following a 5-min. ferry ride. Express boat service from Jøa to Namsos, Abelvær, Rørvik and Leka.

Jøa is known as the land of the Norwegian author Olav Duun. "Siglurd", a traditional Norwegian sailing vessel represents a further development of the old Viking ships. Siglurd and MS "Straumingen", a restored wooden fishing vessel have their home port at Brakstad Harbour, which also has its own pub. Other attractions: Fosnes Rural Museum, The Peat House Museum at Skjærvikskorsen, guiding at the Stone Age farm at Tranås, and historical monuments at Hovssjøen and Fosnes.

JØA

The island of Jøa has minimal road traffic, which makes it extra well suited to cycling. The terrain is varied and offers numerous alterna-

tive routes with ocean views and marsh covered countryside. Easy to navigate thanks to cycling map and clearly marked signs. Free Wednesday sailing outings aboard "Siglurd" out of Brakstad Harbour. Rental of sea kayaks and row-/sailboats.

Wheelchair-friendly facilities: fishing area, view point and rest area at Rakkavika.

SALSNES

On the mainland we find Salsnes. Salsvatnet is Norway's second-deepest lake with a depth of 464 m. The Salsnes area offers a wide choice of wilderness activities, e.g., canoeing on Vassleia.



PHOTO: OLAV BRENN

Odin, from Duun's novel 'I Eventyre'

Tourist Information

www.fosnesinfo.no

www.namdalskysten.no

Tourist Information (See page 29)

Brakstad Hamn

Brakstad Hamn

N-7856 Jøa

Tel. +47 74 28 61 90 / Fax: 74 28 61 91

siglurd@folla.no www.folla.no



Fembøringen Siglurd

Free sailing trips every Wednesday in summerseason at 20:00 (As long as Siglurd's not busy at sea - and the weather conditions are OK)

Adventure tours and rental by request.

The "Åfjordfembøringen" Siglurd is an open fishing /cargo boat that is built using an uncommon building technique and is a further adaptation of the Viking skips and their square and topsail.



Pøbben - "the Pub"

Pub in an old boat house with a fantastic view over the sea. **Open** in summerseason (mid June-mid Aug) Every day in July from 12:00, and Wednesday / Week ends rest of season. Occasional "Shrimp-nights".





Seglloftet - "The Sail Loft"

Handicrafts for sale. Opens on request.

Accommodation: Small apartment for 2 persons.

One room incl. kitchen. Double sleep sofa.

Bathroom incl. shower and toilet in the corridor.

 NOK 500 pr night.  74286200 / 90521919
(NOK 100 pr person 41517236
for bedlinnen/towles)



Jøa Hyttetun

7856 Jøa

Tel. +47 41 39 58 20

www.fosnesinfo.no

 NOK 800,-

6 large quality cabins 5 km from ferry post.
TV, shower,wc, kitchen, 2 separate bedrooms in each cabin. The cabins are equipped for 6 people.

Bedclothes for rent.



The Iron-Age farm at Tranås

Tranås, 7856 Jøa
Tel. +47 91 84 36 03
jarv-tra@online.no - www.rv17.no/tranaas



Join in and build an Iron Age longhouse !

A longhouse is under construction in Tranås. You can take part in the building of the Iron Age farm, catch and cook your own food. Child-friendly area.

Be updated on www.rv17.no/tranaas

At Tranås you will find traces after a 50 meter long pole-house and several burial mounds. You can see signs of human activity since the birth of Christ.



Fosnes Bygdemuseum

Dun, 7856 Jøa
Tel. +47 74 28 67 41 - 74 28 64 70

A local museum with several historic buildings situated around a green court yard.

Open 18. June - 15. August:

Friday: 10.00 - 14.00

Saturday/Sunday: 12.00 - 16.00

Or open on request. Please call.

Entrance: NOK 10,- incl.guiding. Child. u/7 yrs. free.



Salsnes Kro

N-7817 Salsnes
Tel: +47 74286322
Mob: + 47 97673455
royersgut@hotmail.com
www.fosnesinfo.no



Opening hours (Please call for hire outside hours)
1. january - easter: open Sundays, or by appointment

Cafe and facilities for parties. Fully licenced.

We offer 2 rooms for hire that sleeps a total of 6 people.





Welcome to Rakkavika fishing and rest area.

This beautiful site is situated in a nature area around Rakkavika, a bay located south west of the island Jøa. There are some nice fishing spots, rest area, viewing point and a 1250 m long hiking trail. Everything is suitable for wheelchairs and trollies.

Enjoy the view to the author Olav Duuns "Kjelvika" and the ship lane in the west, the open ocean and the islands Sør-Gjæslingen. Experience the nature close up!

For Information: Tel.+47 74 28 64 00 postmottak@fosnes.kommune.no

Jøa roundtrip by bike

The island of Jøa is ideal for cycling – the terrain is varied, the roads are quiet and there are several possible roundtrips. Best of all – the island is well signposted and cycling maps are free!

Let us help you with the planning

Jøa is easy to reach by fast ferry from either Namsos (in the south) or Rørvik (in the north). Combine your roundtrip of Jøa with a visit to the harbour Brakstad Hamn, and a sailing trip onboard Siglurd (refer to previous page).

Order the cycling brochure from us – contact us on tel. +47 74 40 17 17 for help with planning your trip, or visit our website.



www.rv17.no/sykkel



Overhalla



Overhalla is situated at the junction of highways Rv17 and Rv760. Bus service to Grong and Namsos. Short distance to regional airport in Namsos.

ATTRACTIONS

At Bertnem farm by the Namsen River, on Rv760 towards Grong, there are three monumental hills dating from the Iron Age (550-800 AD). Bertnem was considered a king's estate or chieftain's seat for large parts of the Namdalen Valley during the Merovingian period. The lovely Ranem church is more than 800 years old. It is constructed in Romanesque style from rocks with a marble base. Open in July 10:00-15:00. About 2 km from Overhalla you find Haugen Keramikk, with a pottery workshop and sales exhibition. Salmon-fishing exhibition in "Mølla" at Ranemsletta during the summer season.

FISHING IN THE NAMSEN RIVER

Namsen is one of Norway's best salmon rivers. It divides the municipality of Overhalla in two parts.

Salmon fishing in the Namsen and Bjøra Rivers is a great attraction. You can fish from land; try fly fishing or fish from a boat at very reasonable prices. Fishing licenses are available at the local sports dealer. The tourist information in Namsos will help you find available salmon fishing.

ACTIVITIES

Suggested routes and maps for round-trip excursions by foot or bicycle in Vesterå are available at the Tourist Information Office and from some overnight accommodation providers. Excellent tour options departing from Skistad (Øysletta) on the south side of the Namsen river, and from Reinbjør (Skage) and Solum (Skogmo) on the north side.



PHOTO: OLAV BRENN

The Salmon river Namsen

Tourist Information

The tourist office for Overhalla is located in the centre of Namsos! (Page 29)
www.overhallainfo.no





Overhalla Hotel

N-7863 Overhalla
 Tel. +47 74 28 15 00
 oddvar@overhalla-hotel.no
 www.overhalla-hotel.no



Large rooms of good quality.

 NOK 900

 NOK 1050

Extra bed: NOK 150. Children in extra bed or separate rooms 1/2 price

NOR  HOTELS
 Fjordpass

Overhalla hotel lies centrally along the Kystriksveien (Rv17). Our restaurant focus on home cooking and local foods. We have salmon, elk and grouse (bird) on the menu.

220 km from Trondheim. 100 km to Steinkjer.
 22 km from Namsos. 160 km from Brønnøysund.

The salmon river Namsen is right next door and if you would like to try salmon fishing we can offer equipment and guides. We also tell you where to drive to spot elk. Golf course 2 km away.



Haugen Keramikk

Liv Aursand, N-7863 Overhalla
Mob. +47 975 95 385 / Tel. + 47 74 28 11 52
Email: livaur@online.no
www.haugenkeramikk.no

- **Artistic handcrafts. Work shop and gallery**
- **2 km from Overhalla centre, towards Øyensletta.**

Opening hours:
From 15. june to 30. july
Tue - Fri: 11-15
or please call for appointment.



Bjøra Camping

N-7863 Overhalla
Tel. +47 478 40 121
j-blen@online.no
www.bjora.no

We sell fishing licences for the river Bjøra



NOK 300-500



NOK 150



NOK 80

Apartments: NOK 850 (5pers)



NOK 30

Large lavo with beer and wine licence.



SOUVENIR BOOK

Suddenly – A New Landscape!

In the book "Suddenly – A New Landscape" we present some of the best motives from Kystriksveien. This is a souvenir book for anyone who has driven this road or perhaps to someone you would like to share the experience with. Order your copy at www.rv17.no - today!



NOK
99



Høylandet

A living agricultural community in the centre of the Namdalen valley. Høylandet is located by Kystriksveien (road Rv 17) between Kongsmoen and Vassbotna. It is just 14 km from highway E6 in Grong via road Rv 775.

ACCOMMODATION/SERVICES

Høylandet is best known for being the venue for the Norwegian revue festival which takes place every two years. The next festival is in July 2011. A bank, garage, sub-post office and municipal services in the commercial centre. Høylandet's regional culture facilities, ski trails, shooting range, school etc. provide venues for a flourishing cultural life with stage activities, music and sports.

SIGHTSEEING

Høylandet church is home to a reproduction of the 12th century tapestry Høylandsteppet, a rare preserved piece of Norwegian medieval church artwork. The 75-metre water fall Grongstadfossen is an impressive sight when the water level is high. In addition, the covered bridge Hammer Bru is a rare cultural monument. It is one of the longest remaining covered bridges in the world. Wetland area with a rich bird life. Watch tower accessible for the general public.

OUTDOOR LIFE/EXPERIENCES

The area is home to over 200 fishing

lakes and good salmon rivers.

There are numerous small side roads and forest roads ideal for cycling and walking. There are marked walking trails starting from the main road, known as "hållingtopp" walks. Høylandet boasts one of the region's best ski trail networks, which is maintained by Høylandet Tråkk. Ice fishing in the winter and cheap char and trout fishing. Fishing permits and boat hire available from petrol stations and camp sites. Vision: Fly as high as you can with both feet planted on the ground.



Norwegian Revue Festival

Tourist information:

Tel. + 47 74 32 48 00

Fax + 47 74 32 48 01

Email: postmottak@hoylandet.kommune.no

www.hoylandet.kommune.no

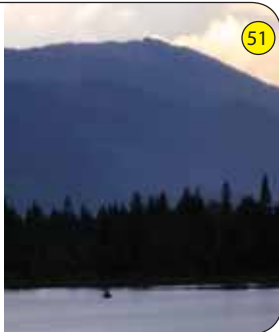
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Flåt Camping

N-7977 Høylandet
 Tel. +47 74 32 24 12 / Mob: 906 39 427
 Fax. +47 74 32 26 44
 ulf.mediaas@buso.no

🏠 NOK 350 - 550 🚐 🚚 NOK 150
 🏕️ NOK 100 🍷 NOK 30

Prices are for 2 pers. From 3 pers + NOK 20 pr pers
 Boatrental and we sell fishinglicences .



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Revyrikets Gjestegård

N-7977 Høylandet
 Tel. +47 74 79 98 37
 post@revyrikets-gjestegard.no
 www.revyrikets-gjestegard

Accommodation - Food - Meetings and conference

Stay in single or double rooms decorated with
 theme from the Norwegian cabare festival.



BLÅTUR MOT NORD New DVD from Kystriksveien

An Englishman arrives in Steinkjer on his old motorcycle
 with a sidecar. He finds himself exploring Kystriksveien
 on an adventurous tour to the north. As he travels he visits
 many of the famous sights and attractions along the way!



NOK **149**

KYSTRIKSVEIEN REISELIV • TEL +47 74 40 17 17



The municipality centre Kolvereid is Norway's smallest town

NÆRØYA CHURCH

During its thousand-year history Nærøya (Njord's island) has been a religious, administrative and financial centre in Namdalen. On the island we can find ruins from one of Norway's oldest stone churches, St. Maura, which dates back to the 11th century. To get to the island please contact the local tourist office at the town's library for information about boat services.

SCENIC ROADS

Landnåmsvegen between Rørvik and Abelvær has lots to offer. Here you will find galleries, and much more. Hundhammerfjellet is an excellent place to visit for a good view and to see the largest series-produced windmill in the world. Landnåmsveien is great for cycling, and there is a daily ferry service between Rørvik and Abelvær. Contact the tourist office for a separate brochure or visit www.landnamsvegen.no.

Experience salmon fishing in the river Opløelva at Salsbruket, and the potholes near Galtneset. The small town Abelvær has a very nice beach and you can play golf at Ottersøy.

OTHER ATTRACTIONS

Remmastrauman old waterways connects several fjords in Nærøy and can be explored by boat or by foot. The historic trail at Smines close to Lund is also recommended.



PHOTO: JOHAN WILDENHAGEN

Tourist Information

Nærøy Library Tel: +47 74 38 26 90
or Nærøy municipality
at the Service office Tel: +47 74 38 26 00
N-7970 Kolvereid
postmottak@naroy.kommune.no
www.naroy.kommune.no
www.namdalskysten.no

Kvisterø Kystcamping

N-7970 Kolvereid
Tel. +47 90708735
j-steenb@online.no
www.kvisteroe.com

15/5 - 31/8 1/9 - 14/5 🏠 NOK 260-800

🏠 NOK 300-860

🚗 NOK 150 🚚 NOK 150

⚠️ NOK 100-150 Marina for your boat:

🚤 NOK 40 NOK 35 small / NOK 60 large



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Salsbruket Storstue DA Elgen Kafé og Pensjonat

Diner with pub and facilities for events.
Salmon fishing in Opløvelva.

N-7960 Salsbruket
Tel. +47 74 39 41 66
Mobil: +47 41 55 99 95
E-post: grewa@online.no
www.elgenkafe.no

🏠
Singl. room NOK 300 - 400 Apartment NOK 690
Dbl. room NOK 400 - 600 Cabin NOK 600

Opening hours (01.05 - 31.08 / winter closed):

Summer (01.07-31.08) Spring (01.05-30.06)

Mon-Thur : 14-20 closed

Friday : 14-23 closed

Sat/Sun : 12-21(18) 12-19(17)



54

Sildvika Overnatting, Hytte og Båtutleie

Sildvika
N-7990 Naustbukta
Tel. +47 74 39 75 92 Mobil. +47 977 90 915
bjorn_tangen@hotmail.com

🏠 NOK from 450 ⚠️ NOK 120
🚗 NOK from 350 🚚 NOK 110 🚤 NOK 40

Apartment: 2 beds w/ kitchen, 🚤 NOK 250 per day
shower/WC. NOK 450 w/ linen 16 feet boat w/motor



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Kolvereid Fjordhotel

Bjørkåsvegen 1, N-7970 Kolvereid
Tel. +47 743 82 550 Fax. +47 743 82 551
booking@kolvereid-fjordhotel.no
www.kolvereid-fjordhotel.no

Welcome to a nice stay and enjoy our good food and service.
A nice place for fishing and other outdoor activities.

18/6-31/7: NOK 780 18/6-31/7: NOK 650
1/8-17/6: NOK 1090 1/8-17/6: NOK 980
(per night) Weekend: NOK 780 (per night) Weekend: NOK 650



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Strandval Pottemakeri

Strand
N-7970 Kolvereid
Tel. +47 74 39 42 40 Mob. +47 41 60 61 54
pasorli@online.no
www.strandvalpottemakeri.no

Sales exhibition:
Works in stoneware and porcelain by Bente Høydahl and Per Arne Sørli.

Open all year:
Monday - Saturday 10 -18 hrs.
20.Juni - 20.Aug. Also Sunday 12 - 16 hrs.



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Kolvereid Familiecamping

Nedre Kirkåsen 23
N-7970 Kolvereid
Tel. +47 74 39 51 94 / 97 65 27 27
alfebbe@online.no
www.kolvereidfamiliecamping.no

🏠 NOK 1190 🚗 NOK 185-220

New camping site opens in 2010.
High standard cabin, two floors, until 6 people.
3 bedrooms, shower/bath and kitchen.



58



Vikna

Rørvik



Norveg, Coastal Norway's most spectacular landmark lies "moored" at Rørvik. Become familiar with Coastal Norway's development in the course of 10,000 years through exciting accounts; learn about living in coastal communities, as well as the challenges of tomorrow!

COASTAL CULTURE

Experience local history first hand and join a guided excursion through the Coastal Museum in Nord-Trøndelag, featuring Woxeng's Collections and numerous historical buildings in Rørvik's city centre. At the Norveg regional museum and cultural centre, 10,000 years of history are presented through a fascinating exhibition. Make the trip to the municipality's two protected fishing villages; Sør-Gjæslingan and Nordøyen.

Stay in old fishermen's huts, in the home of the station's owner, or take a guided day tour. Join us on a historical walk. From building to build-



4 100



317 km²



Rørvik

Fisheries, aqua-culture, seafarming, service and travel.

ing until we end our tour at the old Berggården Trading Post. Rørvik's new "highlight" – Norveg – towers majestically over the harbour area. This is also where the north- and southbound Coastal Express ships meet every evening.

ISLAND HOPPING

Vikna's unique archipelago features 6,000 islands, and offers visitors various activities including ocean fishing, canoeing, kayaking, rafting, diving, hunting, cycling and tour walking.



PHOTO: TERJE RAKKE / NORDIC LIFE

Old wharfs in Rørvik

Norveg – centre for Coastal Culture and Industries

Tourist information - N-7900 Rørvik
Tel: +47 74 36 07 70 / +47 74 36 16 70
Fax: 47 74 36 07 71
post@museetmidt.no
www.namdalskysten.no
www.vikna.kommune.no
www.museetmidt.no

NORVEG

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- part of organization "Museet Midt"



Norveg - N-7900 Rørvik
Tel. +47 74 36 07 70
Fax +47 74 36 07 71
post@museetmidt.no
www.museetmidt.no

Norveg, Coastal Norway's most spectacular landmark lies "moored" at Rørvik. Become familiar with coastal Norway's development in the course of 10 000 years through exciting accounts, learn about living coastal communities, as well as the challenges of tomorrow.



THE OLD TRADING POST BERGGÅRDEN
Daily strolling theatre in July.
Join us on a historic stroll through old Rørvik, ending up at Berggården.



THE FISHING STATION SØR-GJÆSLINGAN
Stay in old fishermen's shacks in the home of the station's owner, or take a guided day tour.





KYSTHOTELLET

RØRVIK A/S

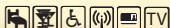
60



1/7 - 10/8 from 1250 kr
11/8 - 30/6 from 1350 Kr



1/7 - 10/8 from 850 Kr
11/8 - 30/6 from 1250 kr



Booking

74 36 66 00

Storgt. 20 N-7900 Rørvik
post@kysthotellet.no
www.kysthotellet.no



Rørvik Rorbuer as

61

High standard fisherman's cabins in Rørvik centre!



Open all year!

Nyveien 12 - Pb. 327 - N-7900 Rørvik Booking: +47 478 02 240 - Tel: +47 74 39 12 00


Fax: +47 74 39 13 20 - post@rorvikrorbuer.com - www.rorvikrorbuer.com

Kleiva Camping

Evenstad, N-7900 Rørvik
Tel. +47 901 90 516
Fax. +47 74 39 19 08
kleiva.camping@ntebb.no
www.kleivacamping.no

 NOK 600-900

 NOK 184 incl. elect.

 NOK 130 per tent incl. shower.

Washing machine and dryer available.



62



Hansvik Sport

Kjøpmansgt. 11
N-7900 Rørvik
Tel. +47 74 39 08 76 / +47 95 97 13 44
post@hansvik.g-sport.no
www.hansviksport.no / www.gsport.no



Sports shop in the centre of Rørvik.

Fishing equipment and fishing licenses. **Hire of Kayaks.** Hire of clothing. Cycle workshop and **cycle hire.** Outdoor equipment. Hire of outdoor-equipment. Hunting equipment. Sale of **hunt-locations and hunting licences.** Visit our website.

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Skjærgårdscamping AS

Austafjord - 7900 Rørvik
Tel. +47 74 39 25 20 / Mob. +47 91 18 42 06
Fax. +47 74 39 00 22 / bpette5@online.no
www.fishcamp.no

 4500 per week - cabin for 4 persons

5000 per week - cabin for 6 persons

6500 per week - apartment for 6 persons

 FROM NOK 350 per day /450 per day

High standard accommodation.



64





Løvøen Gård is a restored coastal trading post dating back to the late 19th century. Here you will experience a unique coastal community set in beautiful scenery, with rocks and skerries as the nearest neighbours. The farm is on the island of Lauvøya, 8 km from the centre of Rørвик. We have boats and apartments in various sizes with a good standard.



Løvøen Gård, Lauvøya N-7900 Rørвик - Tel. 97 15 16 68
www.lovoengard.net Email: kristin@lovoengard.net



Author Torvald Sund
 Composer: Kyrre Havdal
 Director: Erik Ulfby

Trua og saltet

66

An historic play in Garstadvågen by Garstad church in Vikna, with professional and local actors. This is the story of those who were expelled from the church, Hans Nilsen Hauge and the people who lived on Viknaøyene islands at the beginning of the 1800s. **Premiere 2nd July. Performed during the period 2nd-5th July.**

Tickets: Tel. +47 74 39 24 70. www.truaogsaltet.info



Skreifestivalen.no

18 - 21 March 2010

67



Skreifestivalen is a food and cultural festival in maritime surroundings.

Join in on various cultural events, and take part in the strolling theater - a historic stroll through old Rørvik.

Enjoy a meal of spawning cod !

For more information:

Tel. +47 74 36 07 70,

epost: post@viknanett.no

Arr.: Vikna Næringsforening

Foto: Merten Wengstad

BLÅTUR MOT NORD New DVD from Kystriksveien

An Englishman arrives in Steinkjer on his old motorcycle with a sidecar. He finds himself exploring Kystriksveien on an adventurous tour to the north. As he travels he visits many of the famous sights and attractions along the way!



NOK **149**

KYSTRIKSVEIEN REISELIV • TEL +47 74 40 17 17

KYSTRIKSVEIEN REISELIV AS

rv17.no

INFO-CENTER • TOURIST INFO



Leka



The coastal municipality of Leka consists of Gutvik on the Austra peninsula and the island of Leka. Leka is accessible via ferry from Gutvik (20 min. driving via Rv 17) or express boat from Namsos.

The saga island of Leka has a rich cultural heritage and offers unrivalled natural attractions and fantastic mountain formations. The red serpentine mountains make it one of Norway's most beautiful and unique islands.

Skei and Skeinesset are one of Norway's 20 selected cultural landscapes comprising coastal heather-covered hills, Red List vegetation and birds, endangered cultural land and listed cultural monuments, including Norway's largest ship burial mound, Herlaugshaugen. The area has a marked walking trail, with detailed information.

The cave Solsemhula with its famous cave paintings. (Guided tours only – see separate advertisement page 58). The local heritage museum Leka

Bygdemuseum (open in July), and the crofters' museum Gutvik Husmannsmuseum. The rock centre Leka Stein-senter provides an insight into Leka's geology. There is also a special geology trail. Through the binoculars installed on the west coast of Leka you can see the islands of Sklinna, Hortavær and the mountain of Hagafjellet, where in 1932 a small girl was found after being snatched by an eagle.

Leka boasts many marked hiking trails. Hiking map for sale. The fair Herlaugsdagene takes place in week 28/29 – organised activities every day.



PHOTO: JOSTEIN HILLER • LEKA-CAMP NO

Halibut 120 kg, Leka 2009.

Information

Tel +47 74 38 70 00
www.leka.kommune.no

Leka motell og camping

68

N-7994 Leka

Tel. +47 74 39 98 23

post@leka-camp.no

www.leka-camp.no



Stone cabins and caravan sites with panorama view. Spacious rental boats with windshields and roofs (15-230 HP 4-stroke motors). Stone centre open Tue., Thu. and Sat. 12-14 in July. Otherwise Sat. 12-14.

NOK 400-920

NOK 40

NOK 680-970 NOK 160-190



Nausthaugen Hytter

69

N-7994 Leka

Tel. +47 74 39 98 96

kowalk@online.no

www.nausthaugen.no

6 persons Boat to hire

NOK 820 per night NOK 4900 per week

We offer well equipped cabins of high standard.

Very nice view to the ocean.

We are located 10 min away from the ferry port.



Husby Handel

70

N-7994 Leka

Tel. +47 74 39 97 70

Fax. +47 74 39 97 52

joker.husby@ngbutikk.net

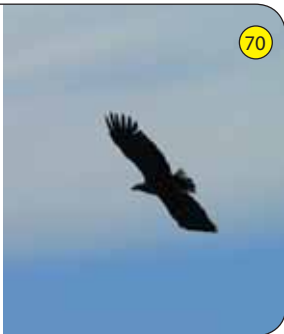
Open:

Mon - Fri: 09 - 20

Saturday: 09 - 18

Sunday : 15 - 18

Medicine sale. Tourist information



Vertshuset Herlaug

N-7994 Leka
Tel. +47 74 39 98 09 Fax. +47 74 39 98 10
vida-fu@online.no
www.vertshusetherlaug.com

 Summerhouse NOK 800 (10 beds).
Apartment NOK 600-700

The guesthouse is situated next to the sight Herlaugshaugen, Leka museum, guest harbour and the ferry dock. **The event "Skei dagan" 2010:** 10 - 17 July with local music and dance.



Leka Opplevelser BA

N-7994 Leka
Tel. +47 917 75 104
krifloa@online.no

We provide guided tours to various places on the island of Leka. Explore the viking grave Herlaugshaugen or the mt. Lekamøya and much more. Guided tours in Solsemhula (photo) on Saturdays at 14.00 hours from June-August. In July also Tue. and Thu. at 14.00 hours
Contact us for prices and booking.



Kystriksveien Travel Guide

This Travel Guide by Olav Breen, published by Cappelen, gives both useful travel tips, and also makes you eager to travel. Richly illustrated with wonderful pictures!

Price NOK 99



Helgeland



HELGELAND museum



Museums along the road

- 1 Bindal bygdetun, Vassås
- 2 Sømna bygdetun, Vik
- 3 Velfjord bygdemuseum, Strøm
- 4 E-huset på Nes
- 5 Vevelstad bygdetun
- 6 Petter Dass-museet, Alstahaug
- 7 Herøy bygdesamling
- 8 Nordvika gamle handelssted
- 9 Leirfjord museum, Leland
- 10 Nesna museum
- 11 Grønsvik kystfort, Stokkvågen



Helgeland Museum - Tel. 75 11 01 00
www.helgelandmuseum.no



Bindal, the southernmost local authority in the county of Nordland, has just under 1,700 inhabitants and borders on the county of Nord-Trøndelag in the south.

Bindal has a varying and beautiful nature. The area has agriculture, fishing and industry. The old tradition of building the four-oared boat Bindalsfæringen is kept alive. There are plenty of lodgings in Bindal, including a camp site, cabins, houses and hotels, many with fishing opportunities and boats. The Bindalsfjord has a great variety of fish and is popular with both visiting and local fishing enthusiasts. There are also numerous fishing rivers and lakes that offer great opportunities for a peaceful and relaxing nature experience in beautiful surroundings. From the peak of Heilhornet, 1,058 metres above sea level, you can see far across the ocean, mountains and towns on a clear day.

THE NORDLAND BOAT REGATTA

Every year during the last weekend of June, Terråk is host to a regatta of traditional Nordland boats. It is Norway's largest muster of Nordland boats.



PHOTO: ERLEND HAARBERG

Mountain hiking at Vassas

Tourist Information of Sør-Helgeland Destination Helgeland as:

Tel: +47 75 01 80 00 - Fax: +47 75 01 80 01
Bindal
Tel: +47 75 03 25 00 - Fax: +47 75 03 25 09
postmottak@bindal.kommune.no
www.visithelgeland.com
www.bindal.kommune.no

Svaberget Camping

N-7982 Bindalseidet

Tel. +47 75 03 17 23 / Mob. +47 91 31 57 70

Fax. +47 75 03 16 67

🏠 NOK 450 - 650

🚚 NOK 180 incl. elect.

🚐 NOK 180 incl. elect.

🚣 NOK 300 per day



73



Færingen Gjestegård

N-7980 Terråk

Tel. +47 41 42 24 25

post@terraak.no www.terraak.no

🛏 1/6 - 31/8 NOK 690 🛏🛏 1/6 - 31/8 NOK 1000

1/9 - 31/5 NOK 790 1/9 - 31/5 NOK 1190

🏠 per night: NOK 1000
(Bed linen NOK 100 p.p.)

Room prices include breakfast. Free entry to events at the guesthouse. Free wireless broadband.



74



Bogen Feriehus

Bogen, N-7982 Bindalseidet

Tel. +47 75 03 17 00 Fax. +47 75 03 24 50

Mob. +47 480 66 394 post@bogen-feriehus.no

www.bogen-feriehus.no

We offer large apartments with five beds.
NOK 650 - 700 per night. TV in all apartments.

🏠 NOK 750 per night

🚣 NOK 300 per night

Large boat with skipper: NOK 750 per hour.

Large BBQ cabin available for our guests.



75



Kjelleidet Camping

N-7982 Bindalseidet

Tel. +47 47 04 15 33 - 91 32 90 09

www.kjelleidet.no stuhanse@c2i.net

 NOK 350 - 700  NOK 250 - 400 ex.fuel.

 NOK 150 incl.elect.  NOK 80 - 110

Located next to RV17 at Kjelleidet, 19 km south of Holm ferry port. The cabins are situated by the sea. Short distance to the Mt. Heilhornet (1063).



76





Holm Camping



Holm


N-7982 Bindalseidet

Tel. +47 75 03 12 42

estheld@hotmail.com

 NOK 250  NOK 500

 NOK 130  NOK 80-100

 NOK 40



77

Gammelbutikken på Helstad

N-7980 Terråk

Tel. +47 750 32 466 / Mob. 951 78 391

www.sjofiskehelgeland.no

Fully equipped apartment to sleep 10 people.
NOK 600 + 50 per pers. per day incl. bed linen.

Fully equipped apartment to sleep 4 people.
NOK 400 + 50 pr pers. per day incl. bed linen.

Boat w/motor NOK 150 per day + fuel.
New large floating pier.



78

Sømna

*Norway's geographical centre is in Sømna,
7.3 km south of Torghatten.*

The Kystriksveien runs through the municipality and Vennesund – the gateway to the Helgeland coast from the south. Here you will find Sømna's contribution to "The Northbound Trail" project, comprising an exhibition on coastal culture, a sculpture, Olavskilden (healing natural spring), a restored house with a cafeteria on the wharf; collection of local boats; and a stone pile from the Bronze Age. Boats are also for rent for fishing and sightseeing, or you can enjoy a meal in the cafeteria on the wharf.

SØMNA FARM MUSEUM

In the municipal centre of Vik we find the Sømna Farm Museum which presents the activities of the farming fisherman. Close to the Farm Museum you can also buy local arts and handicrafts.

Vik has an inn and guesthouse with lodgings. The Berg area features numerous fishing areas along with

two excellent outdoor recreation facilities at Sørstraumen and Nordstraumen. The area along Nordstraumen towards Dala and the Rørmarkvassdraget water system is also well suited to pole fishing for trout. It's a canoe dock at Sundshopen and a floating dock at Berg. Sømna offers prepared trails to beautiful nature experiences.



PHOTO: ORSOVA HAARBERG

Tourist Information for Sør-Helgeland, Destination Helgeland as

Tel: +47 75 01 80 00 - Fax: +47 75 01 80 01
Sømna Tourist Information
Tel: +47 75 02 83 96 - Fax: +47 75 01 50 01
www.visithelgeland.com
www.somna.kommune.no

Vennesund Brygge & Camping **** 79



- Camping with cabins, fisherman's huts and rooms.
- Suitable for fishing. We have boats for rent as well as a indoor gutting facilities.
- Located on the ferryport at Vennesund, 50 km south of Brønnøysund and 300 km from Trondheim, 400 km from Østersund.
- Diving compressor - Boats - Fuel - Gass



Fisherman's huts/cabins/rooms:

16/8-30/3 NOK 350-750

1/4-15/8 NOK 490-920

NOK 170

NOK 30

NOK 100-150

from NOK 350 night

NOK 75

**N-8920 Sømna - Tel. 75 02 73 75 Mobil: 906 05 426 Fax: 75 02 73 36
www.venesund.no Email: info@venesund.no**



80

Sømna Kro og Gjestegård

A la carte menu - Pizzeria (homemade) - Pub - 66 beds



NOK 990 NOK 750



Vik i Sømna N-8920 Sømna Tel. +47 75 02 94 60
hegeycesar@gmail.com www.somnakro.no

Kvaløy Brygge

Sør-Kvaløy N-8920 Sømna
Tel. +47 996 15 266 - 413 38 582
Fax. +47 75 02 85 82
info@kvaloybrygge.no
www.kvaloybrygge.no

Apartment with 2 bedrooms (6-8 beds) NOK 750
Apartment with 1 bedroom (5-7 beds) NOK 650
Boat rental NOK 250 per day
Well equipped and high standard apartments.
900 meters from Vennesund ferry port.



Porsvika Gårdsferie

Kvaløya
N-8820 Sømna
Tel. +47 75 02 73 07 Mob +47 950 44 864
frapett2@online.no
www.porsvika.no


 NOK 850

Traditional house with two bedrooms and a loft.
Sleeps 8-10 people. Bathroom, kitchen and two
living rooms. TV. Nice location, 50 meters from the
beach. 1,5 km from Vennesund ferry port, follow
road sign to Rossvika. Farm with domestic animals.





Bjørnvika Natursenter

N-8920 Sømna
Tel. +47 75 02 94 50 Mob. 970 20 202
Fax. +47 75 02 91 90
willyt@online.no
www.bjornvika.com

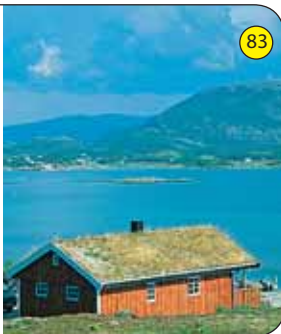
 NOK 380 - 900

  NOK 120

 NOK 300-500

 NOK 90-130  NOK 35

High standard cabins with ocean view.



Klakkskjæret Pub og Restaurant

Berg i Sømna
N-8920 Sømna
Tel. +47 75 02 73 65
klakkskjaret@live.no www.klakkskjaret.no

New exciting restaurant at Berg i Sømna.
Our food is based on local produce. Try our special "Klakkskjæret steak." Lunch and dinner.
A la carte menu. Also outdoor tables with sea view.

Situated in the guest harbour, 100 m from rv17.




84

Ellens Butikk

Handycraft shop
Trælnes, N-8920 Sømna
Tel. +47 75910285 / +47 97005625
ellsol@online.no
www.ellensbutikk.no

Welcome to Ellens Butikk (Ellen's handycraft shop).
See sign by the main road. **Opening hours:**
Saturday 11 - 15. Or by appointment. Sale of
handycrafts - handcoloured fabrics,
specialcoloured yarn, quilts, buttons, Janome
sawingmachines.

 Transportation to Torghatten available.



85

BLÅTUR MOT NORD New DVD from Kystriksveien

An Englishman arrives in Steinkjer on his old motorcycle
with a sidecar. He finds himself exploring Kystriksveien
on an adventurous tour to the north. As he travels he visits
many of the famous sights and attractions along the way!



NOK 149

KYSTRIKSVEIEN REISELIV • TEL +47 74 40 17 17



Sømna kommune



Havnegata at Berg

Sømna municipality is situated in the middle of Norway and is Northern Norway's grain chamber. It is a municipality who aims to develop local businesses and create a good environment for both visitor and its inhabitants. Explore our fantastic nature and why not go on an elk safari early in the morning or spend the evening in our skerries fishing. Sømna offers excellent bike trails as well as very nice walking trails. We have some amazing white beaches where you can go swimming. Or you can go dining at one of our nice restaurants. Try our new restaurant Klakkskjæret Restaurant and Pub at Berg, where you also will find a service center with washing machines, toilets etc. If you would like to move to Sømna we can offer slots for building houses or cabins at a friendly price. You may contact us for more information.

Welcome to a municipality for "good living".



For more information about: Sømna kommune,
www.somna.kommune.no

Mayor: Edmund Dahle, 75 01 50 11/90 84 10 15

Consult of commerce Tor-Arne Bakke: 75 01 50 13/97 50 85 99

A milk ramp at Dalbotn. View to Ursfjorden. The wharf at Innermarka. The statue of Paul Knutsen



Brønnøysund is Sør-Helgeland's regional centre with all amenities. The Coastal Express calls at Brønnøysund every afternoon, and always creates a "special feeling of excitement" on the dock. The city's local airport enjoys several daily departures to the north and south, along with numerous daily bus connections to Sandnessjøen, Mosjøen and Namsos. Brønnøy features a variety of business activities, and agriculture is still a key industry in this municipality. Brønnøy's other industries range from marble operations and aquaculture to a well-established offering of services. The Brønnøysund Register Centre is one of Norway's largest employers with more than 450 employees.

TORGHATTEN

Tradition has it that the hole in Torghatten was made by an arrow from Hestmannen – the "Horse-man". The Saga also narrates how the many mountains along our coast came to be. The hole in Torghatten is 166 meters long, 75 meters high and up to 28 meters wide. Torghatten is situated about 15 km from Brønnøysund. There is a groomed trail up to the hole (about a 20 min. walk). Proceed at your own risk.

HILDURS URTERARIUM

Like nord for Brønnøysund, ved Tilrem,



PHOTO: ERLIND HAARBERG

Brønnøysund Harbour

ligger Hildurs Urterarium, en mat, vin og urtegård. Salg av lette lunsjretter fra bakerovn i hagen. Entré.

VELFJORD

We recommend a trip to Velfjord. Follow Tosenveien (road Rv 76). In the harbour at Nevernes there are various exhibitions, galleries and activities. Nevernes is also the gateway to the national park Lomsdal/Visten. 2 km west of Hommelstø is one of northern Norway's oldest timber churches, dating back to 1674. Visit the open air museum, 4 km southeast of Hommelstø.

Brønnøy

Brønnøysund



PHOTO: OLAV BREEN

Torghatten

TRÆLNES

Ellens butikk (p.67) is a shop situated around 30 km south of Brønnøysund, with a sales exhibition in Galleri Trappen, textile handicrafts and sale of yarn.

MINI CRUISE WITH THE COASTAL EXPRESS FERRY HURTIGRUTA

Departure every day at 17.00 from Brønnøysund to Rørvik, where the north - and southbound coastal express ferries meet. Return to Brønnøysund at 00.30. Tickets should be bought from the tourist information office, which also has information about other boat and fishing trips.

LOMSDAL

The Lomsdal River is unique in Western Europe. Lomsdal/Visten – the area was designated a national park in summer 2009.

NORSK HAVBRUKSSENTER

Norsk Havbrukssenter is an exhibition centre for modern aquaculture, where you can study fish farming close up, watch the feeding and processing of the fish and sample fresh salmon. Norsk Havbrukssenter is located en route to Torghatten, around 6 km from Brønnøysund.

FJELLTRIMMEN

Brønnøy's steep mountains and green hills offer plenty of opportunities for hiking. Fjelltrimmen.

Tourist Information for Sør-Helgeland

Open all year.

Destination Helgeland as:

Tel: +47 75 01 80 00 - Fax: +47 75 01 80 01

www.visithelgeland.com

post@visithelgeland.com


Tosbotn Fiskecamp

86



Tosbotn. N-8960 Hommelstø
Tel. +47 75 02 61 50
Fax. +47 75 02 67 46
www.tosbotn-fiskecamp.no

Idyllic situated in Tosenfjorden surrounded by wild nature.

 NOK 400 - 700

 NOK 250 per day

 NOK 150

  NOK 170 incl.e.l.

Large Cabin 60 m2: NOK 800 (2 pers), NOK 950 (3-6 pers)



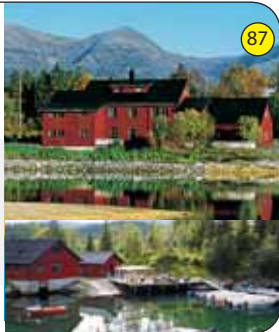
Aarstrand Fjordferie

87

N-8960 Hommelstø
Tel. +47 41 61 38 00 / sigmund@aarstrand.no
www.aarstrand.no

Apartments: 2 pers: NOK 900 4 pers: NOK 1400

Attractive place on the seafront. Comfortable apartments with made beds. We have a private jetty and boats for rent with 20-40 hp. Satellite TV and wireless broadband. Hommelstø is situated in Velfjord, 23 km from Rv17 along Rv 76 - Tosenveien, a crossing from the E6.



Skogmo Familiecamping

88


Postboks 279, N-8901 Brønnøysund
Tel. +47 75 02 66 41 Fax. +47 75 02 14 34
Mob. +47 909 57 521
skogmofc@start.no



 NOK 440 - 680

 NOK 130 - 160

 NOK 190

 NOK 180



Nevernes Havn "a cultural experience"

89

N-8960 Hommelstø. Tel. +47 75 02 19 10, Fax. +47 75 02 19 11,
post@neverneshavn.no, www.neverneshavn.no



Nevernes Harbour: Visit our exhibitions. Special exhibitions, gallery and Leif Torp's Wartime collection.

Open: 13.06 - 15.08.
Tues-Thur, Sat-Sun 1300-1600 hrs

Read more at: www.neverneshavn.no



Vassenget Accommodation: New apartments and cabins. Top standard. 3 km from Nevernes Harbour. Rooms NOK 600 (single room) - 850 (double) Breakfast on order. Cabins from NOK 1600 per day, NOK 6000 per week.



Persplassen Café - Hommelstø Tel. 75 02 26 00 / post@neverneshavn.no
Fully licensed. Close to gas station and grocery store.



THON

Hotel Brønnøysund



1/6 - 31/8: From NOK 890 1/6 - 31/8: From NOK 1190
31/8 - 1/6: From NOK 1395 31/8 - 1/6: From NOK 1695



Thon Kystferie apartment

22 high standard apartments at the waterfront.
Excellent located facing Brønnøysund centre.

2 beds - 3 beds - 4 beds apartments:

From NOK 1245 per night

Bedclothes / towels and cleaning are included.
Self-catering. Check in and check out at
Thon Hotel Brønnøysund.



Booking

Tel. +47 75 00 89 00 Fax. +47 75 00 89 01
bronnøysund@thonhotels.no
www.thonhotels.no/bronnøysund

Rødligården Soveri

Havnegata 29
N-8900 Brønnøysund
Tel. +47 97 40 80 00 Fax. +47 75 02 22 80
post@rodligarden.no www.rodligarden.no

NOK 690 NOK 790 Fam.room NOK 890

Extra bed NOK 100

9 rooms with TV. Breakfast may be ordered.
Internet. Shared lounge with large TV and kitchen.
Situated in the centre of town. Opened in 2007.





Galeasen Hotell

Havnegata 34-36, Box 20
N-8901 Brønnøysund
Tel. +47 75 00 88 50 /
Fax. +47 75 00 88 51
g-hotell@online.no
www.galeasen.com



21/8-19/6:

FROM NOK 1130

20/6-20/8:

FROM NOK 880



21/8-19/6:

FROM NOK 1330

20/6-20/8:

FROM NOK 1180

Combi rooms:

FROM NOK 1130



Corner Motell

Storgt. 79
N-8900 Brønnøysund
Tel. +47 75 01 80 10 Fax +47 75 01 80 11
post@cornermotell.no / www.cornermotell.no



1/6 - 15/8

NOK 690



NOK 825 (incl. breakfast)

16/8 - 31/5

NOK 750

NOK 925 (incl. breakfast)

Extra bed NOK 200.

Summer prices every weekend all year!

Cabins and guesthouse

Corner Motell also offers accommodation near the sea at Laukholmen, 3 km from Brønnøysund.



Per night: NOK 500 - 550



Per night:    Extra bed

NOK 500

NOK 620

NOK 150

Breakfast is not included.



Down-
town!





Torghatten

KURS- OG FERIESENTER



Take a detour from Kystriksveien and visit the famous landmark Torghatten.

Accommodation in apartments, rooms and cabins as well as your own caravan or tent.



Our chef offers good food. Buffé till 20.00 in the evening. Separate evening meny.

We also offers meeting facilities.

Use Torghatten as a base for exploring the region of Helgeland.

Member of:



GPS:

N 65° 23' 41"

Ø 12° 15' 51"

Booking: Torghatten Kurs og Feriesenter

Tel. 75 02 54 95 pkha@online.no www.visittorghatten.no

Kunstverkstedet

95

Webjørn Steinset
N-8900 Brønnøysund
Tel. +47 90 85 63 20
post@wsteinset.com
www.wsteinset.com

Located at Torget, towards Torghatten.

Naturalistic oil paintings in attractive frames, souvenirs and chairs carved from a block of wood. Portraits, fairytales and wild animals. Paintings can be ordered. Gallery and sales. Summer open 1100 - 1800 hrs.



Norsk Havbrukscenter AS

96

Toft, N-8900 Brønnøysund
Tel. +47 75 00 69 50
thomas.bjorkan@havbrukscenter.no
www.havbrukscenter.no

Experience farmed fish close up and visit a sea farm to learn more about sea farming. Situated on the way to Torghatten. Adults NOK 80. Children/seniors NOK 40. Open: Mon-Fri, 0800-1630. Lunch available: 1120-1230. Guided tours: 11, 13 and 15.



Hildurs Urterarium

Mat - Vin og Urtegård.

97

Tilrem. N-8900 Brønnøysund
Tel. +47 75 02 52 12 - 75 02 51 34
urterar@frisurf.no www.hildurs.no

Distinctive local family restaurant with special ambience and a beautiful garden.

The garden restaurant, the shop and the gallery are open medio june/august 10 - 17 hrs. Please call for reservations ahead in our main restaurant (min 6 -90 people). Open all year.



Mosheim Camping

Mosheim
N-8900 Brønnøysund
Tel. +47 75 02 20 12
Mob. +47 414 65 145

 NOK 400 - 500

 NOK 100 - 150   NOK 175 incl. el.



98



LITERATURE KYSTRIK



Webshop:
www.rv17.no

The Coastal Road

This travel guide by Olav Breen, published by Cappelen, gives both useful travel tips, and also makes you eager to travel. Richly illustrated with wonderful pictures.

Price NOK 99



Vega



Vega is an archipelago comprising 6000 islands. Most people live on the main island of Vega and on Ylvingen.

The Vega islands were placed on the prestigious World Heritage List on 1 July 2004. Generations of fishermen and farmers over the past 1500 years have maintained a viable way of living in an extremely weatherworn area near the Arctic Circle, based on the unique tradition in which the local women collected down from Eider nests. Experience this Heritage in the summer while enjoying a cruise in the archipelago. Tickets at Vega Tourist information.

Visit Vega church (1864) and the local museum at Gladstad. The harbor in Vegstein has an old fashioned store and a collection of old tools and boat engines. The harbor also has a unique museum documenting the importance of the eider duck. Vega Havhotell's gourmet meals are recommended.

The historic monument at Middagsskarheia gives some insight into how Stone Age people lived. Excellent cycling conditions on both Vega and Ylvingen. Paddling as well as walking tours on marked trails.

THE ISLAND YLVINGEN

Shop and café in the harbor. Visit the military installation from the Second World War including 6 canon positions.



PHOTO: ORSOLVA HAARBERG

Nes at Vega.

Turistinformasjon Gladstad

N-8980 Vega

Tel: +47 75 03 53 88 - Fax +47 75 03 51 01

www.visitvega.no

post@visitvega.no

Vega kommune, Tel: +47 75 03 58 00,

Fax: +47 75 03 51 01

www.vega.kommune.no

Vega Havhotell

100

VEGA



Fotos: Roald Kluge

- If atmosphere, view and rooms filled with light inspires - **leave the ordinary**
- If sleeping in soft beds is slightly important - **choose a great hotel**
- If food as tasteful fish and seafood can stimulate good living - **think of the ocean**
- If a down to earth environment and thoughtfulness affects you - **choose Vega Havhotell**



Vega Havhotell: Viksås N-8980 Vega, Telefon.: 75 03 64 00, Telefax: 75 03 64 01, www.havhotellene.no

AterlierEngen



101

Ylvingen
N-8980 Vega
Tel. +47 975 80 874 - 482 68 469
roodenbu@online.no www.aterlierengen.net

Summer galleri on the island Ylvingen!

At Aterlier Engen you can see art made by Tore Engen and Marian Roodenburg. The gallery is situated on the island Ylvingen, only 2,5 km from the express boat dock and 3 km from the ferry dock. Open June, July and August.



KYSTRIKSVEIEN REISELIV AS

rv17.no

INFO-CENTER • TOURIST INFO



The Vega islands as world heritage



The Eider Ducks

Welcome to the island Vega and its 6500 surrounding islands, listed as a UNESCO's world heritage. For more than a thousand years the locals have built nests and guarded the birds. When the birds leave their nests the keepers collect the eiderdown which makes the very best eiderdown duvet. This work is still being performed at the Vega islands.

The Eider Duck museum

Experience the traditions with eider ducks as a domestic animal. A photo gallery and an old traditional shop with local handicrafts. The museum is located at fisheries harbour at Nes where you also will find accommodations, a café and exhibitions.

Opening hours:

5 June - 16 Aug. Tues-Sun.: 12-16,
In July open every day: 12-16.
Or by appointment.



Island Lånan

"Lille Lånan"

Lille Lånan (in Nes) is a shop established by the bird keepers of Lånan. The shop sells products made from down and handicrafts. The shop also has an exhibition depicting the history of the biggest down production facility in Vegaøyen.

Vegaøyen world heritage site – the exhibition in the harbour is a presentation of the Vegaøyen world heritage site.

Boat trips - Vega islands

(From Nes). During the summer there are boat trips to the small islands Lånan, Skjærvær, Hysvær, Bremstein or Skogsholmen in the heritage area. Along comes a guide who will provide information about the history and culture of the islands.

Contact the tourist information for more info.

Vega Tourist information

Gladstad, 9890 Vega / www.visitvega.no
Tlf.: +47 75 03 53 88/ +47 47 90 71 32

Tailor-made tours and assistance with finding accommodation and adventures in Vega. Please contact us!

Open Summer: Weekdays: 9-19
Sat / Sun: 9.30-15.30

Note: *The area is very vulnerable. Please be careful with the use of open fire and show consideration for the environment.*

Vevelstad



This is one of Norway's smallest municipalities, with only 500 inhabitants. It is centrally located between Brønnøy and Alstahaug with Rv17 as a major artery going right through.

When driving along the Kystriksveien, you will see both Vevelstad Church (1796) and Vevelstad Museum.

Along the way you want to see "Opus for heaven and earth" which is the municipality's contribution to Nordland's Sculpture Landscape.

In Vevelstad you will find a 3-4000 year-old rock carving field, well marked from the road. The 200-year old trading post of Forvikgården lies just by the ferry quay at Forvik. At Lauknes you can enjoy camping with fantastic ocean view.

Take the ferry from Forvik or Tjøtta to Vågsodden on Hamnøy where you will find Hesstun Cabin Rentals. You can also take the ferry to Stokkasjøen, and drive from there to Visthus. Visthus Rorbucamping offers cabins, apartments and boats for hire. Solbu farm hires out cabins and boats.

UNSPOILED NATURE

Bønå Villmarkssenter; located at the innermost end of Vistenfjord, "Norway's cleanest fjord", is an ideal starting point for hikes into the vast unspoiled wilderness that will soon be designated a natural park (Lomsdal/Visten). Opportunities for fishing in the sea, rivers and lakes.



PHOTO: ORSOLVA HAARBERG

'Himmelspeilet' - Artscape Nordland

Tourist Information for Sør-Helgeland Destination Helgeland as

Tel: +47 75 01 80 00- Fax: +47 75 01 80 01






www.visithelgeland.com

post@visithelgeland.com

Handelsstedet Forvik

Pb 16, N-8976 Vevelstad
Tel. +47 75 03 71 25 Fax. +47 92 17 93 00
arnt@avec.as www.avec.as

One of Northern Norway's oldest trading posts from 1792. Restaurant, old fashion store, coffee brewery. Rooms/restaurant open daily 18.6 – 15.8. Outside season we open on request. Store/coffee brewery open daily 4.6 – 15.8

 NOK 550  NOK 695 Extra bed NOK 175
Breakfast NOK 90  from NOK 75  NOK 30  NOK 100



Visthus Rorbucamping

N-8870 Visthus
Tel. +47 75 03 77 11 Fax. 75 03 77 11
post@visthus.com
www.visthus.com

 NOK 550 - 850 Week: NOK 3300 - 5100

Take ferry from Forvik or Tjøtta to Stokkasjøen. Apartments and cabins of high standard. Located by Vistenfjorden, Norway's cleanest fjord. Freezer facilities. Discount in off-season.



Hesstun Hytteutleie

Hesstun
N-8976 Vevelstad
Tel. +47 917 03 475 - +47 75 03 72 57
Fax. +47 75 03 72 57
bjarnpet@online.no
www.freewebs.com/hamnoya

Ferry from Forvik or Tjøtta to Vågsodden

Cabins NOK 400-500
Apartments NOK 600



Alstahaug



Øykommunen Alstahaug ligger sentralt på ytre Helgeland. Sandnessjøen er regionsenter og knutepunkt for ytre Helgeland, med flyplass, hurtigruteanløp, ferge- og hurtigbåtruter til distriktet omkring. Natur, kultur- eller historieinteressert, Alstahaug har noe for alle!

The island municipality of Alstahaug is located centrally in the outer Helgeland archipelago. Sandnessjøen is the regional centre and transport hub for outer Helgeland, with an airport, a port for Hurtigruten and ferry connections to the surrounding district. Whether you are interested in nature, culture or history, Alstahaug has something to offer!

The area's varied nature, landscape and climate are an ideal setting for wonderful experiences. Alstahaug comprises over 900 large and small islands. How about a roundtrip of the numerous islands in the Helgeland archipelago? Roundtrips by fast ferry are a fantastic experience. Contact the tourist information or the ferry company Helgelandske for further information.

The mountain range De Syv Søstre (Seven Sisters), 910–1,072 metres above sea level, has marked hiking trails and the peaks can be climbed without any special climbing equipment. If you climb all the peaks you can claim a certificate as evidence of



PHOTO: ERLEND HARBORG

your achievement. Collect a registration card in advance at the tourist information. Søvikskaret, which is the starting point for climbing De Syv Søstre, is ideal for short hikes. It has several caves, and from here you can also climb the mountain Vettfjellet, 244 metres above sea level, a great afternoon hike.

ISLAND HOPPING BY BIKE

Sandnessjøen is an ideal starting point for island hopping by bike. The tourist information hires out bicycles. Pop in for tips on routes, a biking guide, maps and sights along the route.

Alstahaug

FISHING

Most accommodation providers hire out boats to guests. And Helgeland is the place where the fish are biting.

Alstahaug is home to several places connected with important people and events in Norway's history, such as the Viking poet Øyvind Skald-espiller, the chieftain Hårek from Tjøtta from the Snorre sagas, the historical woman Sigrid from Sandnes, and the priest and poet Peter Dass.

In Tjøtta you can take a walk along the 3-km cultural trail Footprints in the North. Tjøtta's international war cemetery is in the same area, set in beautiful surroundings on Kystriksveien. Some 10,000 victims from World War II are buried here.

ALSTAHAUG CHURCH AND THE PETER DASS MUSEUM

Halfway between Tjøtta and Sandnessjøen lie Alstahaug church and the Petter Dass museum with Alstahaug's old vicarage. The museum, which is Nordland county's millennium site, gives you a taste of Alstahaugtunet's thousand-year old history. The stone church dates back to around the year 1200 and is one of northern Norway's seven conserved medieval churches. For a long time

Alstahaug was one of the most powerful parishes in Helgeland. The priest and poet Petter Dass (1647–1707) lived and worked at Alstahaug from 1689 until he died. Petter Dass plays an important part in both



PHOTO: ERLEND HAARBERG

Petter Dass Museum

our regional heritage and common Danish-Norwegian heritage. He is still a source of interest and inspiration in issues of culture and moral values.

The Petter Dass museum opened in October 2007. In addition to varied exhibitions, it boasts a museum shop with a selection of goods and a café whose menu is based on local produce.

Helgelandskysten Reiseliv Tourist Information in Sandnessjøen

Box 414, 8801 Sandnessjøen
Tel. +47 75 04 45 00 • Fax +47 75 04 64 94
post@helgelandskysten.com
www.helgelandskysten.com

Tømmervika Opplevelsessenter

106

Offersøy

N-8800 Sandnessjøen

Tel. +47 951 31 445

post@helgelandguide.no

www.helgelandguide.no



- Course in ocean paddling with a certification card.
- Hire of ocean kayak with dry suit and safety equipment.
- Guided midnight paddling and ocean kayaking tours in Vegaøyen World Heritage Site.
- Bespoke activity packages for you and your family.

Offersøy Camping

107

N-8860 Tjøtta

Tel. +47 75 04 64 11

Mob. +47 917 05 564

post@kystferie.no

www.kystferie.no

33 km south of

Sandnessjøen.




8 km north of

Tjøtta. 12 km to the

Petter Dass museum.



Well equipped cabins and lovely caravan site on the coast. Boat hire and good fishing places. Activity and adventure trips in the area. Wireless Internet.

 NOK 375-950  from NOK 170  from NOK 170

 from NOK 100  NOK 40  from NOK 350



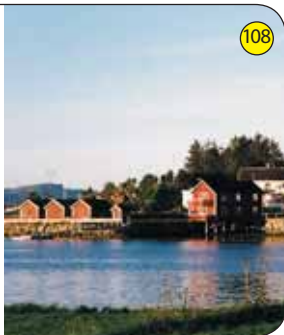
Low season: prices on request!

Taraldsen Brygge

Havnev. 6 N-8860 Tjøtta
Tel. +47 97 98 22 63
tarabryg@gmail.no

- 🏠 Part of Cabin NOK 300
- 🏠 NOK 600 Apartment: NOK 600-800
- Long term rental: on request. Boat NOK 300 day

Cabins and apartment with kitchen and bathroom. Good standard, next to the sea. Excellent fishing. A perfect base for roundtrips in the area.



Belsvåg Gård & Camping

Alstahaug
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Tel. +47 75 04 53 19

- 🏠 NOK 400-500
- 🏠 NOK 150-180
- ⚠️ NOK 150
- 🚗 NOK 450-600 (max 3 pers)

Borgstua (apartment) NOK 600-900

A historic farm - Residence of the districts first bishop. 800 meters from Petter Dass Church and museum. 20 km from Sand.sjøen/Tjøtta.



Sandnessjøen Camping

Steiro
N-8800 Sandnessjøen
Tel. +47 75 04 54 40
post@ssj.no
www.ssj.no

Best view towards the Mt. "De Syv Søstre" and the ship lane.

Located next to the sea, along Kystriksveien, 10 km south of Sandnessjøen.



PETTER DASS-MUSEET



PETTER DASS-MUSEUM AND ALSTAHAUG CHURCH - MILENIUM SITE OF NORDLAND

PETTER DASS DAYS 17. - 20. JUNE 2010

ALONG RV17, 20 KM SOUTH OF SANDNESSJØEN

SUMMER: DAILY 10-19 WINTER: 1000-1530 (11-17) MON: CLOSED

WWW.PETTERDASS.NO - PHONE: + 47 75 11 01 50



BLÅTUR MOT NORD

New DVD from Kystriksveien

An Englishman arrives in Steinkjer on his old motorcycle with a sidecar. He finds himself exploring Kystriksveien on an adventurous tour to the north. As he travels he visits many of the famous sights and attractions along the way!



NOK **149**

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KYSTRIKSVEIEN REISELIV AS

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Explore Helgelandskysten!

Park your car and take a roundtrip with an express boat along the coast.

Contact us for traveltips!



8805 SANDNESSJØEN - Tlf. 75064100 - Fax 75040256

epost@helgelandske.no - www.helgelandske.no

Foto: Helge L. Olsen

Rica Hotel Sandnessjøen

113

Torolv Kveldulvsøns gt 16
N-8800 Sandnessjøen
Tel. +47 75 06 50 00 Fax. +47 75 06 50 01
rica.hotel.sandnessjoen@rica.no
www.rica.no

Full service hotel
in the centre of
Sandnessjøen



Helgeland Hotell

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Leines
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From NOK 795 From NOK 995

Family room: From NOK 1195

Nice view and 25 large and comfortable rooms
with bathroom, TV, and wireless Internet. Located
only 7 km from Sandnessjøen.



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napoli1@live.no www.napolimotell.no

  NOK 950  NOK 750

Opening hours: Mon-Thur: 10-23 - Fri-Sat: 10-24
Sun:10-23. Free parking.






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Sandnessjøen Overnatting

Håreksgt. 15
N-8800 Sandnessjøen
Tel. +47 469 04 743
sandnessjoen@hihostels.no
www.hihostels.no



 NOK 450-550   NOK 700

We offer low price accommodation in the centre of Sandnessjøen. Acces to kitchen and seperate common room on each floor allows you to make your own food and feel at home.



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Turid Grov Glasskunst

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N-8800 Sandnessjøen
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t.grov@online.no www.turidgrov.no

Glass works and jewelry.
Work shop and boutique in Sandnessjøen centre.

Monday - Friday: 09-16 Thursday 09-17
Saturday: 10-15 Sunday (only July) 1330-1430
Small and large groups can make apointment.



118

☎ 0 44 40 - for a tasty Pizza!

Welcome to Dolly Dimple's!
Always fresh baked Pizza...
perhaps the very best
Pizza in Norway?



Dolly Dimple's Mosjøen,
Strandgata 15 (119)

Dolly Dimple's Sandnessjøen,
Torolfsgt. 30 (120)

Dolly Dimple's Mo i Rana,
Meyergården Hotel (121)



*PIZZA
PIZZA*

UT I ØYAN

Travel the islands and be amazed by the nature and the adventures and the many attractions. Hiking trails, fishing spots, photoe stops, deep sea rafting and historic places.

The islands Herøy and Dønna, outside Sandnessjøen, are easy accessible with ferry. Either from Søvik to Herøy – or from Sandnessjøen to Dønna.



An adventures journey on the islands of Helgelandskysten!



Deep sea rafting in Herøy.



Herøy farm museum



Mt. De Syv Søstre in the background



Find your paradis!



Dønnes church



Lovund from Dønnesfjellet

For more information contact: Helgelandskysten
Reiseliv; ph: 75 04 45 00 www.helgelandskysten.com



HALD IKS
Nærings- og utviklingsstasjon
HERØY • ALSTHAUG • LØRFJORD • DØNNA



Herøy



Herøy municipality in Helgeland spans several thousand islands.

Herøy is accessible by fast ferry from Sandnessjøen, Vega, Nesna and Bodø or by ferry from Søvik or Sandnessjøen via Dønna. The fast ferry from Sandnessjøen takes around 20 mins and the ferry from Søvik around 25 mins.

The local population is spread between the centre (Nord-Herøy, Sør-Herøy and Tenna), the areas of Øksningan, Seløy and Staulen which are linked by bridge to the centre, and the areas of Brasøy, Husvær and Sandvær, which are connected to the centre by ferry and fast ferry.

HELGELAND CATHEDRAL

Herøy church, also known as "Helgeland cathedral", is a stone church from the 12th century. It features a memorial of the poet and priest Petter Dass at Nord-Herøy farm, where author Petter Dass was born in 1647.

HELGELAND MUSEUM

The Herøy collection is one of the largest fishing and hunting collections in the county of Nordland. It is strategically located at the vicarage in Sør-Herøy.

ACTIVITIES

Herøy's unique archipelago is a paradise for boating enthusiasts, canoeists, divers and anglers. Explore the region's many interesting activities and adventures by island hopping by bike and ferry. Seasonal activities include roe deer hunting and crab fishing.



PHOTO: ERLEND HARBERG

Mt 'The Seven Sisters'



Tourist Information

Herøy Tourist Information Office
N-8850 Herøy • Tel. +47 75 05 8110 or
Sandnessjøen Tourist Information Office
+47 75 04 45 00
www.helgelandskysten.com

Brygga

N-8850 Herøy
Tel. +47 75 05 93 10 Fax. +47 75 05 86 67

 NOK 750 incl. a basic breakfast

  NOK 900 incl. a basic breakfast
Extra bed NOK 200 incl. breakfast

Our cafeteria specializes in fish. Outdoor café on the wharf during summer season. Large guestharbour. Electricity, water and refilling for boats.



Morskogen Gård

Equestrian centre

Morskogen
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Tel. +47 92 22 57 71 / elisamoe@hotmail.com
www.helgelandhest.no 

Family Sundays - every other Sunday throughout the year during odd-numbered weeks (12.00–14.00). Riding – horse and cart driving – visit the farm animals.


Let us tailor your adventures to your wishes:


Riding lessons – horses for hire – horse and cart – excursions - guided tours. Contact us !



Elfis Sjøcamping

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Tel. +47 75 05 93 00
Mob. +47 454 47 295
labukta@c2i.net
www.elfis.no

 High standard cabin and fisherman's hut with nice view from NOK 900

 Apart. in restored boathouse from NOK 700



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Seløy Kystferie

Maritime adventure centre on the coast of Helgeland



High standard apart-ments and cottages w/2 bedrooms NOK 1000-1250

Guided tour with RIB in the archipelago NOK 700

- Sandsundvær
- Ytterholmen lighthouse
- Floholman
- Åsvær lighthouse

Photo safari, white-tail eagle, colonies of cormorants, seals and fishing villages.

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Excellent hiking oppurt-unities, e.g. Dønna-mannen mountains.

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trond@seloykystferie.no olsen_invest@hotmail.com
www.seloykystferie.no

Braseths Gjestegård

Silvalen

N-8850 Herøy

Tel. +47 414 48 113

torid.braseth@monet.no



NOK 500



NOK 600

Extra bed NOK 100. Breakfast on request NOK 90

Central location in Herøy centre by the sea.

Short walking distance to bank, grocery shop,

hairdresser, cafe, library, kiosk, medical center and

gym. Bed linnen (made beds) and towels included.



126

Coop Prix Herøy

Herøyholmen

N-8850 Herøy

Tel. +47 75 05 80 01

coop
prix

Groceries and fuel close to the ferry port in the centre of Herøy.

Open: Monday - Friday: 09 -22

Saturday: 09-20



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SOUVENIR BOOK

Suddenly – A New Landscape!

In the book "Suddenly – A New Landscape" we present some of the best motives from Kystriksveien. This is a souvenir book for anyone who has driven this road or perhaps to someone you would like to share the experience with. Order your copy at www.rv17.no - today!



NOK
99



Dønna



Dønna is a coastal municipality in Helgeland, comprising over 3,000 islands and skerries and the inhabited islands of Dønna, Løkta and Vandve. You can also use this ferry and then drive over to Herøy or take the ferry from Søvik to Herøy and then drive over to Dønna. Dønna is also served by a daily ferry operating on the route Bodø–Nesna–Sandnessjøen.

At Glein there is a unique stone phallus (Northern Europe's largest) – a symbol of fertility, and a heritage site with open Viking graves. There is a beautiful Medieval church (1130) with distinctive architecture and ornamentation at Dønnes. The church site is also home to the largest and best preserved mausoleum in Norway. Interesting sights also include Stiftelsen Bjørnsvågen (coastal farm museum), Nordvika trading post, Dønnes farm and Snekkevik School from the 1830s and Dønna's sculpture "While you weight" (2009) which is a part of Artscape Nordland. At Løkta you can visit two old distilleries and Løkta museum.

1 432 192 km² Solfjellsjøen
Agriculture, seafarming, fishing
and public service.

VARIED LANDSCAPE

Dønna has a rich and varied landscape with high mountains, wooded hills, fishing waters, open fields and a beautiful archipelago. From Dønnesfjellet you can see as far as Rødøy to the north and Sømna to the south. Drivable roads or tracks to the top. You can hire bicycles, canoes or boats at Dønna or go on a hike up to Dønnamannen (858m).

THE BJØRNSMARTNAN MARKET

– once the biggest of its kind in northern Norway – has been revived and is now an important cultural event. It takes place during the second weekend of July during certain years.



PHOTO: TERJE RAKKE / NORDIC LIFE

View from Mt. 'Dønnes-fjellet'.

Dønna Tourist Information

N-8820 Dønna
Tel: +47 75 05 21 24
E-mail: turist@donna-asvo.no
Dønna kommune, N-8820 Dønna
Tel: +47 75 05 22 00
www.helgelandskysten.com

Brygga, Dønna

Berfjord. N-8820 Dønna
Tel. +47 993 12 784 - +47 907 81 366
eller kontakt Helgelandskysten Reiseliv
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post@brygga.com
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High standard apartments (50 m2) in a
wharf by the sea, with 2 bedrooms NOK 900

Plain rooms NOK 300  NOK 250






Dønnes Gård

N-8820 Dønna
Tel. +47 75 05 56 15 Mob. 971 84 379
dønnes.gaard@monet.no
www.rv17.no/dønnes-gaard



 NOK 790 (11.08-19.6)  NOK 890 (20.6-10.8)


  NOK 980 (11.08-19.6)  NOK 1080 (20.6-10.8)

All prices including breakfast. Extra bed NOK 90
Dinner served on request.
Dønnes church with guide. Enjoy the view from
Mnt. Dønnesfjellet. Historic slide show. Nature walk.



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Open all year.

We provide two well equipped boat huts just
20 min. from the ferry port Bjørn. Calm waters
and short distance to good fishing places.





Bakkelistua

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Host: Rita V. Bjørnvig
Åker, N-8820 Dønna
Tel. +47 75 05 58 70 - 971 48 333
rita.bjornvig@monet.no / www.bakkelistua.no

Until 3 pers: NOK 850 per night
Until 6 pers: NOK 1100 per night
incl. bedclothes and towels.

High standard apartments with 2 bedrooms.
Hot tub for hire. Motorhome parking.  
500 m to grocery shop and 150 m to the sea.






Bøteriet

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N-8820 Dønna
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+47 911 39 966 Fax. +47 75 05 86 65
kremmarhuset@monet.no
svekje2004@yahoo.no

The old repair workshop has been converted to a charming tourist complex. Here you can stay and eat well in the maritime surroundings. Idyllic location with evening sun.

Try our menu with tasty fish dishes.
Accomm. in fisherman's cabin or rooms.

-  NOK 650 - 850 (Single/double/family room)
-  NOK 800 - 1400 (4-6 pers in apart.)
-  NOK 750 day /3876 week, 17,5 ft.
40hp motor, echo sounder /chartplotter.



KYSTRIKSVEIEN REISELIV AS

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Leirfjord



Leirfjord is centrally situated on the coast of Helgeland. From Mosjøen you can get here via highway Rv78, from Sandnessjøen via Rv17 over the Helgelandsbrua Bridge, or by ferry from Nesna. Leland is the centre for the local council area covering the Leirfjord area and has places to eat, mini banks, post office and shops.

MUSEUM

You will also find "The Old School," part of the Leirfjord collection of preserved buildings. The Old School has been restored to its 19th century state. The sexton and teacher's accommodation and all furnishings have also been restored to depict the same era. At Bardal, you will find Wangbrygga with its shop museum and art gallery. Food is available. Only open on weekends in the summer.

HIKING

Leirfjord has some beautiful countryside for hiking. At Fagervika, there is a signposted heritage trail with cultural remains dating back over 1,000 years. We also have the Fjelltrim «mountain fit» programme with 10 checkpoints

spread throughout the area. For example you can take a trip to Borgen and Veten in Bardal or to the log cabin near the lake Nylandsvannet.



PHOTO: ERLEND HAARBERG



PHOTO: ERLEND HAARBERG

The Leirfjord Museum.

Tourist Information

www.helgelandskysten.com
See page 84 (Alstahaug)

Helgeland Hotel



115




With great location by the foot of the bridge Helgelandsbrua we offer a nice view and 25 large and comfortable rooms with bathroom, TV and wireless Internet. Only 7 km from Sandnessjøen centre. Elk and deer is often seen around the hotel and the sea eagle is often spotted through our windows in our restaurant. We aim to create a nice environment and good service. We will provide you with information on activities in the area.

A nice restaurant with home cooked meals, fully licenced and a fantastic view.

Outdoor activities and a rich wild life. Fishing.
Elk safari and other nature experiences.

 From NOK 795

 From NOK 995

Family room: From NOK 1195

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www.helgelandhotell.no/ - booking@helgelandhotell.no

Leines Rorbu


Leines


N-8890 Leirfjord

Tel. +47 977 43 022

erfurre@online.no

www.leinesrorbu.no

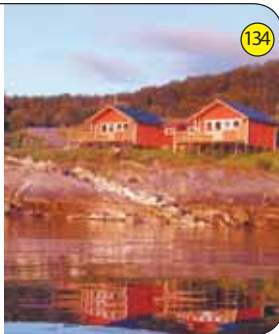
 NOK 990 Bedclothes NOK 100 per person.

 NOK fra 370 Canoe NOK 100

High standard cabins,
1,5 km from Helgeland bridge



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KYSTRIKSVEIEN REISELIV AS

rv17.no

INFO-CENTER • TOURIST INFO

YX Energi Leirfjord



N-8890 Leirfjord
Tel. +47 75 04 81 08 Fax. 75 04 82 00

Leirfjord petrol and minimarket.

Open: 1.5 - 31.8 (1.9 - 30.4)
Mon-Fri: 08-22 (21) Sat - Sun: 09-22 (21)
Carwash.
Room for 2-4 persons with shared kitchen
and bathroom..



Kvitneset Camping

Lading

N-8890 Leirfjord
Tel. +47 75 04 95 95 Fax. +47 75 04 95 95
re-eilif@online.no
www.kvitneset-camping.no

NOK 400-790 NOK 130-150

NOK 100 incl. 3 pers. NOK 20/per person over 3
persons. Sanitary facilities included. Washing
machin and dryer available. Grillhouse.



Sjøbakken Fiske-Camping

Rigmor og Ole-Hermann Otting
Ytre Levang
N-8890 Leirfjord
Tel. +47 911 48 075 / +47 75 04 89 46
info@fiske-camping.no
www.fiske-camping.no

Welcome to our small and quiet camping site.
Well equipped cabins, fisherman's huts and a
summerhouse. 3 km south of Rv17 from Levang
ferry dock + 2 km road to Ytre Levang.



Lysstoperiet Levang

N-8890 Leirfjord
Tel. +47 416 16 160
www.lysstoperiet-levang.no

Visit us to see our amazing selection of candles and candle accessories. Enjoy coffee and delicious homemade cakes in our cosy cafe.

Opening hours: seasonal.
From 21. June – 15. August;
Mon– Sun: 11-18.



Wangbrygga

N-8897 Bardal
Tel. +47 94 87 72 34
aashild.blyseth@monet.no
www.bardal.info

Good home made food based on local produce. We also sell a choice of local food i.e. Bardalsmat. As the quay you will find exhibitions and a cosy café. You can find us 17 km from Rv17. Please book accommodation a head of time.



SOUVENIR BOOK

Suddenly – A New Landscape!

In the book "Suddenly – A New Landscape" we present some of the best motives from Kystriksveien. This is a souvenir book for anyone who has driven this road or perhaps to someone you would like to share the experience with. Order your copy at www.rv17.no - today!



Nesna



Your natural point of call along Kystriksveien. Nesna is a transport hub with daily stops by Hurtigruten and ferries to the surrounding islands as well as a bus service to Mo i Rana. Nesna's small town idyll is enchanting, with little houses and large gardens. Nearby farms provide relaxing activities for all the family.



In contrast, the harbour is a bustling centre of activity, with a popular marina that attracts large numbers of visitors. It has plenty of mooring space for guests and a large campsite with an outdoor pool and water slide. In the town centre you will find a post office, banks with ATMs, museum, petrol station, two shopping centres, several cafés and restaurants and a clothes shop that sells the famous winter boot "Nesnallobben".

Nesna and the surrounding islands offer a wide range of accommodation. If you stay in Nesna you can go on a roundtrip by fast ferry every Wednesday and Friday to the outer Helgeland islands of Træna, Selvær and Lovund. You can also go on a day trip to Sandnessjøen by Hurtigruten and return later in the day by fast ferry.

Activities and the outdoors
Nesna is a good starting point for numerous activities. The holiday centre Nesna Feriesenter offers bathing and hires out boats, kayaks and bicycles.

There are marked walking trails that start in several places in the centre of Nesna and you will also find trails on the islands of Hugla, Handnesøya and Tomma. Route details available at www.nesnaferie.no or www.turbok.org. The islands are ideal for biking on a day trip from Nesna. A separate biking brochure is available at: www.arctic-circle.no. The islands offer good accommodation, beaches and shops.



PHOTO: BJØRN GILSTRUP

Utsikt over Nesna

Touristinformation

Nesna Feriesenter
Tel: +47 75 05 65 40
www.nesnaferie.no
www.arctic-circle.no

Nesna Feriesenter og Motell AS

141



In the heart of Helgeland

Experience Northern Norway's largest waterslide. We have boats from 15-40 foot for hire/sightseeing. Lovely cabins and apartments NOK 350-2000. Nina's Lavo - intimate pub. Wireless Internet on the whole campsite.

Sjåberget 3. N-8700 Nesna. +47 75 05 65 40 - 906 74 314
Fax:+47 75 05 66 97 post@nesnaferie.no www.nesnaferie.no



Nesnastasjonen as



Havnev. 4 N-8700 Nesna
Tel. +47 75 05 60 07 Fax. +47 75 05 61 87
nesna@beststasjon.no

Next to the ferry port and Nesna harbour. Note that there is 100 km to the next gas station in the north. We accept Statoil cards. Section for boat and fishing equipment. Refueling for boats with cash machine. Tyres, batteries and propane.

Open: Monday - Saturday 08-22 and Sun.: 10-22




Norsk
Tipping



142

Litlehaug Staude og Urtegård.

N-8720 Vikholmen (Hugløya)
Tel. +47 75 05 77 13 Mob. +47 993 75 028
oyvind.fagervik@monet.no www.litlehaug.no

 NOK 350 - 800 / Week NOK 4000


You may order dinner and breakfast. Guided tours included a tour in the herb garden and a meal NOK 200. Marked trails. Ferry from Nesna.



143

Tomma Hytteutleie

N-8723 Husby (Tomma)
Tel. +47 75 05 71 17 Mob. +47 970 89 348
petra@tomma.no www.tomma.no

 From NOK 825 - 1980 per night.

The cabins are well equipped with water, shower toilet, sauna and freezer. Boats with motor is included in the price. Finnviksdalen offers nice areas with beaches for swimming. The island Tomma is situated outside Nesna and is easy to reach by ferry from Nesna.



144



1 883

262 km²

Lurøy

Fishing, seafarming, agriculture and travel.



Lurøy



Lurøy is located just south of the Arctic Circle. This coastal municipality consists of both mainland areas and a large number of islands. Residents live spread among small villages and sustain themselves on fishing, aquaculture, agriculture and tourism.

ARMY COASTAL FORTRESS

The Grønsvik Army Coastal Fortress is located near Kystriksveien, and is one of the best preserved German fortresses from the Second World War. The Tourist Information office is situated here as well. Just nearby is the viewpoint where visitors can see all of Lurøy.

HESTMANNEN

Several of the islands' mountain formations are well known, and this particularly pertains to the "horseman" profile of Hestmannen. Guided tours are available here.

LOVUND

Away from the coast is Lovund – an island rich in bird life, and one of Northern Norway's most active island communities as well as one of the leading sites for aquaculture. Thousands of Puffins spend their summers here with their annual return being celebrated locally as "Lundkommerdagen". The Centre for Coastal Culture describes the history of the island and its inhabitants.

LURØY/ONØY

Sites of interest on the island of Lurøy include Lurøy Church (the municipality's designated "Thousand Year Site", the Coastal Museum and Lurøygården Farm and its renaissance garden.



PHOTO: PER EIDE

Puffin or 'Sea Parrot'

Tourist Information

at Grønsvik Kystfort (fortress)

N-8730 Bratland

Tel: +47 75 11 01 86 Fax: +47 75 11 01 87

Relax in peaceful surroundings and try your luck fishing!

145

OscarBrygga

OscarBrygga is located at Tonnes with view to the famous Mnt. Hestmannen. We offer fishermen's cabins and rooms. In the summer season you can enjoy a meal in our restaurant known for its fish soup
A nice base for exploring the surrounding islands.



Singleroom NOK 700 Dbl. room NOK 850
Large fisherman's cabins from NOK 980

N-8750 Tonnes Tel. +47 75 09 11 99 - Fax. +47 75 09 17 09
post@oscarbrygga.no

www.oscarbrygga.no

Mini holiday on Helgelandskysten

146



Enjoy the island Lovund and make day trips to Træna and other fantastic islands on Helgeland. Stay comfortably in rooms or fisherman's cabins and enjoy local food in our restaurant.

Lovund
RorbuHotell



www.lovund.no
post@lovund.no
+47 75 09 20 30

BLÅTUR MOT NORD New DVD from Kystriksveien

An Englishman arrives in Steinkjer on his old motorcycle with a sidecar. He finds himself exploring Kystriksveien on an adventurous tour to the north. As he travels he visits many of the famous sights and attractions along the way!



NOK 149



KYSTRIKSVEIEN REISELIV • TEL +47 74 40 17 17

Rådhusplassen Overnatting

Lurøy
N-8766 Lurøy
Tel. +47 911 57 725
nordaa2@online.no

We offer 7 rooms with 2-4 beds NOK 700 - 800.
Kitchen and common room with possibilities
to make your own food. Boat and bike rental.
Breakfast can be ordered. Suitable for meetings for
10 - 20 people. Ferry from Stokkvågen and then
drive 6 km from Onøy to Lurøy.



Flo og Fjære Turistanlegg

Aldersundet - N-8730 Bratland
Tel. +47 75 09 43 50
Mob. +47 482 82 243 Fax. +47 75 09 43 51
floogfjaere@hotmail.com www.flo-fjaere.no

NOK 500 NOK fra 90 NOK 550
 NOK 180 + elect. NOK 650

Welcome to our restaurant for lunch or
dinner. We are open all year.



GRØNSVIK KYSTFORT

A coastal fortress built during
the last world war. Restored and
made accessible to the public with
information signs, trails and
several exhibitions.
Free entrance.



The exhibition is open:
14/6-20/8 kl. 0845-1700
Or by appointment.
tlf: (+47) 75 11 01 85





Træna



At the outer edges of the Helgeland coast, 1.5 hours from the mainland via Express Catamaran, you'll find the island community of Træna consisting of 418 islands. One of the smallest municipalities of Norway.

Træna's business activities consist mainly of fishing, fish processing and fish farming, as well as tourism and other services.

Træna Lighthouse was built as early as in 1877. The islands have a rich bird life, and are very well suited for visitors seeking to experience nature close up. On the island of Sanna, there are many caves dug out by the sea. The most famous one is "Kirkehellar'n", which is 20 m wide, 45 m deep and 30 m high. The islands have been inhabited since the Stone Age, verifiable by several findings. In Langhågen, archeologists have uncovered 31 house remains dating back to 2000 B.C. Further remains of houses from the same period were uncovered on another island in the region as recently as 2006. Archeological excavation on the island of Sanna from 1937-1939 uncovered remains from old and new stone age, iron age and the time of the black death. The

Petter Dass Chapel, Træna Church (1773) and the Træna Village Museum are all worth a visit.



PHOTO: ORSOLVA HAA RBERG

Tourist Information

Museum manager Turid Myhre,
Tel: +47 95 27 70 89
Træna municipality
Tel. +47 75 09 58 00
www.arctic-circle.no

Træna Gjestegård

151

Welcome to Træna Gjestegård, known for excellent meals of fish. Try our fish soup! We are located next to the Petter Dass Chapel.

From NOK 400 per person in double room.
Træna Gjestegård, Boks 40 - N-8770 Træna
Tel. +47 75 09 52 28 post@trana-gjestegard.no
www.trana-gjestegard.no

Træna Rorbuferie

N-8770 Træna
Tel. +47 75 09 53 80 Fax. 75 09 51 11
www.rorbuferien.no
post@rorbuferien.no

1/1 - 31/12:
Large cabins / fishermans huts NOK 1200

Small cabins / fishermans huts NOK 950



152





Rødøy



Rødøy is a coastal municipality near the Arctic Circle, the famous landmark which you cross on the Kilboghamn- Jektvik ferry, it is marked by a globe.

MOUNTAIN FORMATIONS

Rødøyløva and Hestmannen are located at strategic points in the shipping lane. The majestic Rødøyløva, a 440 m high sphinx with a hue of reddish serpentine, is the motif for Rødøy local authority's coat of arms. The mountains are easy to climb for hikers, and there is a signposted route to both tops.

EXPLORE AND DISCOVER

Selsøyvik is an old trading post from the 1700s, which is still in operation and well worth a visit. At Myken you will find a tiny fishing community. Stay a night at the old lighthouse with the open sea as your nearest neighbour. On Nordnesøy there is a beach featuring unique limestone pillars shaped during thousands of year's worth of erosion by weather and wind. Visit the splendid Kor-skirken Church dating from 1884 on the island of Rødøy where you can also experience glass artwork and the museum. Beneath the

Rødøyløva mountain lies a popular outdoor area with its long and white sandy beaches. The pride of our municipality is Nordfjorden, which is situated within the Saltfjellet/Svartisen National Park. Come and enjoy a boat trip on the fjord and watch the seals.



PHOTO: OLAV BREEN

At the Jektvik ferry-port.

Tourist Information

Polarsirkelen Reiseliv
Tel: +47 75 13 92 00
www.arctic-circle.no

PolarCamp Hilstad

153



Accommodation, fishing and adventure

Cabins (all year)	Boat w/motor kr.390-900
Caravan sites	Cabins from kr. 370 til 1050
Tent sites	Tent from kr. 100
Boat rental	Caravan from kr. 175
Fishing trips	3 km from Kilboghavn
Cafeteria	ferry port.



PolarCamp - Hilstad. N-8754 Øresvik Tlf. +47 75 09 71 86
www.polarcamp.com - post@polarcamp.com



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Tourist kiosk at Jektvik 66° 34'N




N-8187 Jektvik Tel. +47 950 78 250
rstarboy2@gmail.com www.polarzonnorge.com

Sjåvik Overnatting

N-8187 Sjåvik
Tel. +47 75 09 76 16 Mob. +47 977 33 254
finnsjaavik@c2i.net
www.nordicparadise.com

 NOK 250 - 300

 NOK 200 per day ex. fuel

1200 m. from Jektvik ferry port and 600 m.
from Rv17.



BM BYGGMAKKER
Arnulf Hansen

BUNNPRIS
BUNNPRIS PÅ BUNNPRIS

N-8185 Vågaholmen
Tel. +47 75 09 89 00
post@arnulfhansen.no
www.arnulfhansen.no



Welcome to the "shopping centre of the coast"
You will find us at Vågaholmen, 11 km from
Rv17. Express boat daily to Bodø/Sandnessjøen.

Groceries: 09-20 (16)
Hardware store: 09-17 (10-14)




24t (Diesel/gasoline)



Svanereiser's Villa Midnattsol

N-8188 Nordvernes
Tel. +47 75 09 87 24 Fax: +47 75 09 87 40
Mobil: +47 977 33 317 (n66.6669493,e013.250759)
reijense@online.no - www.villamidnattsol.no

Holiday house - wildlife style - by the sea. High
standard. Midnight sun and fishing. Daily express
boat to Bodø-Sandnessjøen.

 From NOK 840 to NOK 1490/night
From NOK 5940 to NOK 9050 /week

Boat 17" (30hp) NOK 300 /night .
Bedlinen NOK 60 p.per.



Salten





Meløy



Kystriksveien / highway RV17 is the main thoroughfare for getting to Meløy and for traversing this municipality by car or bike. Ørnes is also a port of call for the Coastal Express (Hurtigruten) as well as the Nordlandsekspressen express boat between Bodø and Sandnessjøen, which also serves the islands of Grønøy and Bolga.

Meløy is surrounded by a fantastic archipelago comprising around 700 islands. Bolga, Meløy, Støtt, Grønøy and Mesøy have ferry connections to Ørnes, which is a port of call for Hurtigruta. Grønøy and Åmøy are also connected to the mainland by bridges. Ørnes is the largest village with a population of around 1,700 and a range of amenities. Glomfjord (population 1,300) has traditionally been the municipality's industrial centre. It began with the hydropower plant at the turn of the previous century. More industries were established during the 20th century. Industrial development was accelerated after the establishment of Hydro shortly after World War II. Hydro has become history and solar cell production is now the principal industry in Glomfjord Industry Park. At present (autumn 2007), some 700 people work in the industry park.

LIGHTHOUSE / GLACIER

Engenbreen is mainland Europe's lowest lying glacier. It is a part of



PHOTO: OLAV BRENN

'Svartisen'

Svartisen, Norway's second-largest glacier, and can be reached by boat across the Holandsfjord (see separate advertisement).

A T-marked trail leads to DNT's cabin "Tåkeheimen", which is a good starting point for hikes to the "Helgelandsbukken" mountain

Meløy

(1,454 metres above sea level). Helgelandsbukken has some of the best views of any Norwegian peak. A trail on the southern side of the Holandsfjord leads up to the glacier Fondals-breen. Glacier walking available daily during the summer season.

MOUNTAIN HIKING AND T-MARKED TRAILS

Meløy boasts several impressive mountains. Easy access via the road Fjellveien which starts at Fykan – some 8 km of asphalt-covered road – either to the foot of Holmvassdammen or Namnlaushøyden. Enjoy the breathtaking views of Svartisen from the top of Holmvassdammen. Namnlaushøyden has both marked and unmarked trails, caves, fishing lakes, hunting areas and lots of berries for picking! There are T-marked trails from Namnlausvann towards Gråtådalstua/Beiarn and Fellvassstua/Gildeskål.



PHOTO: ANNE J HANSEN

'Tåkeheimen'

USEFUL INFORMATION

Hiking map for Meløy and/or "Det store Saltfjellkartet" (map of Saltfjellet)

Tourist Information

'The Gateway to Svartisen', Holand
Open medio May – medio Sept.
randi@mnu.no, www.meloyinfo.no
MNU/Meløy Tourist office is open through the year with off-season office at Glomfjord Industry Park.
Tel. +47 75 75 48 88



FURØY CAMPING



Welcome to our nice camping next to the fjord Holandsfjorden only 12 km from the glacier Svartisen and 500 meters from Forøy ferry port. We also offer boat rental.



Accommodation in small and large cabins from NOK 500 - 900. Rooms from NOK 600. Caravan from NOK 180 excl. electricity and tent from NOK 150. Boat rental NOK 600.



Furøy camping - N-8178 Halså Tel. +47 75 75 05 25
Mob. +47 47 83 18 10 Fax. +47 75 75 03 36
www.furoycamp.no post@furoycamp.no





Åmnes Skjærgårdscamping

161

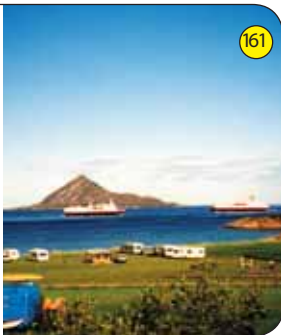
Åmnes. N-8170 Engavågen
Tel. +47 75 75 13 50 Fax. +47 75 75 13 50
Mob. +47 41 52 85 22
aamnes.camping@monet.no
www.rv17.no/aamnes



Well equipped cabins with shower and WC.
Beach and child friendly trampoline.
Boats with 4-10 hp. Midnight sun and trails.

 NOK 700-800-900-1100  NOK 100 -150

  NOK 170 + el. Discount for a week.




Skarsvatnet Camping

162

Åmnes
N-8170 Engavågen
Tel. +47 75 75 13 30 Mobil/fax: +47 917 26 949
skarsvatnet@gmail.com
www.skarsvatnet-camping.no

 NOK 550   NOK 150  NOK 100

 NOK 300 - 400

 NOK 200 - 300 per day w/motor. 16 to 18 ft.

Well equipped cabins with shower and toilet.



Hytte Strandly - Holand Gård

163

N-8178 Halså
Tel. +47 75 75 00 18
alf.inge.angel@gmail.com

Well appointed cabins with shower and toilet.
Situated 400 m from the information centre,
in quiet surroundings. 13 km along Rv17
from Forøy ferry port.

 NOK 600 / NOK 3500 week. 20% discount
outside high season. Open 1.4 - 30.10



KVITBRYGGA

164



High standard accommodations by the sea about 500 meters from Forøy ferry port.

All apartments have private bathroom with shower, kitchen, wireless Internet and TV.

Room (2 pers.) NOK 650.
Apartment (4 pers.) NOK 1050.
Apartment. (6 pers) NOK 1500.
Fishermans cabin
(6 pers) NOK 1250.



Forøy. N-8178 Halså Tel. +47 948 06 320 post@kvitbrygga.no www.kvitbrygga.no

Fiskebrygga på Bolga

N-8158 Bolga
Tel. +47 75 75 10 13
bolgamarit@hotmail.com
www.bolga.no

Accommodation from NOK 600

The island of Bolga is like a sugar top floating in the ocean. We offer great excursions, accommodation, inns and boat hire.

Kayak hire: Bolga is surrounded by 300 smaller islands offering fantastic kayaking experiences.



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KYSTRIKSVEIEN REISELIV AS

rv17.no


INFO-CENTER • TOURIST INFO


Glomfjord Hotell

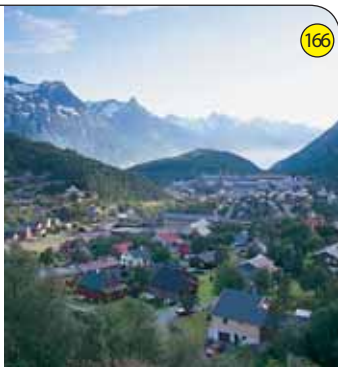
N-8160 Glomfjord
Tel. +47 75 75 25 00
Fax. +47 75 75 20 96
info@glomfjordhotell.no
www.glomfjordhotell.no

We are located along Kystriksveien in the old industrial town Glomfjord.

Road to the mountain area and only 15 km to Svartisen. Many fine hiking trails, including Storglomvann Dam.

 16/8-14/6: NOK 1050
15/6-15/8: NOK 800

 16/8-14/6: NOK 1200
15/6-15/8: NOK 995




166




Ørnes Hotell

N-8150 Ørnes
Tel. +47 75 75 45 99
Fax. +47 75 75 47 69
info@orneshotell.no
www.orneshotell.no

We are located in the community centre Ørnes, along Kystriksveien and only 33 km from Svartisen. Daily coastal express/Hurtigruten both south and north bound.

 16/8-14/6: NOK 990
15/6-15/8: NOK 800

 16/8-14/6: NOK 1150
15/6-15/8: NOK 995



167



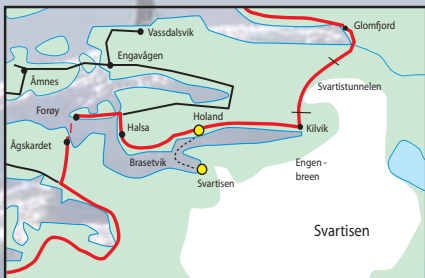
Boat service to Svartisen



Departure 29/5 - 5/9

Holand	Svartisen
0745a	0730a
1015c	1000c
1045b	1030b
1115	1100
1215	1200
1315c	1300c
1415	1400
1515	1500
1615c	1600c
1715	1700
1830c	1815c
1945c	1930c
2100b	2045b

- a) Except Sat. and Sun.
 b) Valid only 1.7 - 31.7.
 c) Valid only 13.6 - 15.8
 The crossing takes 10 min.



Price: Adults: NOK 110,- Children: NOK 60,- r/t. Incl. tax. Family discount.



Bike rental:

Until 3 hours: NOK 40,- over 3 hours: NOK 60,-
Walking pole hire and sale of fishing licence.

Engen Skyssbåt "Isprins"

N-8178 Halså. Tel: +47 994 03 000 - 75 75 47 99 - skysseb@online.no

Rocks`n Rivers

169

Vallsjøen
N-8170 Engavågen
Tel. +47 41 08 29 81
post@rocksnrivers.no www.rocksnrivers.no

- induction course in kayaking NOK 1,450 per pers.
 - kayak trips from the harbour in Engavågen and Halså from NOK 750 kr per pers.
 - guided cave trips from NOK 400 per pers.
- All necessary equipment included in the price. We adapt the trip to suit the group's abilities. Book at least one day in advance.



Reipå Camping

170

N-8146 Reipå
Tel. +47 75 75 57 74 - 95 48 19 53
post@reipacamping.no
www.reipacamping.com

Reipå Camping is situated 7 km north of Ørnes and 120 km south of Bodø. 8 restored cabins and 3 rooms. Price from NOK 500 to NOK 750.

The camping site has a grill house and a jacuzzi. Open all year.



SOUVENIR BOOK

Suddenly – A New Landscape!

In the book "Suddenly – A New Landscape" we present some of the best motives from Kystriksveien. This is a souvenir book for anyone who has driven this road or perhaps to someone you would like to share the experience with. Order your copy at www.rv17.no - today!





2 053

1507km²

Inndyr

Seafarming and related businesses.

Gildeskål



Gildeskål's natural surroundings provide excellent opportunities for outdoor life. From the magnificent coastline with its fjords and countless islands, to wild mountain areas accessible from Rv17 at Sundsfjord (but: No caravans!).



PHOTO: KYSTRIKSVEIEN REISELIV AS

Gildeskål gml. kirke

In Gildeskål there are also exciting and special caves, from "Lønngangen" near Forstranda which is suitable for families, to the more demanding cave "Greftkjelen" in Skauvollidal, 5,2 km. The flora is particularly rich, including a large variety of species of orchid. The island of Sør-Fugløy is the haunt of a colony of puffins and the white-tailed eagle is not an unusual sight. Seals can often be seen playing on the islets and in the sounds. All this you can explore if you take a roundtrip from Inndyr with the local express boat "Elias Blix II" (phone:+47 95737044). At the islands Arnøyene and Nord- Arnøy

you will find a German fortress with four cannons from World War II. Art-scene Nordland is represented here by the work entitled "The Forgotten Place" (Norw. "Den glömda staden") along highway Rv 17 at Oterstranda. At this same spot, visitors will also find "The Nord Land", a collaborative project with Thai artists.

THE OLD CHURCH IN GILDESKÅL

It dates back to the first half of the 12th century, and it lies approximately nine kilometres from Kystriksveien. Guided tours during the summer season.



PHOTO: KYSTRIKSVEIEN REISELIV AS

Minnesmerke over u-båten 'Uredd'.


Tourist Information Gildeskål municipality



Tel. +47 75 76 06 00 • Fax +47 75 75 75 11
postmottak@gildeskal.kommune.no
www.gildeskal.kommune.no

Mevik Camping

N-8145 Mevik
Tel. +47 75 75 61 34
Mob. +47 916 13 760
Fax. +47 75 75 91 07

Campsite by the sea with nice ocean view
and the midnight sun.

 nok from 400 - 600


 nok 150-180  nok 120



Vertshuset Fjordbua

Kjøpstad
N-8120 Nygårdssjøen
Tel. +47 75 75 70 65
olkristo@online.no

Cosy café with guest harbour next to the
brigde Sandhornøybrua. Rooms for rent.

 Single room NOK 550 with private bathroom.
Single room NOK 500 without bathr. Extra bed NOK 200




Opening hours:


1.6-31.8: 12-20 (12-22) 1.9-31.5: 12-18 (12-20)



Kjellingstraumen Fjordcamp

Kjelling
N-8120 Nygårdssjøen
Tel. +47 75 75 71 11 Fax. +47 75 75 71 11
Mob. +47 911 29 480
kjelling300@hotmail.com
www.kjellingstraumen.no

 NOK 450 - 850   NOK 200

 NOK 150  Included Boat rental




Hustad Camping

174

N-8130 Sandhornøy
Tel. +47 941 56 555
ni-kr@frisurf.no

Hustad Camping is situated at the outer edge of Sandhornøy 28 km from Rv17. The campsite lies on the shore. Sunny, with good fishing.

 nok 400  nok 150 incl. elect.  nok 150



Gildeskål Bil og Båt



175

N-8120 Nygårdssjøen
Tel. +47 75 75 82 50
aha-pett@online.no

Gas station located right along Kystriksveien (Rv17). We always offer competitive prices.

24 hours car rescue (NAF). 24 hours fuel.

Opening hours summer:
Mon - Fri: 08-21 Saturday: 12-18 Sunday: 12-20



Ann travels the Kystriksveien :-)

22 minutes ago



John likes this

<http://www.facebook.com/group.php?gid=43071509262&ref=ts>



Bodø



Bodø is the administrative centre for Nordland county authority. It is the northernmost town along Kystriksveien. Bodø is a modern commercial centre situated in beautiful natural surroundings Bodø's archipelago has a multitude of small island communities and a rich bird life. No other town in the world has a greater population of white-tailed eagles. If you are lucky you may see the eagle glide across the sky, and this sight will entitle you to membership of the world's only white-tailed eagle club!

ACTIVITIES

- Roundtrips of the skerries of Bodø
- Guided city sightseeing with bus or tram
- Guided bus tour to Saltstraumen
- Midnight trips to Mt. Rønvikfjellet (summer)
- Kjerringøy - Scheduled bus service - only in summer season for same-return
- Svartisen - Infrequent bus service, - no same day return
- Nordlandsbadet pool/recreation and spa.

Please contact the Bodø Tourist Information Office for more information.

THE AVIATION MUSEUM

The complete history of Norwegian aviation is presented here. The museum's exhibitions give a broad overview of both civil and military aviation history, from mankind's indomitable dream of flying to the amazing realisation of that dream.

The most popular exhibits are the U.S. spy plane U2, Junkers 52, Catalina and Mosquito.

KJERRINGØY OLD TRADING POST

Kjerringøy was one of the wealthiest trading centres in the county of Nordland in the last century. Today it comprises 15 listed buildings with almost intact interiors and a service building with a café, multi-vision show and tourist information office. The service building is an exact copy of



Norwegian Aviation Museum

Bodø



PHOTO: ESPEN MORTENSEN

an old cowshed that was demolished in 1892.

SALTSTRAUMEN

The world's strongest tidal current is found by Rv 17, 33 km south of the centre of Bodø. The tidal current, which occurs every six hours, is caused by 400 million cubic metres of water flowing through the 3 km long and 150 m wide strait between Saltenfjorden and Skjerstadvfjorden at a speed of up to 20

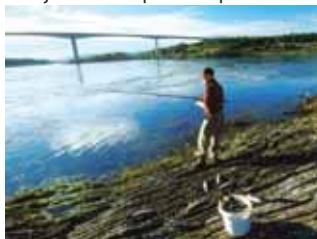


PHOTO: OLAV BREEN

Saltstraumen

knots. You can obtain tide tables at the tourist information office, www.visit-bodo.com and from local shops. World famous for ocean fishing and current diving. Pollock, cod, halibut, wolf fish are among the specialities. The worlds largest pollock caught using a rod weighed 22.7 kg and was caught in Saltstraumen. The area features walking paths among beautiful recreational nature including relics from the Stone Age (9800 years ago) and the Viking Age, a local museum, historical centre and art gallery.

Bodø Tourist Information Office

Open all year
touristinfo@bodo.kommune.no
Street address:
Sjøgt. 3 – Sentrumsterminalen
Postadresse: Pb. 319, NO-8001 BODØ
Tel: +47 75 54 80 00 Fax: +47 75 54 80 01

Saltstraumen

Open during high season
Contact Bodø Tourist Information Office regarding opening hours.

Kjerringøy (Kjerringøy Handelssted)

Open during high season
Contact Bodø Tourist Information Office regarding opening hours.

Misvær – Servicetorget



Open during high season
Contact Bodø Tourist Information Office regarding opening hours.

Avinor AS – Service centre – Bodø Airport.
Information desk open all year, including tourist information. Tel: +47 67 03 35 03

Elvegård

N-8056 Saltstraumen
Tel. +47 94 80 09 00
elvegaard.camping@gmail.com
elvegaard-camping.no

 NOK 500-1200

  NOK 175 until 3 persons.
+ NOK 20/per person.

 NOK 25



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Saltstraumen Fiskecamp

N-8056 Saltstraumen
Tel. +47 75 58 71 38 Fax. +47 75 58 71 01
post@sfc.no
www.sfc.no

Explore Saltstraumen from our dock side

We have rooms and apartments for 2-8 persons.
Most with balcony and view towards Saltstraumen.
Boat rental. Fishing equipment. Caravan parking.
Hot tubes and grill huts. Conference rooms.
Charterboat: www.nyesalten.no



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Tuvsjyen

N-8056 Saltstraumen
Tel. +47 75 58 77 91
post@tuvsjyen.com
www.tuvsjyen.com

Accommodation and family friendly activities.

Accommodation from NOK 900 in apartments/
fisherman's cabin. Stone Age theme and turf hut,
unique food, archery and more. Fishing from
shore or in rented boat, diving and hiking.



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Saltstraumen Camping

N-8056 Saltstraumen
Tel. +47 75 58 75 60
Fax. +47 75 58 75 40
salcampi@online.no

PLUSCAMP
KVALITETSNETTET FOR CAMPING I NORD-ØST

www.saltstraumen-camping.no

🏠 NOK 650-1100

⚠️ NOK 150*

🚗🚌 NOK 200*

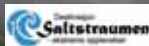
📄 NOK 30

*) until 3 people +15 Kr per person

Close to shop, postoffice, gas station and bus.



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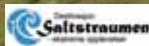
Saltstraumen Hotel

N-8056 Saltstraumen
Tel. +47 75 50 65 60 Fax. +47 75 58 75 70
hotell@isaltstraumen.no
www.saltstraumenhotel.no

Fishing - Rafting - White tailed Sea Eagle safari
Golf - Excursions in the archipelago
Hot tubs - social activities



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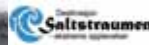
Saltstraumen Naturopplevelser

N-8856 Saltstraumen
Tel. +47 994 27 606
info@saltstraumen-adventure.com
www.saltstraumen-adventure.com

"The world's most amazing experience."

Sea rafting, white-tail eagle safari, Saltstraumen safari, fjord trips, fishing trips and fishing guides. All our trips can be adapted for children. Daily departures for Saltstraumen safari from 14.06 till 15.08

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BODØ HOTELL

- downtown! 183


...A small hotel with a big heart!


31 nice rooms with bath/WC, and cable TV. Peaceful surroundings. Comfortable beds.

Rooms for people with disabilities and allergies. Sauna. Restaurant, fully licenced.

In the summertime try our fish-soup. Wireless Internet in rooms and reception is included

21/6 - 25/8

 750 NOK incl. breakfast

 950 NOK incl. breakfast

Prof.Schyttesgt.5 - Postboks 1055 - 8001 Bodø Tel. +47 75 54 77 00 - Fax: +47 75 52 57 78
Email: booking@bodohotell.no - www.bodohotell.no

STEINBRA!

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- ROCK SHOP
- SOUVENIRS
- GIFTS
- PRIZES
- HOLIDAY MEMENTOS
- MINERALS
- JEWELRY



"Established in 1980"

**Bertnes
Geo-Senter**
H.KVALNES

A great selection of stones!

Fire surrounds, kitchen tops and tombstones.

Gafé Mineral

BREAKFAST, LUNCH AND DINNER EVERY DAY

"Perhaps the best Møsbromlelse (trad.delcasy) in the area"

Fenesvn. 4, Bertnes, N-8020 Bodø, Tel.755 18 303 - Fax: 755 18 088
Email: steinbra@bertnesgeosenter.no - www.bertnesgeosenter.no

NORSK LUFTFARTSMUSEUM

Visit Norway's national aviation museum in Bodø!

Opening hours:

Monday-Friday: 1000-1600 hours,

Saturday-Sunday: 1100-1700 hours.

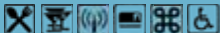
Summer season (14/6-15/8):

Monday-Sunday: 1000-1800 hours.

Entrance Fees: Adults: NOK 95,-

Children: NOK 50,- Family: NOK 220,-

Senior/students: NOK 70,-



Olav V gt - Bodø - (+47) 75 50 78 50 - www.luftfart.museum.no

Bodøsjøen Camping

Båtstøveien 1

N-8013 Bodø

Tel. +47 75 56 36 80 - Mob. +47 924 30 414

Fax. +47 75 56 46 89

bodocamp@yahoo.no



Location close to downtown - yet far from city trappings. Idyllic, naturally beautiful surroundings - near the mouth of the Salten Fjord. Walking distance to indoor waterpark (Nordlandsbadet), Bodø Spectrum, two shopping centers and National Norwegian Aviation Museum, and nice walking areas. Near airport, train station, Coastal Express (Hurtigruten) and auto ferry to Lofoten. 45 cabins - 72 camping spaces w/power. Long term rental off season.



 NOK 250 - 870

KYSTRIKSVEIEN REISELIV AS

rv17.no

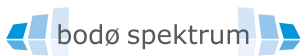
INFO-CENTER • TOURIST INFO

Country roads took me here!

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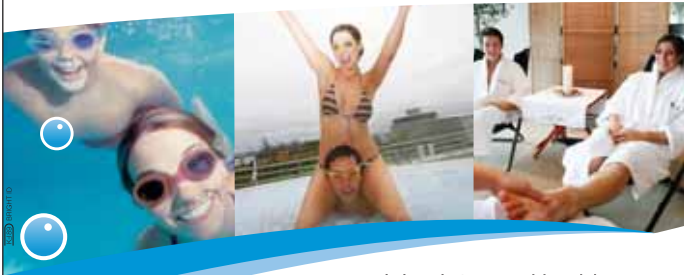
Enjoy Bodø's dockside view, tel. 75 53 19 00



bodø spektrum

- Created for experiences!

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Badeland, Spa and health centre,
JaFs restaurant/take-away and much more.
Opposite Norsk Luftfartsmuseum (Norwegian Air Museum).

Tlf. 755 91 500 - www.bodospektrum.no

Geitvågen Bad og Camping

Geitvågen - P.b. 351 N-8001 Bodø
Tel. +47 75 51 01 42 Fax. +47 75 52 49 58

Season: 29.05 - 15.08

At the end of Kystriksveien 10 km north of Bodø.

view to Mt. Landegode and the midnight sun.

16 cabins, 62 beds. Price NOK 350 - 650

for cabins. 300 caravan sites. 260 with elect.

Café . NCC/KNA members: 10 % discount.

Week discount.



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Ljøsenhammer Café and Caravan 400 m.a.s.l



Welcome our unique cafe with mountain dairy farming (goats) in a wonderful mountain landscape. Suitable for hiking both in the summer and winter season. A starting point to 3 national parks.

Our well known kitchen offers a meny of local products.

Located on the "culture road" R 812 Saltdal - Tuv (Saltstraumen), Distances: eastbound from Tuv 55 km Westbound from Saltdal E6 12 km. From Ljøsenhammer to Misvær 15 km

Open all year: 1.4 - 30.9. 09 - 23
Other periodes: 10 - 22 Fully licenced.

Baby care room



P.B 39 - N-8100 Misvær, Tel. +47 950 78 250
rstarboy2@gmail.com www.polarzonnorge.com

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© Bjørn Erik Olsen



© Nordland fylkeskommune/Tore Schabning Olsen

Ferry Connection

Skutvik- Svolvær

The road to
Lofoten goes through
Hamsuns rike!



Public Transport Service:
www.177nordland.no





HAMSUNS RIKE

Experience the magic of Hamsuns Rike!



Welcome to Hamarøy Hotell
Where people meet

34 modern rooms
Member of Arctic menu
Wireless Internet
Guest computer

Markens Grøde Spiseri



Tel: +47 75 76 55 00
www.hamaroyhotel.no



Welcome to Kobbelv Vertshus
To a friendly, cultural and local traditions

26 rooms
Cafe and restaurant
Outdoor restaurant
Local foods
Events
«dinner in the tunnel»
Boattrips

Tel: +47 75 69 58 01
www.kobbelv.no



www.hamsuns-rike.no



Fly and bike along the Kystriksveien

12 days cycle trip with "Island Hopping", with highlights along the route.

Here you can enjoy the exciting coastal scenery at close hand. Cycle friendly islands and coastal stretches. There are also several alternative routes on the mainland and along Rv 17. An extended version of the following route descriptions can be downloaded as a PDF file.

Cycle hire available at most tourist offices. Book in good time. Can be collected from one point and delivered to another for an additional price.

Accommodation can be booked through www.rv17.no. Here you will also find updated ferry and coastal express timetables. Please note that the timetables can vary from day to day.

Book a "Cycle Start Package" from our webshop www.rv17.no. This includes route descriptions of the coasts of Namdal and Helgeland, etc.

Remember your reflective vest!

HIKE AND BIKE 



Island Hopping on Namdalskysten Coast

Purchase our
Bicycle Guide!
www.rv17.no/sykkel



WEDNESDAY

Namsos – Jøa (30 km)

Take "Namdalingen" coastal express from Namsos Wednesday morning. Cycle around the island. Soak up the atmosphere in the PUB with free sailing in open boat at Brakstad Harbour in the evening.

THURSDAY

Jøa – Abelvær – Rørvik (38 km)

Boat departure at lunchtime. Cycle on Landnåmsveien to Rørvik. At Abelvær you will find one of Norway's most weather-beaten pieces of land jutting out into the sea. The Coastal Express arrives at around 2100 hrs.

FRIDAY

Round trip Rørvik – Leka

Boat departs for Leka Friday afternoon. Cycle a long (30 km) or short (10 km) round trip on Vikna and visit the cultural

activities of the coastal town. Arrival at Leka Friday evening.

SATURDAY

Round Leka (28 km)

Saturday is a good day for visitors to Leka, with several activities – such as a guided tour to Solsemhula (cave). Hiking on marked trails on the red serpentinfjellet (serpentine mountain).

SUNDAY

Leka – Bogen – Holm/Vennesund (58 km)

Take the ferry over to Gutvik Sunday morning. You will join Rv17 via Bogen. You pass Heilhornet mountain (1058 m.a.s) northwards on the Helgelandskysten coast.

Helgelandskysten - Bodø

MONDAY

Holm/Vennesund – Brønnøysund (58 km)

Continue island hopping on Helgelandskysten. Starting point from Brønnøysund.

TUESDAY

Brønnøysund – Vega (32 km)

Cycle 15 km to Horn. Ferry Horn – Vega (Igerøy). Make use of the afternoon to cycle around the island in the world heritage area. Accommodation Nes/Kirkøy.

WEDNESDAY

Vega – Herøy/Dønna (Dønnes) (56 km)

Speed boat from Kirkøy. The mountain range "De syv søstre" (The Seven Sisters) can be seen across the fjord. Bridge across to Dønna. Wonderful views from Dønnesfjellet mountain.

THURSDAY

Dønna – Sandnessjøen – Stokkvågen – Kilboghavn/Jektvik (49 km)

Ferry Bjørn – Sandnessjøen after lunch. Speed boat onwards to Stokkvågen. On the way to Kilboghavn (harbour) you pass Grønsvik Kystfort (Coastal Fort).

FRIDAY

Kilboghavn/Jektvik – Ørnes or Reipå (54 km)

Now the countryside is more hilly. Follow Rv17 to ferry Ågskaret – Forøy. After 3 km leave Rv17 and follow the signposts for Vassdalsvik, and thereafter ferry to Ørnes. In this way you avoid Svartistunnellen (tunnel) which is forbidden for cyclists.

SATURDAY

Ørnes – Sandhornøy – Kjøpstad (77 km)

Follow Rv17 and thereafter Rv838 to Sund. Ferry Sund – Horsda on Sandhornøy Island.

Alternatively take the speed boat from Våg – Bodø (Bodø – Ytre Gildeskål)

SUNDAY

Kjøpstad – Saltstraumen – Bodø (66 km)

Follow Rv17 northwards. After approx. 30 km you meet Saltstraumen, the world's fastest flowing tidal current. Follow Rv80 from Løding to Bodø centre.



PHOTO: KYSTRUKSEIEN REISELIV AS

Kystriksveien - tunnelguide

Distance (from south to north):	Name of tunnel	Meter	Fan	Light
Sjøåsen - Høknes	Rødhammer	42	No	No
Sjøåsen - Høknes	Fjær	57	No	No
Namsos	Namsos Tunnel*	600	Yes	Yes
Høknes - Nordlands grensen	Bergsvik	351	No	Yes
Høknes - Nordlands grensen	Finnmo	230	No	Yes
Høylandet - Geisnes	Skroyvstad	280	No	No
Høylandet - Geisnes	Risvik	31	No	No
Kjelleidet - Holm	Hestneset	579	No	Yes
Kjelleidet - Holm	Møllevik	100	No	Yes
Kjelleidet - Holm	Botn	38	No	Yes
Kjelleidet - Holm	Løvik	254	No	Yes
Nesna - Utskarpen	Sjonsti	368	No	Yes
Utskarpen - Stokkvågen	Sjona	2796	Yes	Yes
Utskarpen - Stokkvågen	Fornes	146	No	Yes
Utskarpen - Stokkvågen	Sila	2882	Yes	Yes
Jektvik - Ågskardet	Kista	412	No	Yes
Jektvik - Ågskardet	Straumdal	3232	Yes	Yes
Forøy - Ørnes	Svartis *	7615	Yes	Yes
Forøy - Ørnes	Fykan	1946	Yes	Yes
Forøy - Ørnes	Glomfjord	2233	Yes	Yes
Ørnes - Skaugvoll	Storvikskaret	3118	Yes	Yes
Skaugvoll - Kjellingstraumen	Skaugvoll	247	No	Yes
Skaugvoll - Kjellingstraumen	Vindvik	988	No	Yes
Skaugvoll - Kjellingstraumen	Sundsford	772	No	Yes
Skaugvoll - Kjellingstraumen	Eivikhammeren	258	No	Yes

* NB! Namsos Tunnelen and Svartistunnelen in Meløy are forbidden for cycling. From Namsos centre take the Niels Bjørumsgt (street) to avoid the tunnel.



Source: Tunnelguide for Syklister, Statens Vegvesen.

Remember to wear reflective safety vest. You can even order it on www.rv17.no

FERRY TIMETABLES

PHOTO: KRSTRIKSVEIEN RESEIUV AS



FERRY JOURNEYS ALONG KYSTRIKSVEIEN

There is nothing like sitting on deck on a sunny day relaxing, enjoying the sun, inhaling the sea air and above all, gazing out over the magnificent landscape.

The ferries along Kystriksveien provide the opportunity to relax from driving your car. Some ferry trips take 10 minutes, others an hour. On the two longest you can buy dinner. All ferries have a cafeteria.

TRAVEL TIPS

If you travel on a tight schedule it is advisable to check the routes on www.rv17.no before you leave. Some ferries accept credit cards, but not all. Take some cash with you. It is not possible to book your car onto the ferries along Kystriksveien. You should therefore arrive approx. 30 mins. before departure time in the high season.

Please note that this brochure was printed in December 2009 and that there might be some changes in the ferry time tables during 2009. We are sorry for the inconvenience. You can find the updated ferry time tables on www.rv17.no.

Have a nice trip!

FosenNamsos Sjø

Box 128 – N-7801 Namsos
Tel +47 74 21 63 00 – Fax +47 74 21 63 01
www.fosennamsos.no

Torghatten Trafikkselskap AS

Box 103
N-8901 Brønnøysund
Tel +47 75 01 81 00 – Fax +47 75 01 81 01
www.tts.no

Veolia Transport Nord AS

Region Helgelandske
Box 609 – N-8801 Sandnessjøen
Tel +47 75 06 41 00 – Fax +47 75 04 02 56
www.helgelandske.no

Torghatten Nord AS









Central: +47 906 20 700
Ferry booking: +47 906 20 700
www.torghatten-nord.no



PHOTO: OLAV BREEN



Symbols

	 6.01-7.00 m	 7.01-8.00 m	 → 10.00 m	 10.00 m →			
Car incl. driver up to 6 m.	Car/motor-caravan incl. driver 6.01-7m	Car/motor-caravan incl. driver 7.01-8m	Car with trailer incl. driver up to 10 m.	Car with trailer incl. driver up to 12 m.	Motorbike/scooter incl. driver	Adult	Children

1 = MONDAY
D = DAILY

2 = TUESDAY
X = EXCEPT

3 = WEDNESDAY 4 = THURSDAY 5 = FRIDAY


6 = SATURDAY 7 = SUNDAY

EXAPLE: DX67 = DAILY EXCEPT SATURDAYS AND SUNDAYS

M/F Geisnes, cap: 24 cars. Duration: 5 min. Tel.+ 47 951 90 950

 ØLHAMMEREN - SEIERSTAD (JØA)

DX67	DX7	DX7	D	DX7	D	D	D	D	D	D	D	DX7
0630	0700	0730	0800	0840	0900	1000	1100	1200	1300	1400	1500	1520
D	DX7	D	D	D	D	D	D	D	D			
1600	1620	1700	1800	1900	2000	2100	2200	2300	2400			

 SEIERSTAD (JØA) - ØLHAMMEREN

DX67	DX7	DX7	D	DX7	D	D	D	D	D	D	D	DX7
0615	0645	0715	0745	0830	0850	0950	1050	1150	1250	1350	1450	1520
D	DX7	D	D	D	D	D	D	D	D			
1550	1620	1650	1750	1850	1950	2050	2150	2250	2350			

		 6.01-7.00 m	 7.01 m - 8.00 m	 → 10.00 m	 10.00 m →			
	47	120	143	94	141	37	22	11

M/F Olav Duun, cap: 61 cars. Duration: 25 min. Tel. +47 951 90 930

 LUND - HOFLES

769

DX67	DX67	6	D	D	D	D	D	D	DX6	D	D
0625	0740	0740	0900	1030	1200	1430	1550	1710	1830	2030	2200

 HOFLES - LUND

769


DX67	DX67	6	D	D	D	D	D	D	DX6	D	D
0600	0705	0715	0830	1000	1130	1335	1520	1640	1800	2000	2130

		 6.01-7.00 m	 7.01 m - 8.00 m	 → 10.00 m	 10.00 m →			
	98	238	279	196	294	59	35	17



Photo: Nysylkøien Redeliv

M/F Olav Duun, cap: 61 cars. Duration: 5 min. Tel. +47 951 90 930

 **GEISNES - HOFLES**

DX67	D	D	D	D	DX7	D	D	D	DX6	D	D
0655	0815	0945	1105	1235	1320	1505	1625	1745	1905	2105	2245


 **HOFLES - GEISNES**

DX67	D	D	D	D	DX7	D	D	D	DX6	D	D
0705a	0810	0935	1100	1230	1315	1500	1620	1740	1900	2100	2240

a) After call, the ferry goes directly to Lund.

Kr		 6.01-7.00 m	 7.01 m - 8.00 m	 → 10.00 m	 10.00 m →			
	53	134	158	106	159	40	23	12

M/F Leka, cap: 35 cars. Duration: 20 min. Tel. +47 957 37 053

 **GUTVIK - SKEI (LEKA)** (Valid to; 31.12.10)

DX67	DX7	7	DX7	7	DX7	7	DX67	D	7	DX67	DX67
0730	0830	0900	1005	1030	1105	1215	1310	1410	1545	1610	1710
67	DX7	DX6	DX7	7	DX67						
1730	1845	1945	2100	2200	2255						

 **SKEI (LEKA) - GUTVIK**

DX67	DX7	7	DX7	7	DX7	7	DX67	D	DX7	7	DX67
0650	0800	0830	0935	1000	1035	1145	1240	1340	1440	1500	1540
DX67	67	DX7	DX6	DX7	7	DX67					
1640	1700	1815	1915	2030	2130	2230					

Kr		 6.01-7.00 m	 7.01 m - 8.00 m	 → 10.00 m	 10.00 m →			
	76	187	219	152	228	49	29	14



Foto: Myrskiveien Reiseliv

M/F Lysingen , cap. 50 cars, Duration: 20 min.



HOLM - VENNESUND (all year 2010)

DX7	DX7	D	D	DX6	DX67a	D	DX6a	DX7	DX6a	D
0625	0715	0900	1000	1100	1130	1200	1300	1330	1415	1445
DX6a	D	1457a	D	7a	D	D	D	D	D	
1515	1550	1615	1650	1715	1745	1840	2030	2130	2240	

a) Only 25.6 - 5.8



VENNESUND - HOLM (all year 2010)

DX7	DX7	D	D	DX6	D	DX67a	DX7	DX6a	D	DX6a
0600	0650	0835	0930	1030	1130	1200	1300	1330	1410	1445
D	DX6a	D	1457a	D	7a	D	D	D	D	
1520	1545	1620	1645	1715	1745	1815	2000	2100	2215	

a) Only 25.6 - 5.8

Kr		6.01-7.00 m	7.01 m - 8.00 m	→ 10.00 m	10.00 m →			
	76	187	219	152	228	49	29	14

M/F Torgtind, cap. 50 cars. Duration: 45 min.



HORN - VEGA TJØTTA - VEGA - HORN (Summer 25.6 -05.8)

	DX67	DX6	From Tjøtta	DX67	DX6
From Horn	0935	1600	From Vega	1140	1810
From Vega	1030	1700	To Horn	1250	1915
To Tjøtta	1130	1800		1340	2005



HORN - VEGA TJØTTA - VEGA - HORN

(Winter 1.1-24.6 and 6.8-31.12)

	5	257	5	257
Fra Horn	0935	1600	Fra Tjøtta	1140
Fra Vega	1030	1700	Fra Vega	1245
Til Tjøtta	1130	1800	Til Horn	1335
				2005

Horn-Tjøtta		6.01-7.00 m	7.01 m - 8.00 m	→ 10.00 m	10.00 m →			
	209	501	584	418	627	105	63	32
Vega-Tjøtta	176	425	493	352	528	91	55	27

M/F Torghatten, cap: 58 cars. Duration: 20 min. Tel. 957 37 051



HORN - ANDDALSVÅG (valid all year 2010)

Rv17

DX67	6	DX67	D	DX6	D	DX67	D	DX6	D	DX6
0600	0615	0710	0850	0945	1100	1200	1310	1445	1545	1705

D	D	D	D
1840	1940	2045	2215



ANDDALSVÅG - HORN (valid all year 2010)

Rv17

DX67	DX67	6	DX6	D	DX67	D	DX67	67	DX6	DX67
0625	0725	0820	0915	1015	1130	1230	1415	1430	1510	1635

67	DX6	D	D	D	D
1640	1810	1910	2010	2140	2240

Kr									
	68	168	197	136	204	45	26	13	

D=Daily X=Except 1=Monday 2=Tuesday 3=Wednesday aso.

M/F Torgtind, cap: 50 cars. Duration: 45 min.



HORN - VEGA (Igerøy) (Winter 1.1-24.06 and 6.8-31.12.10)

DX67	5	7	7	DX7	D	1346	257	1346	257
0730a	0935a	1030a	1230a	1340a	1600a	1845a	2015	2200a	2210a



HORN - VEGA (Igerøy) (Summer 25.6 - 05.8)

DX67	DX67	67	D	DX67	D	D	D	D
0730a	0935a	0955a	1150a	1345a	1600a	1800a	2015a	2210a



VEGA (Igerøy) - HORN (Winter 11.1-24.06 and 6.8-31.12.10)

DX67	5	DX5	7	DX57	5	D	1346	257	1346	257
0630a	0840a	0930a	1130a	1210a	1245a	1440a	1745a	1915a	2100a	2120a



VEGA (Igerøy) - HORN (Summer 25.6 - 05.8)

DX67	DX67	67	D	DX67	D	D	D	D
0630a	0840	0900a	1050a	1250a	1445a	1700a	1915a	2120

a) Stops at Ylvingen if you make a reservation before departure tel: + 47 95 73 70 52.

Kr								
	117	282	331	234	351	66	39	20

MF Tjøtta, cap. 31 cars. Duration ca 60 min. Mobil: +47 480 77 010

 **FORVIK - TJØTTA**

Rv17

DX7	D	DX67a	Da	D	DX67	67a	DX67a	67	DX67	67a
0655	0935	0945	1155	1200	1405	1420	1525	1625	1630	1635

DX67a	D	DX6a	D
1745	1935	2000	2130

 **TJØTTA - FORVIK**



Rv17

135	246	D	DX67a	Da	Dx67	DX67a	67	DX67	67a
0535	0545	0815	0835	1045	1050	1300	1315	1515	1525

DX67a	DX6	6	Dx6a	D	13
1630	1825	1815	1845	2035	2230

a) Only between 24.05.10 - 22.08.10.

The additional ferry is M/F Røsund - Tel: +47 992 83 228

Kr								
	131	319	372	262	393	72	43	22

D=Daily X=Except 1=Monday 2=Tuesday 3=Wednesday aso.

M/F Petter Dass, cap. 70 cars, Duration 25 min., mobil +47 480 77 014

 **LEVANG - NESNA**

Rv17









DX67	DX67	DX7	D	D	D	D	D	D	D	D
0600	0650	0740	0845	1000	1110	1220	1355	1505	1610	1715

D	D	D	67	D
1820	1915	2120	2215	2305


 **NESNA - LEVANG**








DX67	DX67	DX7	D	D	D	D	D	D	D	D
0625	0715	0810	0920	1035	1145	1255	1430	1540	1640	1745

D	D	67	D	D
1845	2050	2150	2240	2335

Kr								
	86	212	249	172	258	53	32	16





D=Daily X=Except 1=Monday 2=Tuesday 3=Wednesday aso.

 **SØVIK - AUSTBØ - HERØY - BRASØY** Frequency: 1 call per hour
M/F Alsten, cap: 31 cars. Duration: 30 min. Tel. +47 482 46 647

		 6.01-7.00 m	 7.01 m - 8.00 m	 → 10.00 m	 10.00 m →			
	92	226	264	184	276	56	33	17

Opening hours: 0550 - kl. 2150 Calls aprox. 10 calls per day

 **SANDNESSJØEN - DØNNA - LØKTA** Frequency: 1 call per hour
M/F Møysalen, cap. 104 cars, duration 25 min., mobil +47 95192700

		 6.01-7.00 m	 7.01 m - 8.00 m	 → 10.00 m	 10.00 m →			
	92	226	264	184	276	56	33	17

Opening hours: ca 0615 - 2340 Calls: aprox 10 calls a day

 **LEIRVIK - HEMNESBERGET** Frequency: 1 every second hour
M/F Aldra, cap: 34 cars. Duration: 30 min. Tel. +47 482 46 645

		 6.01-7.00 m	 7.01 m - 8.00 m	 → 10.00 m	 10.00 m →			
	86	212	249	172	258	53	32	16



Opening hours 0600 - kl. 2030 Calls: 12 calls on mon-fri.

 **NESNA - NESNAØYENE** Frequency: 1 every second hour
M/F Tomma, cap. 31 cars, duration ca. 40 min., mobil +47 480 77 017

		 6.01-7.00 m	 7.01 m - 8.00 m	 → 10.00 m	 10.00 m →			
	92	226	264	184	276	56	33	16




The price is for: Nesna-Tomma Opening hours: . 0540 - 2240 / Calls: ca 11 call on mon-fri.

 **LOVUND-SLENESET-ONØY-STOKKVÅGEN** Frequency: every fifth hour
M/F Lurøy, cap. 49 cars, duration ca. 2,5 hours, mobil +47 97056167

		 6.01-7.00 m	 7.01 m - 8.00 m	 → 10.00 m	 10.00 m →			
	226	539	630	452	678	112	68	34

Opening hours: ca. kl. 0545 - kl. 0150 Calls: 4 calls on mon-fri.

 **STOKKVÅGEN - TRÆNA** Frequency: aprox every fifth hour
M/F Haarek, cap. 24 cars, duration ca. 2 hours, mobil +47 482 46 646

		 6.01-7.00 m	 7.01 m - 8.00 m	 → 10.00 m	 10.00 m →			
	295	698	812	590	885	140	85	42

Price is for Stokkvågen - Træna

D=Daily X=Except 1=Monday 2=Tuesday 3=Wednesday aso.

Opening hours: ca. 0645 - 2130. Calls: aprox 3 calls on mon-fri.

M/S Rødøy, cap: 60 cars. Duration: 60 min. Tel. +47 992 83 234

KILBOGHAMN - JEKTVIK (Valid to april 2010)

Rv17

DX7	7	DX7	DX7	7	DX7	D	D
0830	1030a	1010b	1150a	1200b	1250b	1400	1515b
D	D	DX7	7	7	DX67	DX6	
1640	1800b	1910	1910a	2030c	2130c	2130a	

JEKTVIK - KILBOGHAMN

Rv17

DX7	DX7	DX7	7	DX7	7	DX7	D	D	D
0630	0900b	1030	1030b	1140b	1145	1250a	1415b	1520	1615b
D	DX7	7	7	7	DX7	DX67			
1800a	1800c	1835	1915	2020a	2030a	2030c			

Calls Sørfjorden;
www.torghatten-nord.no

a) only 01.6 - 31.8 b) only 22.6 - 02.8 c) except 01.06-31.8

Kr		 6.01-7.00 m	 7.01 m - 8.00 m	 → 10.00 m	 10.00 m →			
	154	372	433	308	462	82	49	24

D=Daily X=Except 1=Monday 2=Tuesday 3=Wednesday aso.

M/S Fykan, cap: 35 cars. Mob: +47 992 83 236

Rødøybassenget Rute 18-412

KILBOGHAMN - NORDNESØY (Valid to april 2010)

	25	36	1	4	14	235	7
From Kilboghhamn	0905						1945
From Jektvik	1020	1010	1010	1010	1810	2040	2045
From Rødøy	1100	1050	1100	1050	1850	2115	2120
From Gjerøy	1130	1120	1155	1145	1920a	2145	2145
From Selsøyvik	1150	1140	1225	1215	xc	xc	xc
From Storselsøy	1225	1215	1255	1245	xc	xc	xc
To Nordnesøy	1300	1250	1325	1315	2040	2315	2315

NORDNESØY - KILBOGHAMN

	25	1346	14	3	7	25
From Nordnesøy	0600	0700	1355	1510	1600	1745
From Storselsøy	0630	0740	1545	1545	1635	1820
From Selsøyvik	0700	0815	1615	1615	1710	1850
From Gjerøy	0720	0835a	1635	1635	1730	1910
From Rødøy	0750	0905	1705	1705	1800	1940
To Jektvik		0945b	1740b	1740b	1835	2015b
To Kilboghamn	0900				1940	

x) Stops if required l) no stops


a) corsp. with Nordlandsekspressen b) Correspondance with ferry to Kilboghamn
c) stops on signal, please call the ferry before departure Gjerøy

MS Bognes, cap: 40 cars. Duration: 10 min. Tel. +47 992 83 230

 **ÅGSKARDET - FORØY** (Valid to April 2010)

Rv17

DX7	DX7	DX7	DX7	D	D	DX7	7	DX7	DX7	D	D
0540	0635	0745	0840a	0915	1030	1110	1230	1315	1345a	1415	1520
D	DX7	D	7	D	DX6	Dx7	D	DX6	7	D	D
1600	1630a	1700	1800b	1830	1920	2010a	2100	2205b	2205a	2315	0015

 **FORØY - ÅGSKARDET**


Rv17

DX7	DX7	DX7	DX7	D	D	DX7	7	DX7	DX7	D	D
0550	0700	0800	0855a	0930	1045	1125	1245	1330	1400a	1430	1530
D	DX7	D	7	D	DX6	Dx7	D	DX6	7	D	D
1615	1645a	1715	1815b	1845	1935	2025a	2115	2220b	2220a	2325	0030


a) only 01.06 - 30.08 b) not during 01.06-31.8

Kr		 6.01-7.00 m	 7.01 m - 8.00 m	 → 10.00 m	 10.00 m →			
	59	147	173	118	177	42	24	12

M/F Gildeskål, cap: 35 cars. Mob: +47 992 83 224

 **SUND - HORSDAL - SØRARNOY** (Valid to April 2010)

	D	234	5	1	7	DX7	6	7	DX67	57
From Sund	0900	1215	1215	1350	1500	1615	1800a	1800	1900	2030
From Horsdal	0910	I	1225	1400	1510	1625	1810a	1810	1910	2040
To Sørarnøy	0950	1255	1255	1435	1545	1700	1845a	1845	1945	2115

 **SØRARNOY - HORSDAL - SUND**

	DX67	6	7	DX7	1	234	5	7	56
From Sørarnøy	0700	0800	0950	1115	1435	1500	1500	1645	1710
From Horsdal	0740	0840	1025	1150	1510	I	1530	1720	1745
To Sund	0750	0850	1035	1200	1520	1540	1540	1730	1755
	1234	6	7	5					
From Sørarnøy	1810	1850a	1855	1945					
From Horsdal	1845	1925a	1930	2010					
To Sund	1855	1935a	1940	2020					

l) no stop a) only during 21.6 - 16.8

Kr		 6.01-7.00 m	 7.01 m - 8.00 m	 → 10.00 m	 10.00 m →			
	98	238	279	186	294	59	35	17

Price is valid from Sørarnøy to Horsdal or Sund.

D=Daily X=Except 1=Monday 2=Tuesday 3=Wednesday aso.

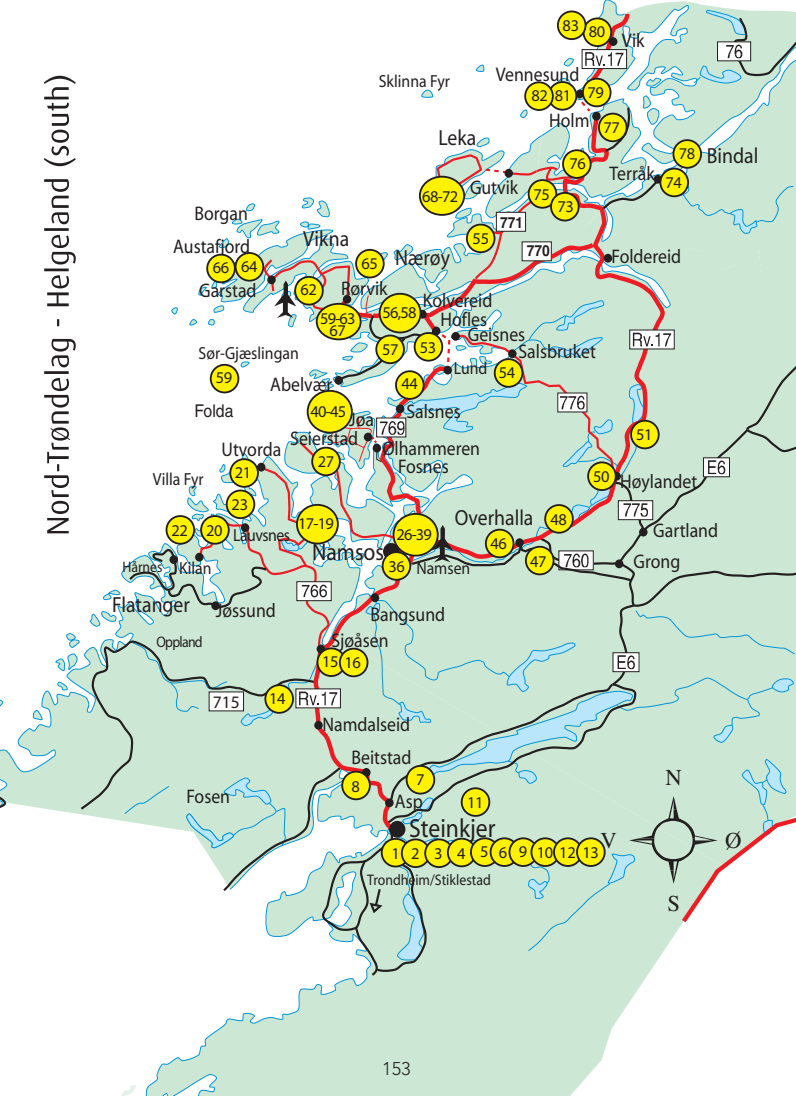
M/S Ørnes, Cap 35 cars. Mobil: +47 992 83 211 (Valid to April 2010)

 ØRNES-VASSDALSVIK-MELØYSUND-BOLGA-STØTT

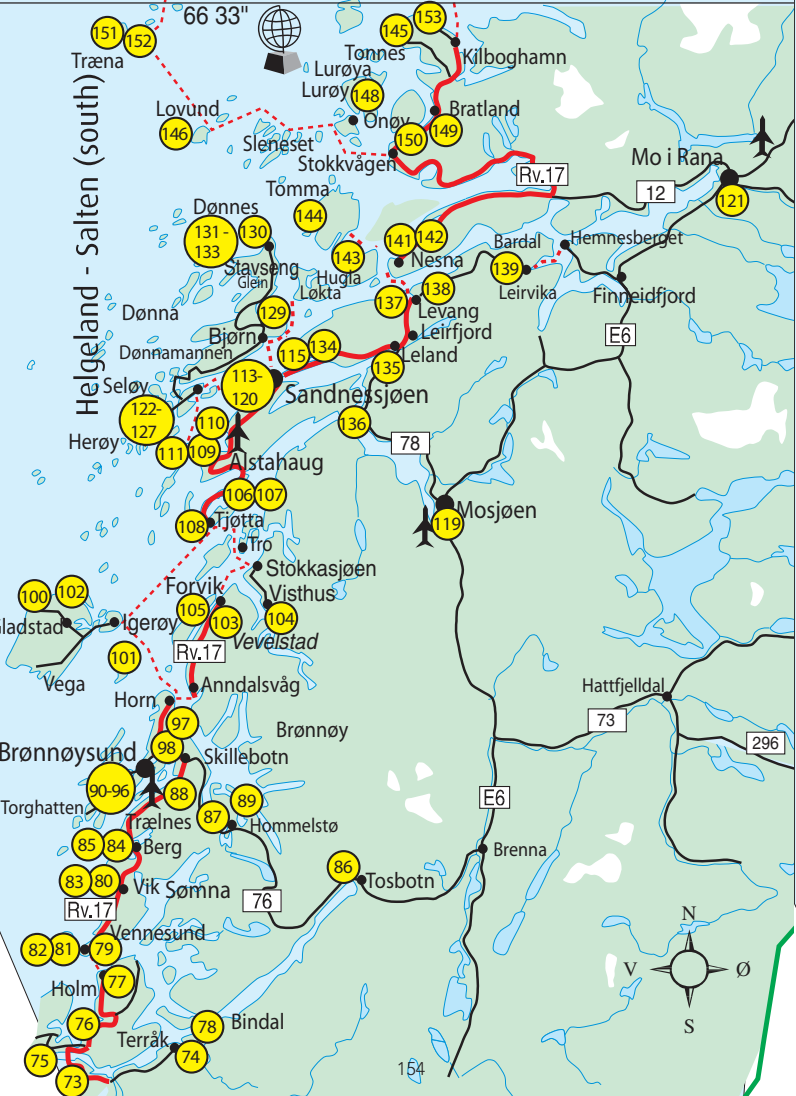
	1	2	3	4	5	6	7	x=stop on signal ↑ = Oposite ↓ = order.
From Ørnes	/	/	/	/	/	/	/	
From Støtt	/	/	0530	/	/	/	/	
From Bolga	0530	/	/	0530	/	/	/	
From Meløysund	0630	0630	0630	0630	0630	0645	/	
From Vassdalsvik	0645	0645	0645	0645	0645	0700	/	
To Ørnes d)	0720	0720	0720	0720	0720	0735	/	
From Ørnes	0800	0800	/	/	0800	0800	/	
From Vassdalsvik	0835	0835	/	/	0835	0835	0855	↑
From Meløysund	0850	0850	/	/	0850	0850	0840	↓
To Ørnes	0920 g)	0920 g)	/	/	0920 g)	0920 g)	0930 g)	
From Ørnes	1015	1335	1015	1015	1015	1015	0945	
From Vassdalsvik	1050	/	1050	1050	1050	1050	1020	
From Meløysund	1105	/	1105	1105	1105	1105	1035	
To Støtt	/	/	/	/	1200	/	/	
To Bolga	1200	/	1200	1200	/	/	1130	
From Bolga	1310	/	1310	1310	/	/	1310	
From Støtt	/	/	/	/	1310	/	/	
From Meløysund	1410	1410	1410	1410	1410	1250	1410	
From Vassdalsvik	1425	1425	1425	1425	1425	1305	1425	
To Ørnes	1500	1500	1500	1500	1500	1340 d)	1500 d)	
From Ørnes	1510	1510	1510	1510	1510	1340 *)	1510	
From Støtt	/	/	/	/	/	x b)	/	
From Meløysund	1545	1545	1545	1545	1545	/	1545	
From Vassdalsvik	1600	1600	1600	1600	1600	/	1600	
From Meløysund	1615	1615	1615	1630	1615	/	1615	
From Vassdalsvik	/	/	/	1645	/	/	/	
To Ørnes	1650	1650	1650	1720	1650	1600	1650	
From Ørnes e., f)	1735	1735	1735	1735	1735	1610 f)	1700	
From Meløysund	1810	1810	1810	1825	1825	1700	1735	
From Vassdalsvik	1825	1825	1825	1810	1810	1645	1750	
From Bolga	/	/	/	x a)	/	1755	/	
From Vassdalsvik	/	/	/	/	/	/	/	
From Meløysund	/	/	/	2025	/	1855	/	
From Vassdalsvik	/	/	/	2035	/	1910	/	
To Ørnes	1900	1900	1900	2110	1900	1940	1830	
From Ørnes	1915	1915	1900 *)	/	1935 f)	1950 f)	1830 *)	
From Vassdalsvik	1950	1950	/	/	2010	2025	/	
From Meløysund	2005	2005	/	/	2025	2040	/	
From Støtt	/	2100	x b)	/	/	/	x b)	
To Bolga	xh)	/	/	/	x a)	/	/	
From Meløysund	/	/	/	/	2215	/	x b)	
From Vassdalsvik	/	/	/	/	2230	/	/	
To Ørnes	/	/	2100	/	2300	/	2045	
From Ørnes	/	/	2105	2315 f)	2315 f)	/	2105 f)	
From Vassdalsvik	/	/	2140	2350	2350	/	2140	
To/From Meløysund	/	/	2155	2359	2359	/	2155	
To Bolga	/	/	2245	/	/	/	2245	

Foot notes: www.torghatten-nord.no / =No stop 1=Monday 2=Tuesday 3=Wednesday aso.

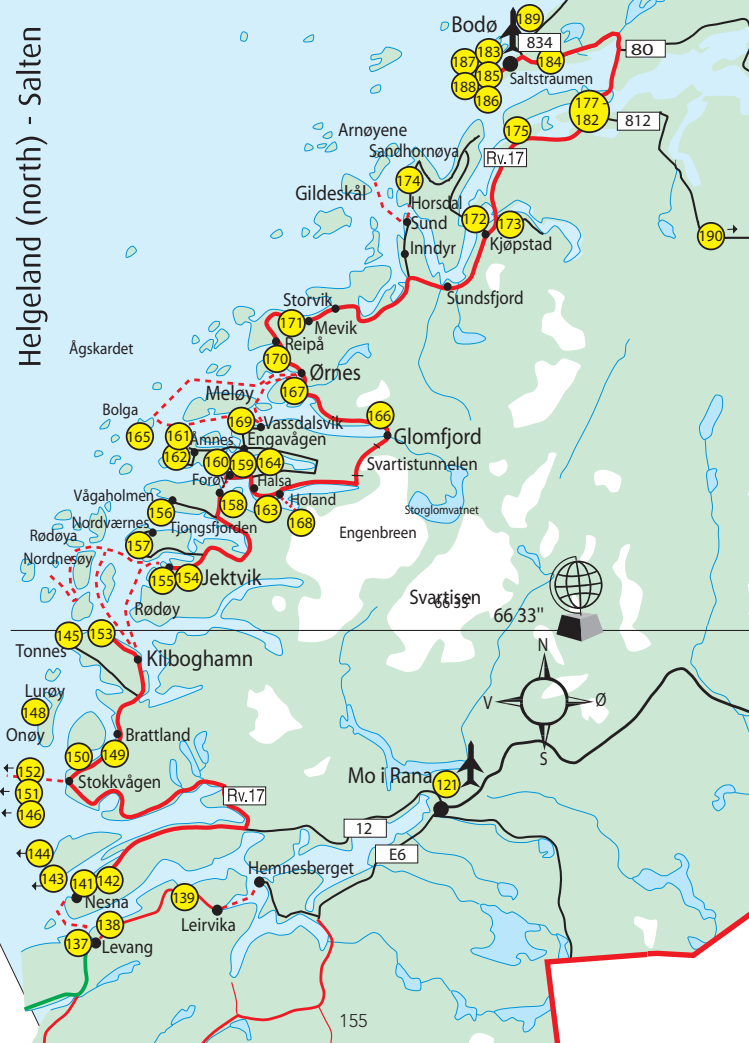
Nord-Trøndelag - Helgeland (south)



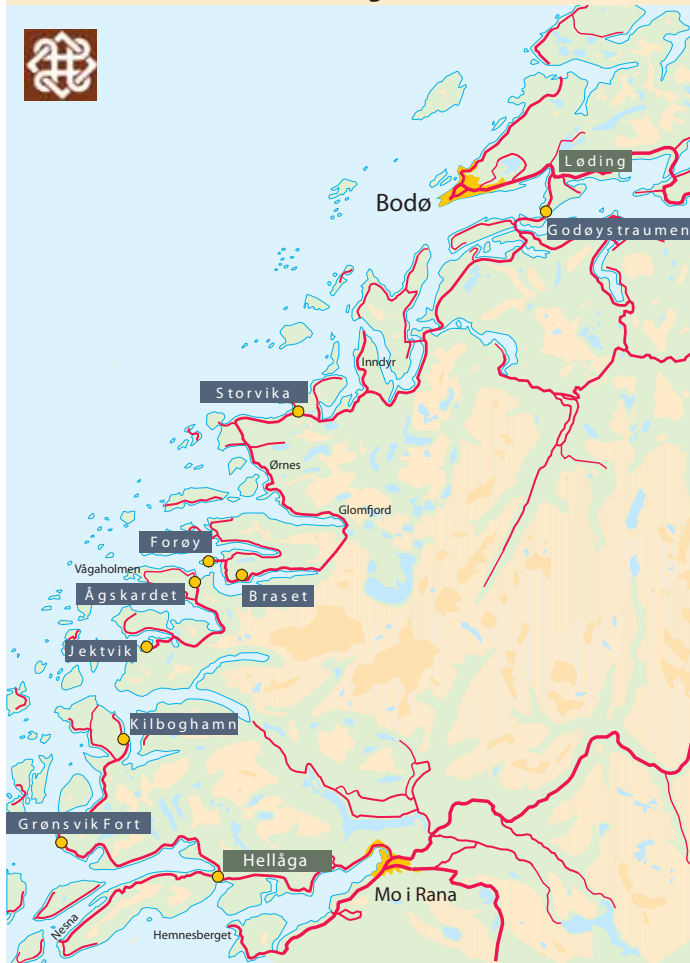
Helgeland - Salten (south)



Helgeland (north) - Salten



Tourist road Helgeland - Facilities



Along Rv17 between Lurøy and Gileskål, the Road authority has carried out measures aimed at making the journey a greater experience for travellers.

It has been built a number of picnic areas with view points put up tourist information boards, carried out cleaning operations in cooperation with the tourist industry to improve services for travellers.

Areas affected by the measures are marked on the map.

www.turistveg.no

Going on a journey ?

***Call 175 for information
on ferries, how to empty
your motorhome etc...***

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Statens vegvesen
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The Coastal Road

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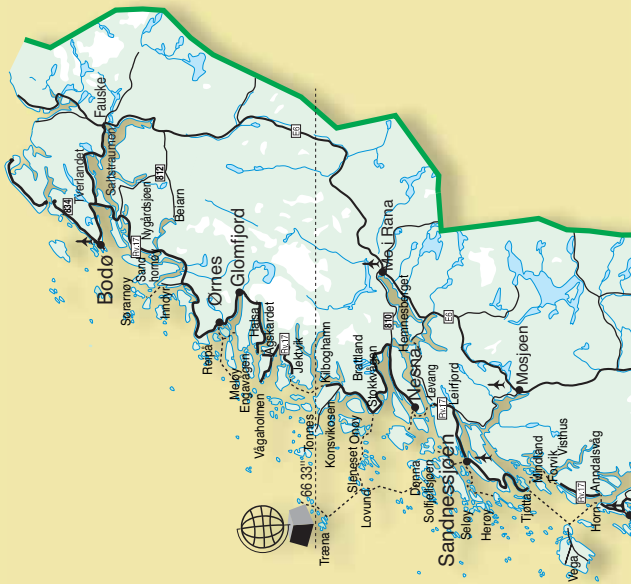


Maps

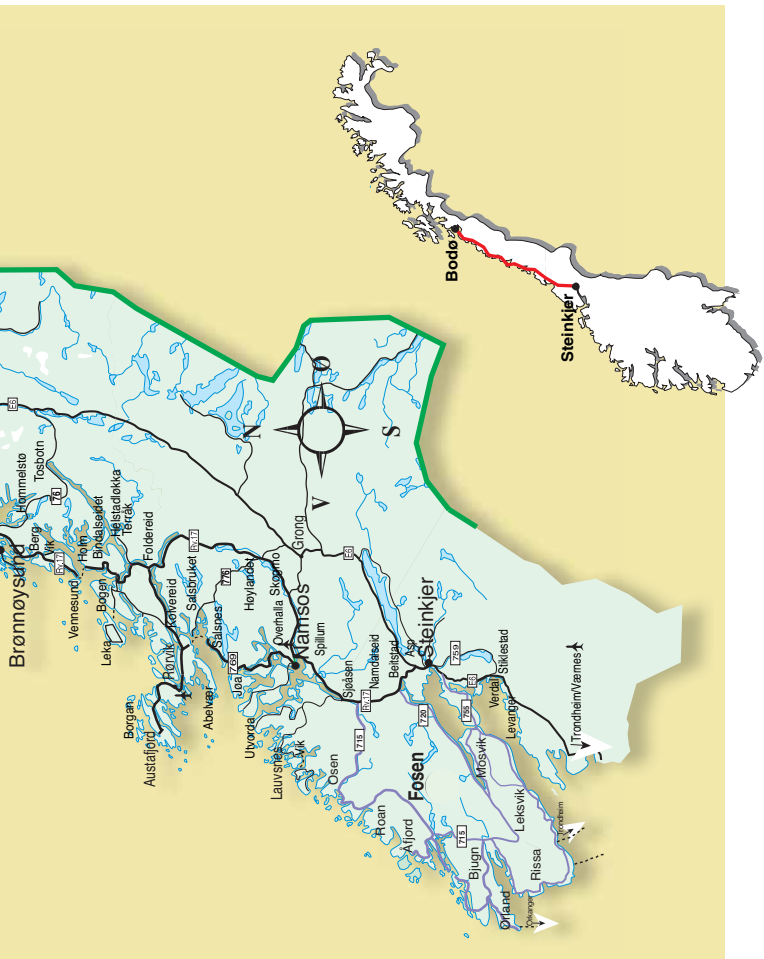
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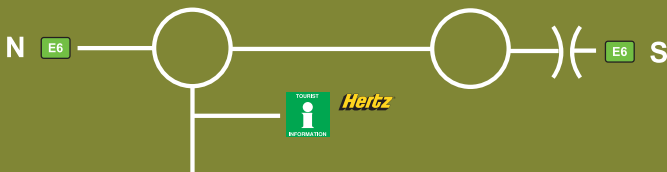
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